Nutrition Services
CACFP



Infant Meal Pattern Requirements – FY2027

NEBRASKA
DEPARTMENT OF EDUCATION

AGENDA

- CACFP General Requirements
- Breastmilk & Infant Formula
- Solid Foods & Developmental Readiness
- Infant CACFP Records

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CACFP General Requirements

CACFP defines infants as birth through 11 months

Each infant must have a current & complete:

- CACFP Enrollment

- Income Eligibility Form determined by center official on file to be claimed as “Free” or “Reduced”

CACFP General Requirements

Providing Food Components

All Centers Must Offer and Provide:

- One iron-fortified infant formula
- Meals to infants

This includes centers who do not claim infant meals for reimbursement

Parent Contribution:

Parents/guardians may provide only one creditable component per meal for a reimbursable meal

Example:
Breastmilk = 1 component

Provider Responsibility:

Childcare providers must provide **all** remaining meal components

Key Rule: Parents can only provide **ONE** component per meal.

CACFP General Requirements

Meal Eligibility



Allowed to claim:

- 2 meals & 1 snack per infant per day

OR

- 2 snacks & 1 meal per infant per day

CACFP General Requirements

NOTE:

- Infants are fed on demand
- Not required to follow the mealtimes on the application



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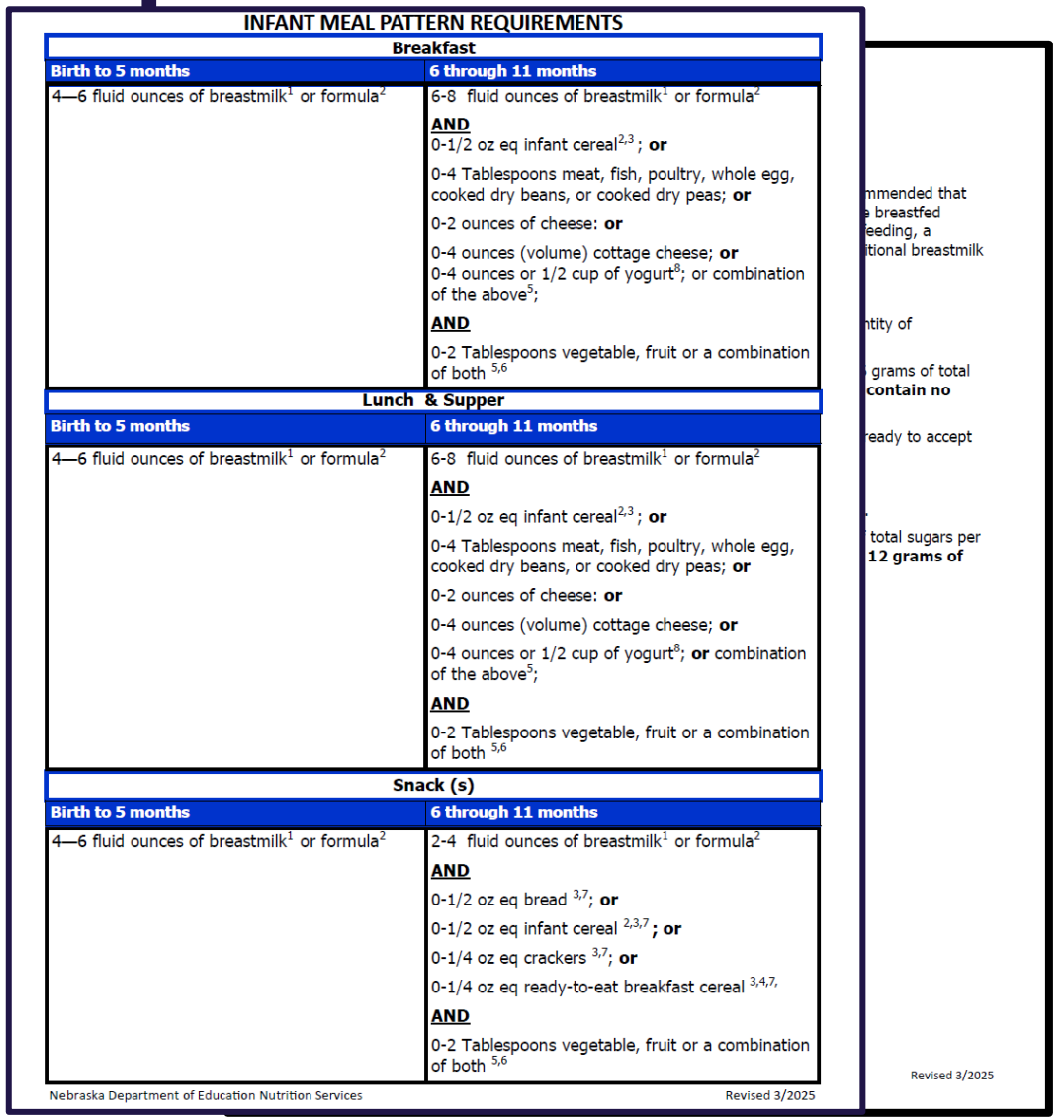
CACFP General Requirements

Infant Meal Pattern

Post prominently

→ Breastmilk and/or Formula

\+ Solid Foods are added when the infant is developmentally ready



INFANT MEAL PATTERN REQUIREMENTS

Breakfast	
Birth to 5 months	**6 through 11 months**
4—6 fluid ounces of breastmilk[1] or formula[2]	6-8 fluid ounces of breastmilk[1] or formula[2] **AND** 0-1/2 oz eq infant cereal[2,3]; **or** 0-4 Tablespoons meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas; **or** 0-2 ounces of cheese: **or** 0-4 ounces (volume) cottage cheese; **or** 0-4 ounces or 1/2 cup of yogurt[8]; or combination of the above[5]; **AND** 0-2 Tablespoons vegetable, fruit or a combination of both [5,6]

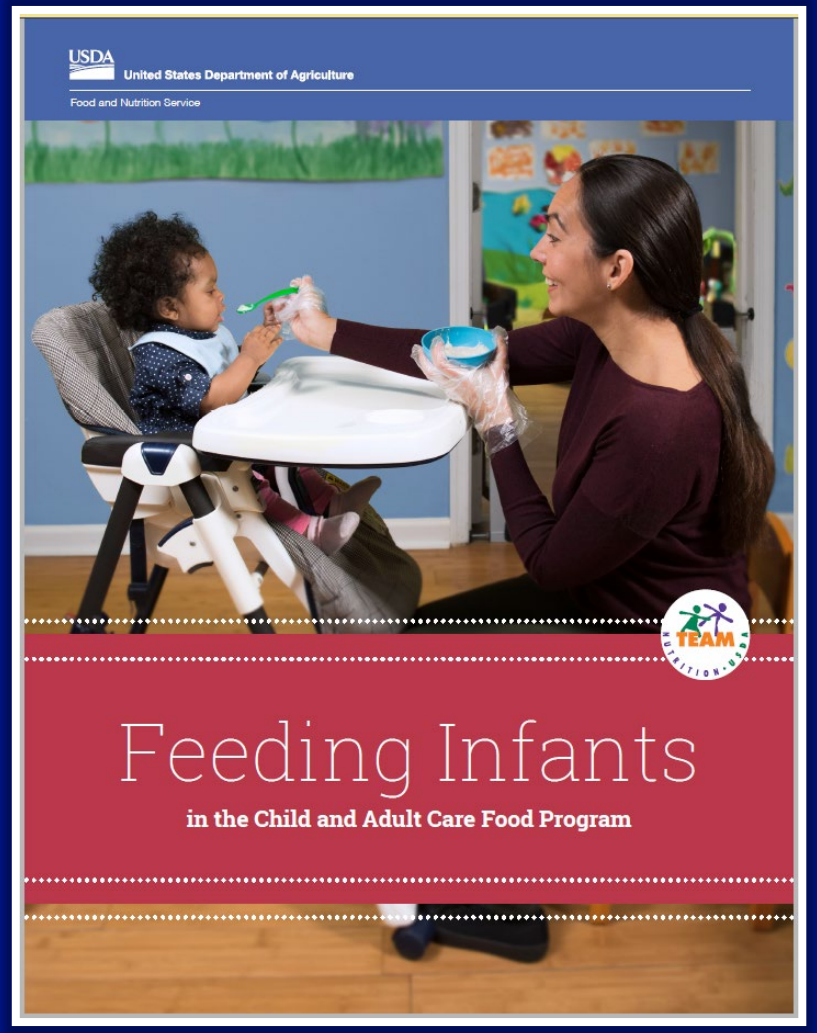
Lunch & Supper	
Birth to 5 months	**6 through 11 months**
4—6 fluid ounces of breastmilk[1] or formula[2]	6-8 fluid ounces of breastmilk[1] or formula[2] **AND** 0-1/2 oz eq infant cereal[2,3]; **or** 0-4 Tablespoons meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas; **or** 0-2 ounces of cheese: **or** 0-4 ounces (volume) cottage cheese; **or** 0-4 ounces or 1/2 cup of yogurt[8]; **or** combination of the above[5]; **AND** 0-2 Tablespoons vegetable, fruit or a combination of both [5,6]

Snack (s)	
Birth to 5 months	**6 through 11 months**
4—6 fluid ounces of breastmilk[1] or formula[2]	2-4 fluid ounces of breastmilk[1] or formula[2] **AND** 0-1/2 oz eq bread [3,7]; **or** 0-1/2 oz eq infant cereal [2,3,7]; **or** 0-1/4 oz eq crackers [3,7]; **or** 0-1/4 oz eq ready-to-eat breakfast cereal [3,4,7,] **AND** 0-2 Tablespoons vegetable, fruit or a combination of both [5,6]

Nebraska Department of Education Nutrition Services — Revised 3/2025

Resource Packet

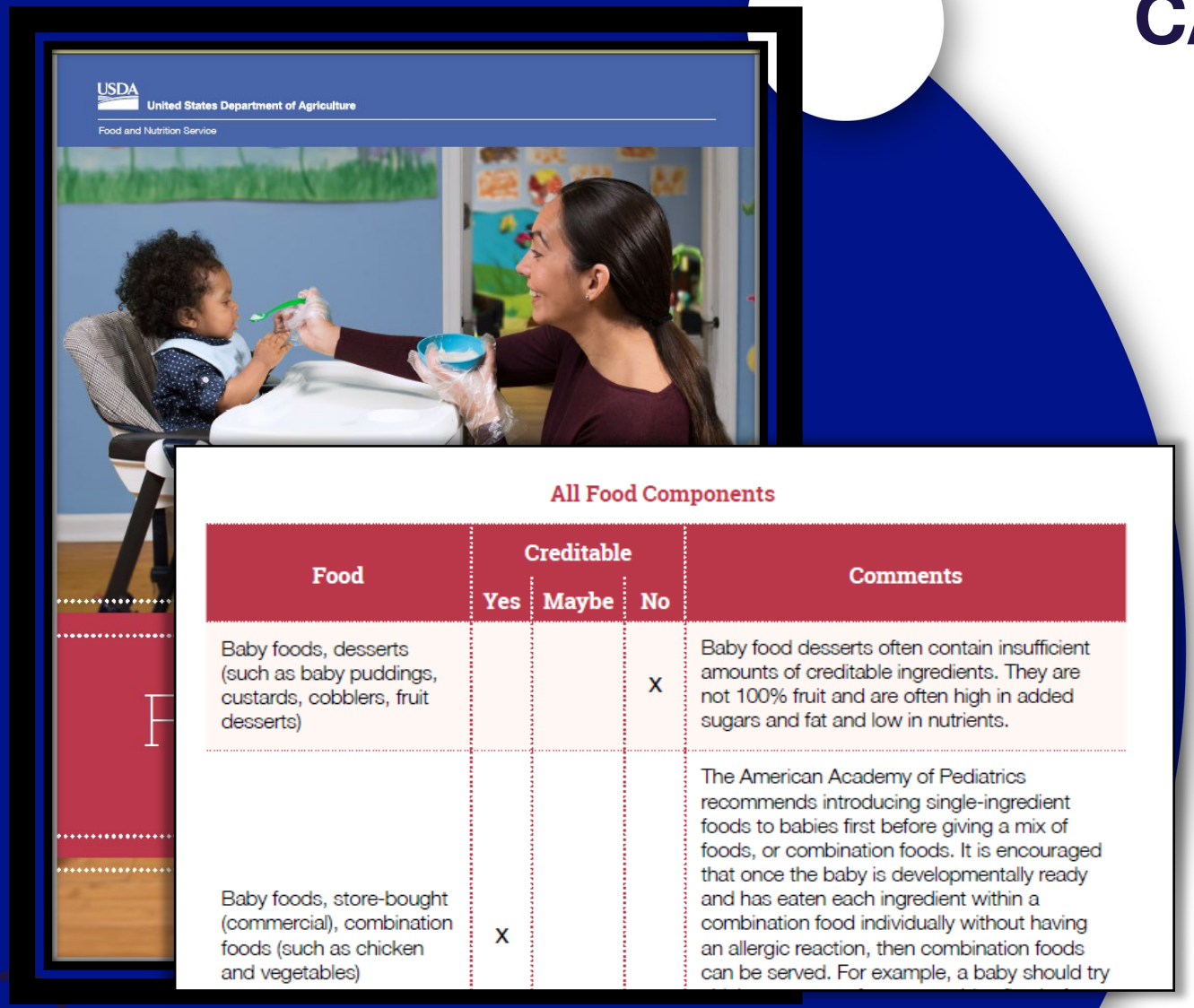
Infant Meal Pattern
CACFP Feeding Infants Guide



Resource Packet

NEBRASKA
DEPARTMENT OF EDUCATION

Infant Meal Pattern
CACFP Feeding Infants Guide



All Food Components

Food	Creditable			Comments
	Yes	Maybe	No	
Baby foods, desserts (such as baby puddings, custards, cobblers, fruit desserts)			X	Baby food desserts often contain insufficient amounts of creditable ingredients. They are not 100% fruit and are often high in added sugars and fat and low in nutrients.
Baby foods, store-bought (commercial), combination foods (such as chicken and vegetables)	X			The American Academy of Pediatrics recommends introducing single-ingredient foods to babies first before giving a mix of foods, or combination foods. It is encouraged that once the baby is developmentally ready and has eaten each ingredient within a combination food individually without having an allergic reaction, then combination foods can be served. For example, a baby should try

Excellent resource:

- Outlines CACFP Infant Meal Pattern and defines the meal components
- Includes the crediting foods section for infants
- Handouts and resources for parents & staff

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Infant Meal Pattern
CACFP Feeding Infants Guide



Find these items in the Feeding Infants Guide

1. Scan QR Code, click on the link that appears.
2. Click on the image of the Feeding Infants Guide
3. Find the three (3) food items below and determine if they are creditable or not.

-Formula, infant, low lactose or lactose free (Page 153)
-Yogurt, freeze-dried snacks (page 161)
-Baby Food, Desserts (page 167)

Page numbers are in the bottom left or right of the page

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Infant Meal Pattern
CACFP Feeding Infants Guide

Food	Creditable			Comments
	Yes	Maybe	No	
Formula, infant, low lactose or lactose free	X			Must be iron-fortified. A medical statement is not required to serve this formula and have it count as part of a reimbursable meal or snack.
Yogurt, freeze-dried snacks			X	Freeze-dried yogurt snacks are not creditable and do not meet the Food and Drug Administration's standard of identity for yogurt.
Baby foods, desserts (such as baby puddings, custards, cobblers, fruit desserts)			X	These foods often contain insufficient amounts of creditable ingredients. They are not 100% fruit, and are often high in sugar and fat and low in nutrients.







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Infant Meal Pattern
CACFP Feeding Infants Guide

Supports Parent Communication

- Provides parent-friendly handouts and resources
- Helps providers address difficult topics with evidence-based guidance and communication strategies
- Strengthens partnerships between families and providers

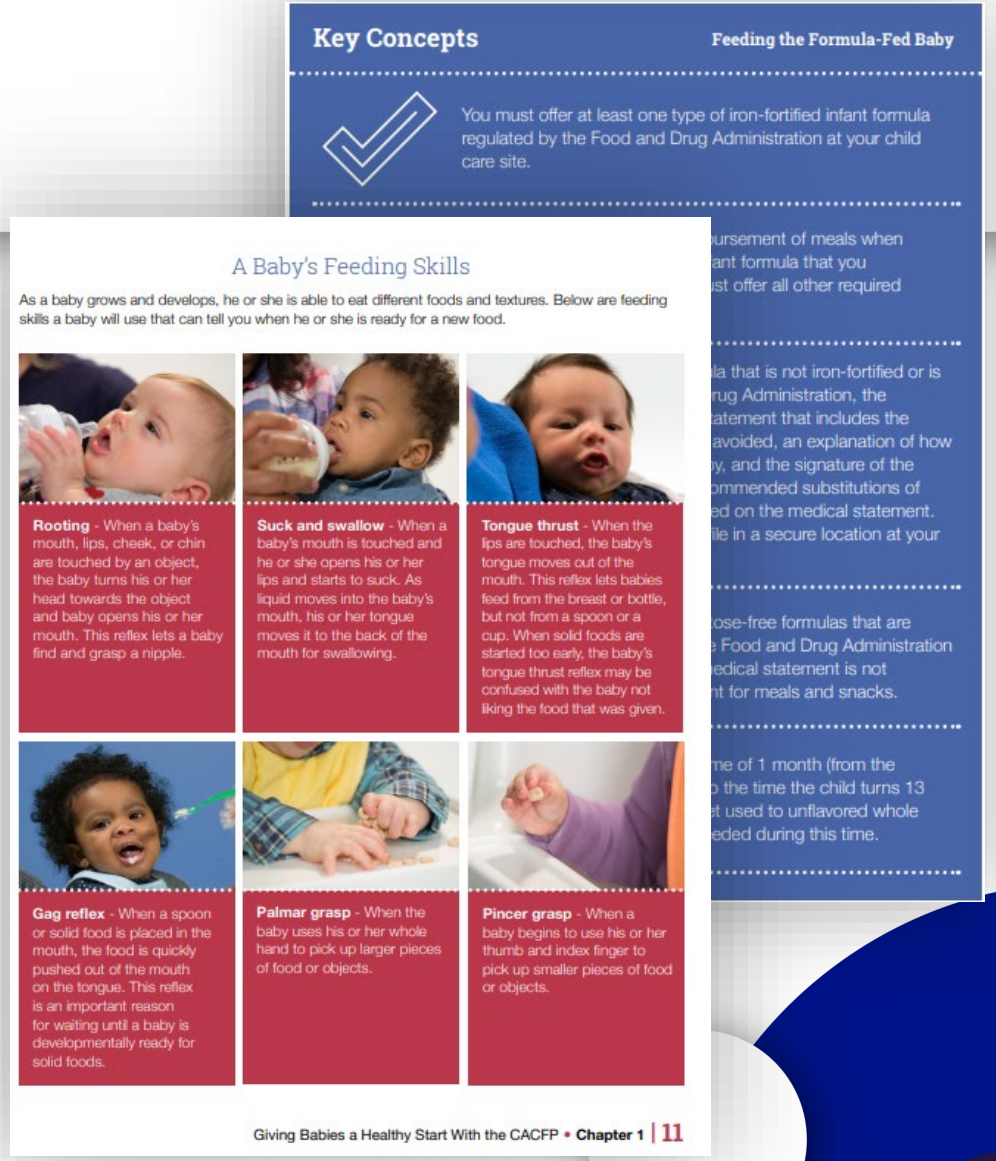


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Infant Meal Pattern
CACFP Feeding Infants Guide

Comprehensive Training Tool for Staff

- Provides clear CACFP requirements and best practices.
- Includes practical tools and scenarios that help staff communicate effectively with families and handle common challenges
- Reinforces learning through handouts, key concepts, and knowledge checks



Key Concepts — Feeding the Formula-Fed Baby

You must offer at least one type of iron-fortified infant formula regulated by the Food and Drug Administration at your child care site.

A Baby's Feeding Skills

As a baby grows and develops, he or she is able to eat different foods and textures. Below are feeding skills a baby will use that can tell you when he or she is ready for a new food.

Rooting - When a baby's mouth, lips, cheek, or chin are touched by an object, the baby turns his or her head towards the object and baby opens his or her mouth. This reflex lets a baby find and grasp a nipple.

Suck and swallow - When a baby's mouth is touched and he or she opens his or her lips and starts to suck. As liquid moves into the baby's mouth, his or her tongue moves it to the back of the mouth for swallowing.

Tongue thrust - When the lips are touched, the baby's tongue moves out of the mouth. This reflex lets babies feed from the breast or bottle, but not from a spoon or a cup. When solid foods are started too early, the baby's tongue thrust reflex may be confused with the baby not liking the food that was given.

Gag reflex - When a spoon or solid food is placed in the mouth, the food is quickly pushed out of the mouth on the tongue. This reflex is an important reason for waiting until a baby is developmentally ready for solid foods.

Palmar grasp - When the baby uses his or her whole hand to pick up larger pieces of food or objects.

Pincer grasp - When a baby begins to use his or her thumb and index finger to pick up smaller pieces of food or objects.

Giving Babies a Healthy Start With the CACFP • Chapter 1 | 11

NEBRASKA DEPARTMENT OF EDUCATION

AGENDA

- CACFP General Requirements
- **Breastmilk & Infant Formula**
- Solid Foods & Developmental Readiness
- Infant CACFP Records

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BREASTMILK & INFANT FORMULA

Breastmilk or infant formula is the only meal component required <u>until</u> the infant is developmentally ready for solid foods

Birth to 5 months:

- Minimum serving size is **4-6 oz**

6 months through 11months:

- Minimum serving size is **6-8 oz**



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BREASTMILK & INFANT FORMULA



FY2027 Infant Meal Pattern

USDA promotes breastfeeding by allowing reimbursement when:

- A parent/guardian supplies breastmilk
- A mother breastfeeds her infant ON-SITE

Resource Packet

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BREASTMILK & INFANT FORMULA

Expressed Breastmilk

- OK to offer less than the minimum serving size of breastmilk
- Offer additional breastmilk later, if infant will consume more
- Breastmilk storage guidelines are in your resource packet



Resource Packet

NEBRASKA DEPARTMENT OF EDUCATION

BREASTMILK & INFANT FORMULA

Iron-Fortified Infant Formula

- All sponsors must offer at least 1 type of iron-fortified infant formula
- Site Application – required to identify the brand of formula
- All infant formula must be regulated by FDA
  - Does not credit if purchased outside U.S.

Reimbursable meals may include:
Iron-fortified formula
Breastmilk
Combination of both



BREASTMILK & INFANT FORMULA

Iron Fortified Infant Formula



Must specify “with iron” or “iron-fortified”

Must have 1 mg of iron per 100 calories of formula & prepared according to directions.

NUTRIENTS per 100 Calories (5 fl oz)					
PROTEIN	g	2.1	WATER	g	133
FAT	g	5.3	LINOLEIC ACID	mg	800
CARBOHYDRATE	g	11.2			
VITAMINS					
A	IU	300	NIACIN	mcg	1000
D	IU	60	FOLIC ACID (FOLACIN)	mcg	16
E	IU	2	PANTOTHENIC ACID	mcg	500
K	mcg	9	BIOTIN	mcg	3
THIAMIN (B_1)	mcg	80	C (ASCORBIC ACID)	mg	12
RIBOFLAVIN (B_2)	mcg	140	CHOLINE	mg	24
B_6	mcg	60	INOSITOL	mg	6
B_{12}	mcg	0.3			
MINERALS					
CALCIUM	mg	78	COPPER	mcg	75
PHOSPHORUS	mg	43	IODINE	mcg	15
MAGNESIUM	mg	8	SELENIUM	mcg	2.8
IRON	mg	1.8	SODIUM	mg	27
ZINC	mg	1	POTASSIUM	mg	108

BREASTMILK & INFANT FORMULA

Serving Infant Formula

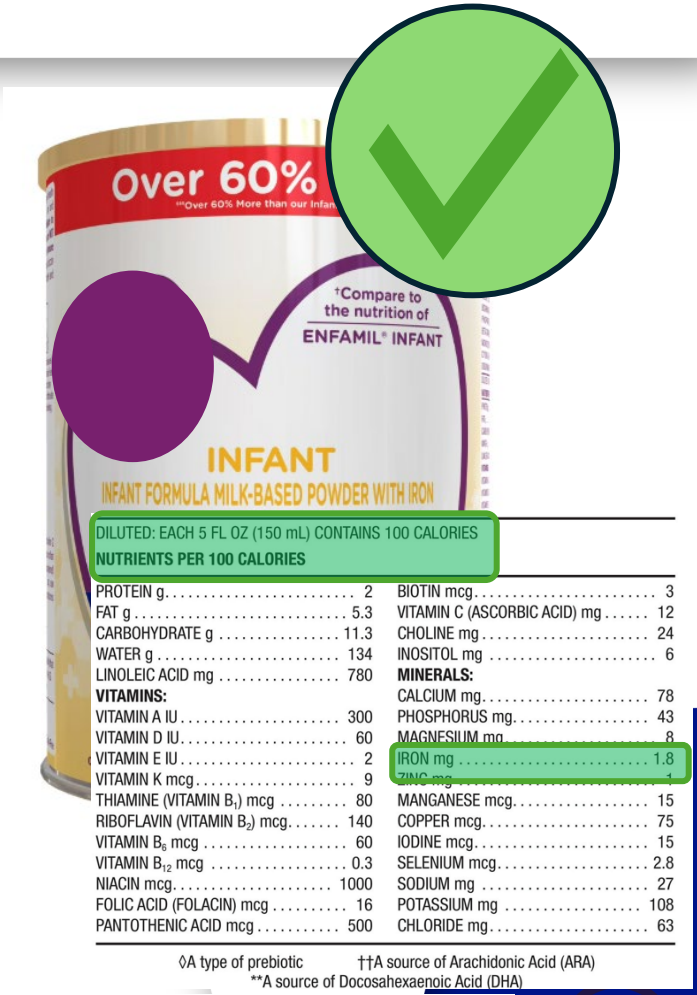
- Infants may not drink the entire serving of formula
  - Must still provide minimum serving size based on the infant's age
- Formula used to prepare infant cereal does not count toward the minimum requirement
- Do **not** put infant cereal in a bottle

BREASTMILK & INFANT FORMULA

Are these formulas creditable or noncreditable?







NEBRASKA DEPARTMENT OF EDUCATION

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- **Solid Foods & Developmental Readiness**
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SOLID FOODS & DEVELOPMENTAL READINESS

Developmental Readiness

- Each infant's eating habits are unique and will change over time as they develop
- Introduction of solid foods is determined by the parent/ guardian



Resource Packet

SOLID FOODS & DEVELOPMENTAL READINESS

Developmental Readiness

- Sits in chair with good head control
- Opens mouth for food
- Moves food from a spoon into throat
- Doubles in birth weight
- Generally, around 6 months of age



American Academy of Pediatrics Guidelines

SOLID FOODS & DEVELOPMENTAL READINESS

Final Rule States:

"**Solid foods** are introduced at 6 months of age …

…with the flexibility to introduce foods …

…**before and after 6 months** of age when requested by parents."



Conversations with parents should begin around 6 months



SOLID FOODS & DEVELOPMENTAL READINESS

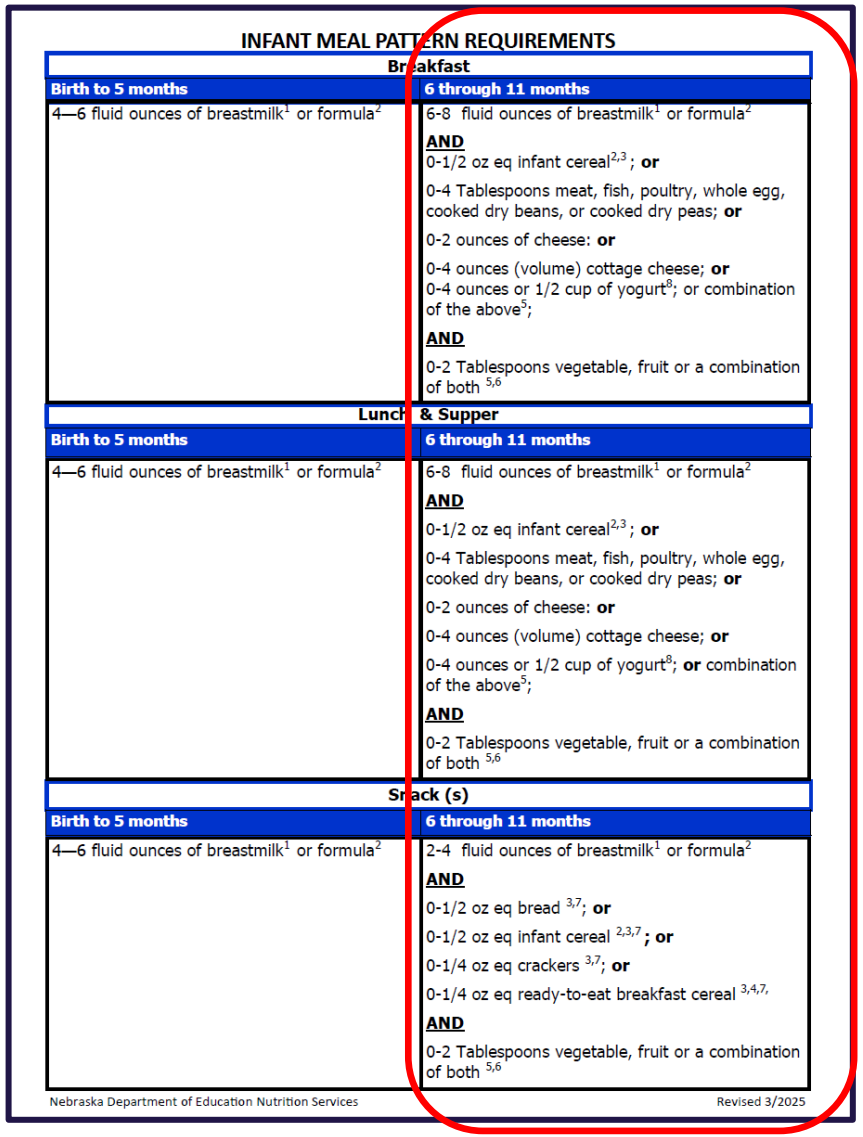
Solid foods served to infants are to be:

Nutrient-dense!

- Meats, seafood, iron-fortified cereals provide ***iron***
- Meats, beans, iron-fortified cereals provide ***zinc***
- Vegetables & fruits provide vitamins and minerals
  - A rainbow of fruits & vegetables provides a larger variety ***vitamins and minerals***.

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SOLID FOODS & DEVELOPMENT READINESS



INFANT MEAL PATTERN REQUIREMENTS

Breakfast	
Birth to 5 months	**6 through 11 months**
4—6 fluid ounces of breastmilk[1] or formula[2]	6-8 fluid ounces of breastmilk[1] or formula[2] **AND** 0-1/2 oz eq infant cereal[2,3]; **or** 0-4 Tablespoons meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas; **or** 0-2 ounces of cheese: **or** 0-4 ounces (volume) cottage cheese; **or** 0-4 ounces or 1/2 cup of yogurt[8]; or combination of the above[5]; **AND** 0-2 Tablespoons vegetable, fruit or a combination of both [5,6]
Lunch & Supper	
Birth to 5 months	**6 through 11 months**
4—6 fluid ounces of breastmilk[1] or formula[2]	6-8 fluid ounces of breastmilk[1] or formula[2] **AND** 0-1/2 oz eq infant cereal[2,3]; **or** 0-4 Tablespoons meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas; **or** 0-2 ounces of cheese: **or** 0-4 ounces (volume) cottage cheese; **or** 0-4 ounces or 1/2 cup of yogurt[8]; **or** combination of the above[5]; **AND** 0-2 Tablespoons vegetable, fruit or a combination of both [5,6]
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Birth to 5 months	**6 through 11 months**
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Nebraska Department of Education Nutrition Services — Revised 3/2025

Infant Meal Pattern focuses on the nutritional needs of infants.

- Zero (0) ≠ Optional, it is a gradual introduction
- Gradually introduce solid foods one at a time, over a few days
- Observe for allergic reactions

NEBRASKA DEPARTMENT OF EDUCATION

SOLID FOODS & DEVELOPMENTAL READINESS

What are Infant Solids?

Solid Foods are:

- Commercially prepared baby foods (Gerber, Happy Baby Food, Gerber Graduates, Beech-nut, etc.)

- Center prepared baby foods from table foods (Meats, Fruits, etc.)
  - Infant Feeding Guide, Page 158

- Table Foods



SOLID FOODS & DEVELOPMENTAL READINESS

Center Prepared

- Cooked and processed to the appropriate texture
- No added fat, salt or sugar
- Canned or frozen - no added salt or sugar – rinse off



Progress from puree to ground to fork mashed, and eventually to diced as baby's skills develop.

SOLID FOODS & DEVELOPMENTAL READINESS

Food texture should be appropriate for the infant you are feeding:



Puree → Mashed → Ground → Diced → Small bite size pieces less ½ inch

SOLID FOODS & DEVELOPMENTAL READINESS

Iron-Fortified Infant Cereals

- Iron-fortified infant cereals are often the first solid foods:
  - Often easiest to digest
  - Least likely to cause an allergic reaction
  - Added source Iron

- Serve at meals & snacks when infants are developmentally ready

- Minimum serving size: **0 - ½ oz eq** (approximately - 4 Tbsp)

SOLID FOODS & DEVELOPMENTAL READINESS

Iron Fortified Infant Cereal



	% Daily Value
Total Fat 0.5g	2%
Saturated Fat 0g	
Trans Fat 0g	
Cholesterol 0mg	
Sodium 10mg	
Total Carbohydrate 12g	12%
Dietary Fiber 0g	
Total Sugars <1g	
Includes <1g Added Sugars	
Protein 1g	3%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 6.75mg	60%
Potassium 45mg	6%
Vitamin C 8.7mg	15%
Vitamin E 0.6mg	10%

Nutrition facts label must indicate it is at least 45% daily value

Note: Commercially prepared infant cereals (in a jar), regular or instant cereal, and cereals containing fruit are not creditable for infants.

SOLID FOODS & DEVELOPMENTAL READINESS

Vegetables & Fruits

- Required at all meals & **snacks**
  - Serve vegetable, fruit, or a combination of both
  - Serve variety of colors provides a variety vitamins & minerals
- Great source of essential nutrients
  - i.e., fiber & vitamin C
- Minimum serving size: **0 - 4 Tablespoons**

SOLID FOODS & DEVELOPMENTAL READINESS

Commercially Prepared Vegetables & Fruits



Creditable: First ingredient listed must be fruit/vegetable; should not contain added sugar or salt.

Avoid combinations such as peas mixed with peaches until the infant has been introduced to each food separately.

Not Creditable: Hawaiian Delight, Peach Cobbler, pudding, etc.

SOLID FOODS & DEVELOPMENTAL READINESS

Juice

- **Not creditable** component toward a reimbursable meal for infants

- Lacks dietary fiber found in fruits and vegetables



SOLID FOODS & DEVELOPMENTAL READINESS

Meat/Meat Alternates

- Serve at breakfast, lunch, and supper

- Minimum serving sizes:

  0 - 4 Tbsp. Meat, fish, poultry, whole egg, cooked dry beans or peas

  0 - 2 oz. Cheese

  0 - 4 oz. Yogurt or cottage cheese (½ cup)

SOLID FOODS & DEVELOPMENTAL READINESS

Meat/Meat Alternates

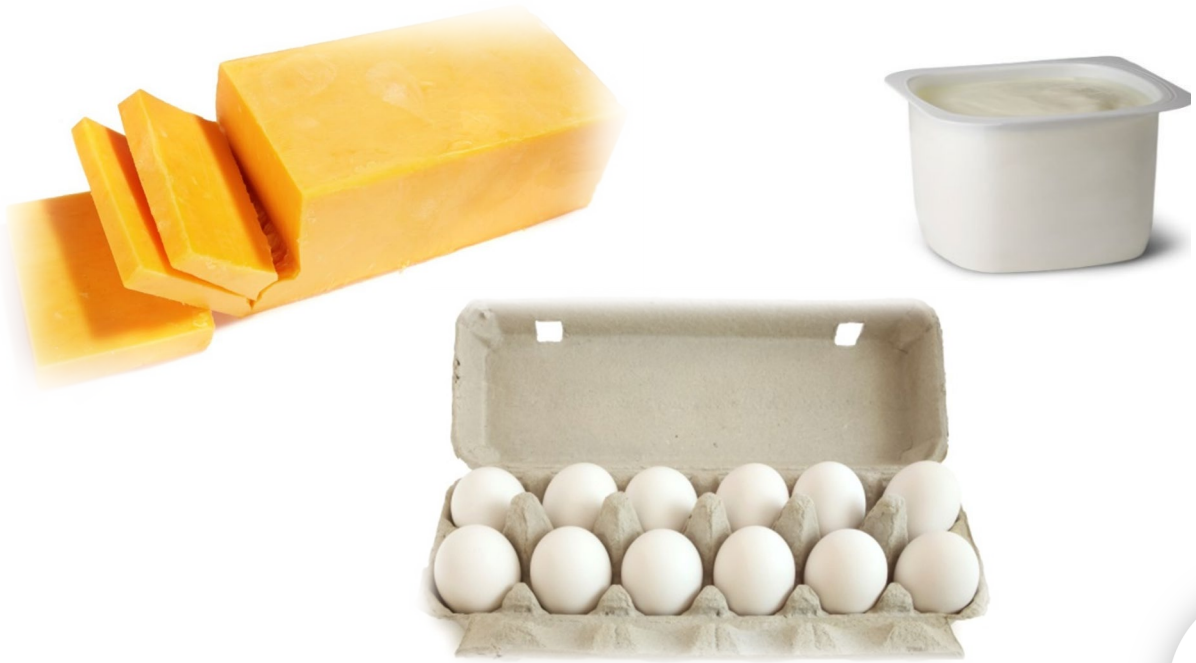
- Beef, pork, lamb, veal, fish, chicken or turkey
- Commercially prepared
- Center prepared - well-cooked and pureed, mashed, or finely diced
- Single ingredient foods until baby is developmentally ready



SOLID FOODS & DEVELOPMENTAL READINESS

Meat/Meat Alternates

- Natural Cheese – Mozzarella, Colby, & Monterey Jack
- Cottage cheese
- Yogurt
- Whole Eggs
- Dry beans or peas

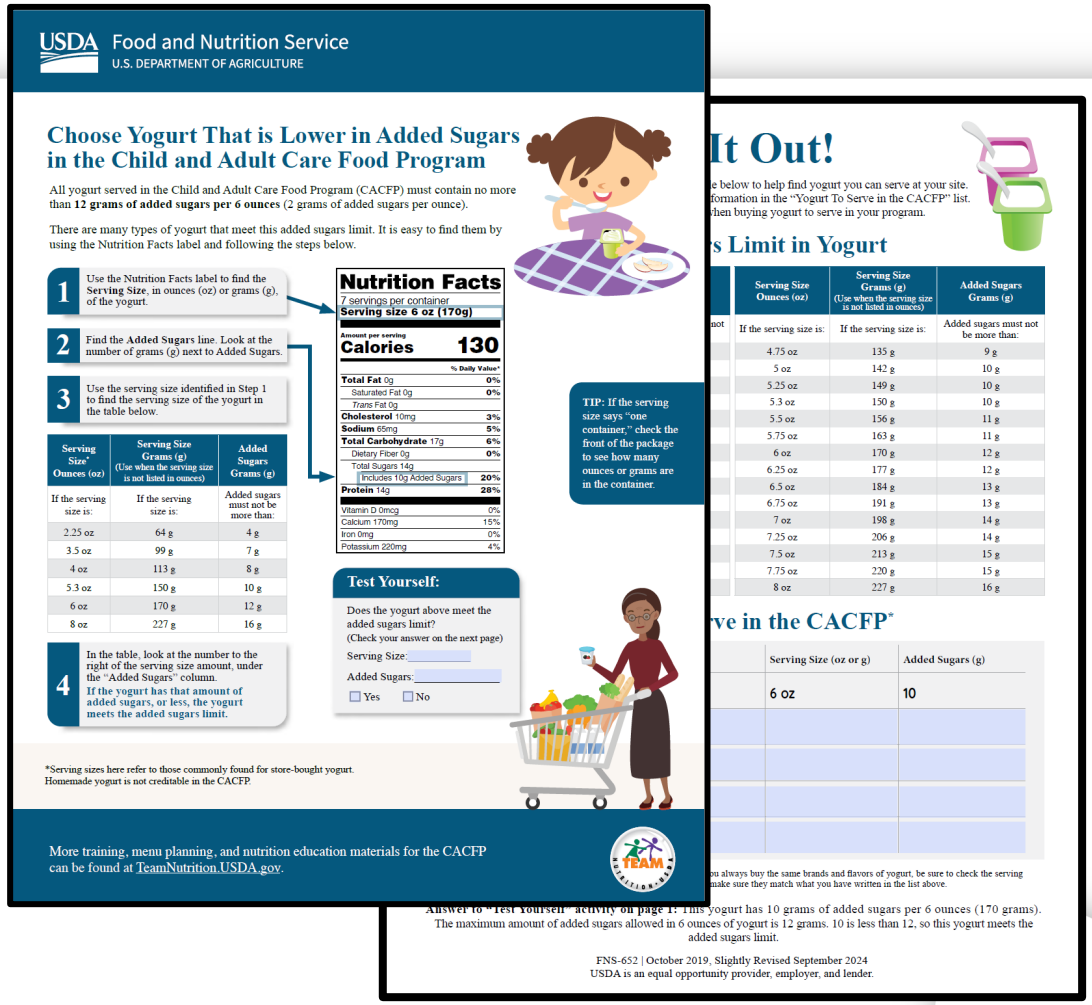


SOLID FOODS & DEVELOPMENTAL READINESS

Yogurt - Sugar Limit

Must contain no more than 12 grams of added sugars per 6 oz. (2 grams of added sugar per ounce)

Utilize the Try It Out! Chart tool



USDA Food and Nutrition Service
U.S. DEPARTMENT OF AGRICULTURE

Choose Yogurt That is Lower in Added Sugars in the Child and Adult Care Food Program

All yogurt served in the Child and Adult Care Food Program (CACFP) must contain no more than **12 grams of added sugars per 6 ounces** (2 grams of added sugars per ounce).

There are many types of yogurt that meet this added sugars limit. It is easy to find them by using the Nutrition Facts label and following the steps below.

1. Use the Nutrition Facts label to find the **Serving Size**, in ounces (oz) or grams (g), of the yogurt.
2. Find the **Added Sugars** line. Look at the number of grams (g) next to Added Sugars.
3. Use the serving size identified in Step 1 to find the serving size of the yogurt in the table below.

Serving Size* Ounces (oz)	Serving Size Grams (g) (Use when the serving size is not listed in ounces)	Added Sugars Grams (g)
If the serving size is:	If the serving size is:	Added sugars must not be more than:
2.25 oz	64 g	4 g
3.5 oz	99 g	7 g
4 oz	113 g	8 g
5.3 oz	150 g	10 g
6 oz	170 g	12 g
8 oz	227 g	16 g

4. In the table, look at the number to the right of the serving size amount, under the "Added Sugars" column. **If the yogurt has that amount of added sugars, or less, the yogurt meets the added sugars limit.**

Nutrition Facts
7 servings per container
Serving size 6 oz (170g)
Amount per serving
Calories 130
% Daily Value*
Total Fat 0g 0%
Saturated Fat 0g 0%
Trans Fat 0g
Cholesterol 10mg 3%
Sodium 65mg 5%
Total Carbohydrate 17g 6%
Dietary Fiber 0g 0%
Total Sugars 14g
Includes 10g Added Sugars 20%
Protein 14g 28%
Vitamin D 0mcg 0%
Calcium 170mg 15%
Iron 0mg 0%
Potassium 220mg 4%

TIP: If the serving size says "one container," check the front of the package to see how many ounces or grams are in the container.

Test Yourself:
Does the yogurt above meet the added sugars limit?
(Check your answer on the next page)
Serving Size:
Added Sugars:
☐ Yes ☐ No

*Serving sizes here refer to those commonly found for store-bought yogurt. Homemade yogurt is not creditable in the CACFP.

More training, menu planning, and nutrition education materials for the CACFP can be found at TeamNutrition.USDA.gov.

It Out!

e below to help find yogurt you can serve at your site. formation in the "Yogurt To Serve in the CACFP" list. hen buying yogurt to serve in your program.

s Limit in Yogurt

Serving Size Ounces (oz)	Serving Size Grams (g) (Use when the serving size is not listed in ounces)	Added Sugars Grams (g)
If the serving size is:	If the serving size is:	Added sugars must not be more than:
4.75 oz	135 g	9 g
5 oz	142 g	10 g
5.25 oz	149 g	10 g
5.3 oz	150 g	10 g
5.5 oz	156 g	11 g
5.75 oz	163 g	11 g
6 oz	170 g	12 g
6.25 oz	177 g	12 g
6.5 oz	184 g	13 g
6.75 oz	191 g	13 g
7 oz	198 g	14 g
7.25 oz	206 g	14 g
7.5 oz	213 g	15 g
7.75 oz	220 g	15 g
8 oz	227 g	16 g

ve in the CACFP*

	Serving Size (oz or g)	Added Sugars (g)
	6 oz	10

u always buy the same brands and flavors of yogurt, be sure to check the serving nake sure they match what you have written in the list above.

Answer to "Test Yourself" activity on page 1: This yogurt has 10 grams of added sugars per 6 ounces (170 grams). The maximum amount of added sugars allowed in 6 ounces of yogurt is 12 grams. 10 is less than 12, so this yogurt meets the added sugars limit.

FNS-652 | October 2019, Slightly Revised September 2024
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SOLID FOODS & DEVELOPMENTAL READINESS

Snack Meal Pattern for Solid Foods

2 - 4 fluid ounces of breastmilk or formula

AND

- 0-½ oz eq bread; **OR**
- 0-½ oz eq infant cereal; **OR**
- 0-¼ oz eq crackers; **OR**
- 0-¼ oz eq ready-to-eat breakfast cereal

AND

- 0-2 Tablespoons vegetable, fruit or a combination of both

All 3 components required to be served

SOLID FOODS & DEVELOPMENTAL READINESS

Grains

Creditable Grains include:

- Enriched
- Whole Grain
- Fortified
  - Vitamins and minerals added to the grain

ONLY AT SNACK

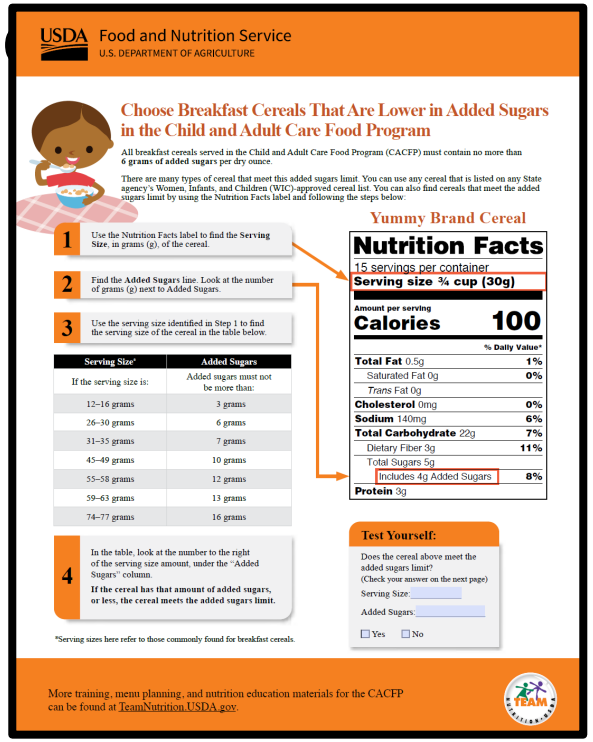
➢ Record quantities in ounce equivalent measurements (Handout)

SOLID FOODS & DEVELOPMENTAL READINESS

Ready-to-eat breakfast cereals

Utilize the Try It Out! Chart tool

Sugar Limit – No more than 6 grams of added sugar per dry



USDA Food and Nutrition Service
U.S. DEPARTMENT OF AGRICULTURE

Choose Breakfast Cereals That Are Lower in Added Sugars in the Child and Adult Care Food Program

All breakfast cereals served in the Child and Adult Care Food Program (CACFP) must contain no more than **6 grams of added sugars** per dry ounce.

There are many types of cereal that meet this added sugars limit. You can use any cereal that is listed on any State agency's Women, Infants, and Children (WIC)-approved cereal list. You can also find cereals that meet the added sugars limit by using the Nutrition Facts label and following the steps below.

1 Use the Nutrition Facts label to find the **Serving Size**, in grams (g), of the cereal.

2 Find the **Added Sugars** line. Look at the number of grams (g) next to Added Sugars.

3 Use the serving size identified in Step 1 to find the serving size of the cereal in the table below.

Serving Size*	Added Sugars
If the serving size is:	Added sugars must not be more than:
12–16 grams	3 grams
26–30 grams	6 grams
31–35 grams	7 grams
45–49 grams	10 grams
55–58 grams	12 grams
59–63 grams	13 grams
74–77 grams	16 grams

4 In the table, look at the number to the right of the serving size amount, under the "Added Sugars" column.
If the cereal has that amount of added sugars, or less, the cereal meets the added sugars limit.

*Serving sizes here refer to those commonly found for breakfast cereals.

Yummy Brand Cereal

Nutrition Facts
15 servings per container
Serving size ¾ cup (30g)
Amount per serving
Calories 100
% Daily Value*
Total Fat 0.5g 1%
Saturated Fat 0g 0%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 140mg 6%
Total Carbohydrate 22g 7%
Dietary Fiber 3g 11%
Total Sugars 5g
Includes 4g Added Sugars 8%
Protein 3g

Test Yourself:
Does the cereal above meet the added sugars limit?
(Check your answer on the next page)
Serving Size:
Added Sugars:
☐ Yes ☐ No

More training, menu planning, and nutrition education materials for the CACFP can be found at TeamNutrition.USDA.gov.

Serving Size	Added Sugars	Serving Size	Added Sugars
If the serving size is:	Added sugars must not be more than:	If the serving size is:	Added sugars must not be more than:
0–2 grams	0 grams	50–54 grams	11 grams
3–7 grams	1 gram	55–58 grams	12 grams
8–11 grams	2 grams	59–63 grams	13 grams
12–16 grams	3 grams	64–68 grams	14 grams
17–21 grams	4 grams	69–73 grams	15 grams
22–25 grams	5 grams	74–77 grams	16 grams
26–30 grams	6 grams	78–82 grams	17 grams
31–35 grams	7 grams	83–87 grams	18 grams
36–40 grams	8 grams	88–91 grams	19 grams
41–44 grams	9 grams	92–96 grams	20 grams
45–49 grams	10 grams	97–100 grams	21 grams

SOLID FOODS & DEVELOPMENTAL READINESS

Ready-to-eat breakfast cereals



1st Step – Review ingredients to determine if product is a creditable grain

2nd Step – Determine if product meets sugar limits

INGREDIENTS: WHOLE GRAIN SORGHUM FLOUR, CANE SUGAR, NATURAL STRAWBERRY APPLE FLAVOR (INCLUDES STRAWBERRY AND APPLE JUICE CONCENTRATES AND ACETIC ACID), MIXED TOCOPHEROLS (TO MAINTAIN FRESHNESS),
VITAMINS AND MINERALS: CHOLINE BITARTRATE, IRON (ELECTROLYTIC), VITAMIN E (ALPHA TOCOPHERYL ACETATE), NIACINAMIDE (A B VITAMIN), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMINE HYDROCHLORIDE).

Nutrition Facts

About 6 servings per container

Serving size (7g/about ½ cup)

Amount per serving

Calories 25

	Infants through 12 months % DV*	Children 1-3 years % DV*
Total Fat 0g	0%	0%
Sodium 0mg		0%
Total Carbohydrate 6g	6%	4%
Includes 1g Added Sugars		4%
Protein <1g	0%	0%
Iron 2.2mg	20%	30%
Potassium 20mg	2%	0%
Vitamin E 0.8mg	15%	10%
Thiamin 0.05mg	15%	10%
Niacin 0.6mg	15%	10%
Vitamin B6 0.05mg	15%	10%
Choline 30mg	20%	15%

Not a significant source of saturated fat, *trans* fat, cholesterol, dietary fiber, vitamin D and calcium.

*% DV = % Daily Value

Serving Size:
7 grams

Added Sugars:
1 gram

AGENDA

- CACFP General Requirements
- Breastmilk & Infant Formula
- Solid Foods & Developmental Readiness
- **Infant CACFP Records**

NEBRASKA
DEPARTMENT OF EDUCATION

Infant Records

Required for each infant:

- CACFP Income Eligibility and Enrollment Form
- Infant Formula Selection and Solids Foods Permission Form
- Infant Production Record
- Meal Count Record

INFANT CACFP RECORDS

Where to store?

Infant records should be maintained in the infant room:

- Infant Formula & Solid Foods Permission Forms
  - Available and visible for staff and parents
    - Posted in infant room
    - Child binders maintained in the infant room

- Infant Production Records
- Meal Count Records for infants

Accurate and up-to-date

INFANT CACFP RECORDS

Infant Formula Selection & Solids Food Form

Two purposes of this form:

- Documents your organization's responsibility to offer at least 1 infant iron-fortified formula
- Record parent communications, preferences, and feeding instructions

Working with parents helps to:

- Ensure individual infants needs are met
- Be consistent with eating habits
- Support developmental readiness



Always consult with parents/guardians first before serving solid foods

INFANT CACFP RECORDS



Infant Formula Selection & Solids Food Form

1. Instructions to Parents

2. Infant Formula Selection & Solid Foods
   - Section A. Formula Selection
   - Section B. Solids Foods Permission

3. Staff Instructions
   (Post for staff in infant room)

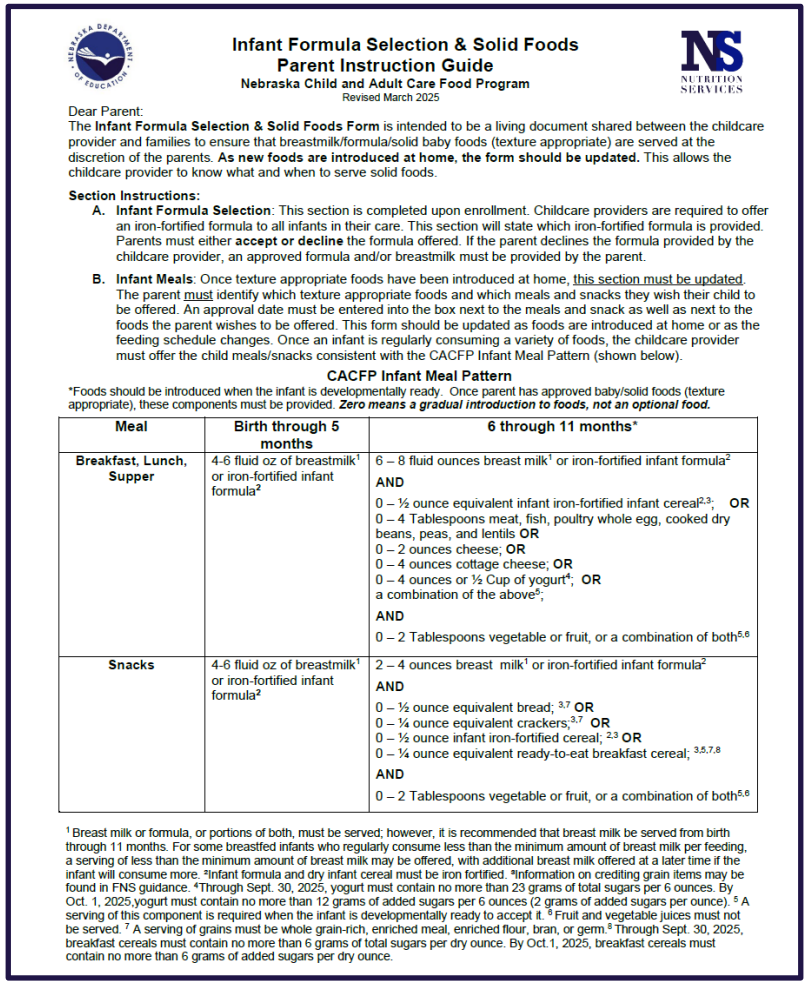
Resource Packet

INFANT CACFP RECORDS

Instruction to Parents

- How to complete form
- What are the center's responsibilities
- Infant Meal Pattern

Staff need to be available to answer questions about completing the form



Infant Formula Selection & Solid Foods
Parent Instruction Guide
Nebraska Child and Adult Care Food Program
Revised March 2025

Dear Parent:
The **Infant Formula Selection & Solid Foods Form** is intended to be a living document shared between the childcare provider and families to ensure that breastmilk/formula/solid baby foods (texture appropriate) are served at the discretion of the parents. **As new foods are introduced at home, the form should be updated.** This allows the childcare provider to know what and when to serve solid foods.

Section Instructions:

A. **Infant Formula Selection**: This section is completed upon enrollment. Childcare providers are required to offer an iron-fortified formula to all infants in their care. This section will state which iron-fortified formula is provided. Parents must either **accept or decline** the formula offered. If the parent declines the formula provided by the childcare provider, an approved formula and/or breastmilk must be provided by the parent.

B. **Infant Meals**: Once texture appropriate foods have been introduced at home, this section must be updated. The parent must identify which texture appropriate foods and which meals and snacks they wish their child to be offered. An approval date must be entered into the box next to the meals and snack as well as next to the foods the parent wishes to be offered. This form should be updated as foods are introduced at home or as the feeding schedule changes. Once an infant is regularly consuming a variety of foods, the childcare provider must offer the child meals/snacks consistent with the CACFP Infant Meal Pattern (shown below).

CACFP Infant Meal Pattern

*Foods should be introduced when the infant is developmentally ready. Once parent has approved baby/solid foods (texture appropriate), these components must be provided. ***Zero means a gradual introduction to foods, not an optional food.***

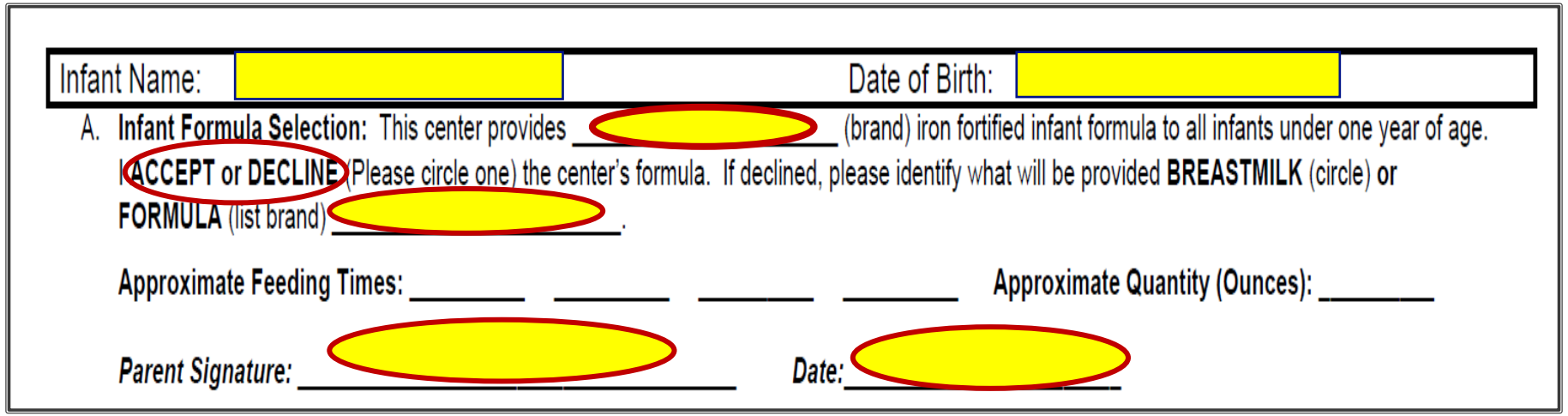
Meal	Birth through 5 months	6 through 11 months*
Breakfast, Lunch, Supper	4-6 fluid oz of breastmilk[1] or iron-fortified infant formula[2]	6 – 8 fluid ounces breast milk[1] or iron-fortified infant formula[2] **AND** 0 – ½ ounce equivalent infant iron-fortified infant cereal[2,3]; **OR** 0 – 4 Tablespoons meat, fish, poultry whole egg, cooked dry beans, peas, and lentils **OR** 0 – 2 ounces cheese; **OR** 0 – 4 ounces cottage cheese; **OR** 0 – 4 ounces or ½ Cup of yogurt[4]; **OR** a combination of the above[5]; **AND** 0 – 2 Tablespoons vegetable or fruit, or a combination of both[5,6]
Snacks	4-6 fluid oz of breastmilk[1] or iron-fortified infant formula[2]	2 – 4 ounces breast milk[1] or iron-fortified infant formula[2] **AND** 0 – ½ ounce equivalent bread; [3,7] **OR** 0 – ¼ ounce equivalent crackers;[3,7] **OR** 0 – ½ ounce infant iron-fortified cereal; [2,3] **OR** 0 – ¼ ounce equivalent ready-to-eat breakfast cereal; [3,5,7,8] **AND** 0 – 2 Tablespoons vegetable or fruit, or a combination of both[5,6]

[1] Breast milk or formula, or portions of both, must be served; however, it is recommended that breast milk be served from birth through 11 months. For some breastfed infants who regularly consume less than the minimum amount of breast milk per feeding, a serving of less than the minimum amount of breast milk may be offered, with additional breast milk offered at a later time if the infant will consume more. [2]Infant formula and dry infant cereal must be iron fortified. [3]Information on crediting grain items may be found in FNS guidance. [4]Through Sept. 30, 2025, yogurt must contain no more than 23 grams of total sugars per 6 ounces. By Oct. 1, 2025,yogurt must contain no more than 12 grams of added sugars per 6 ounces (2 grams of added sugars per ounce). [5] A serving of this component is required when the infant is developmentally ready to accept it. [6] Fruit and vegetable juices must not be served. [7] A serving of grains must be whole grain-rich, enriched meal, enriched flour, bran, or germ.[8] Through Sept. 30, 2025, breakfast cereals must contain no more than 6 grams of total sugars per dry ounce. By Oct.1, 2025, breakfast cereals must contain no more than 6 grams of added sugars per dry ounce.

Available in Spanish

INFANT CACFP RECORDS

Section A. Formula Selection Form



Infant Name: _____ Date of Birth: _____

A. **Infant Formula Selection:** This center provides _____ (brand) iron fortified infant formula to all infants under one year of age. I **ACCEPT or DECLINE** (Please circle one) the center's formula. If declined, please identify what will be provided **BREASTMILK** (circle) **or FORMULA** (list brand) _____.

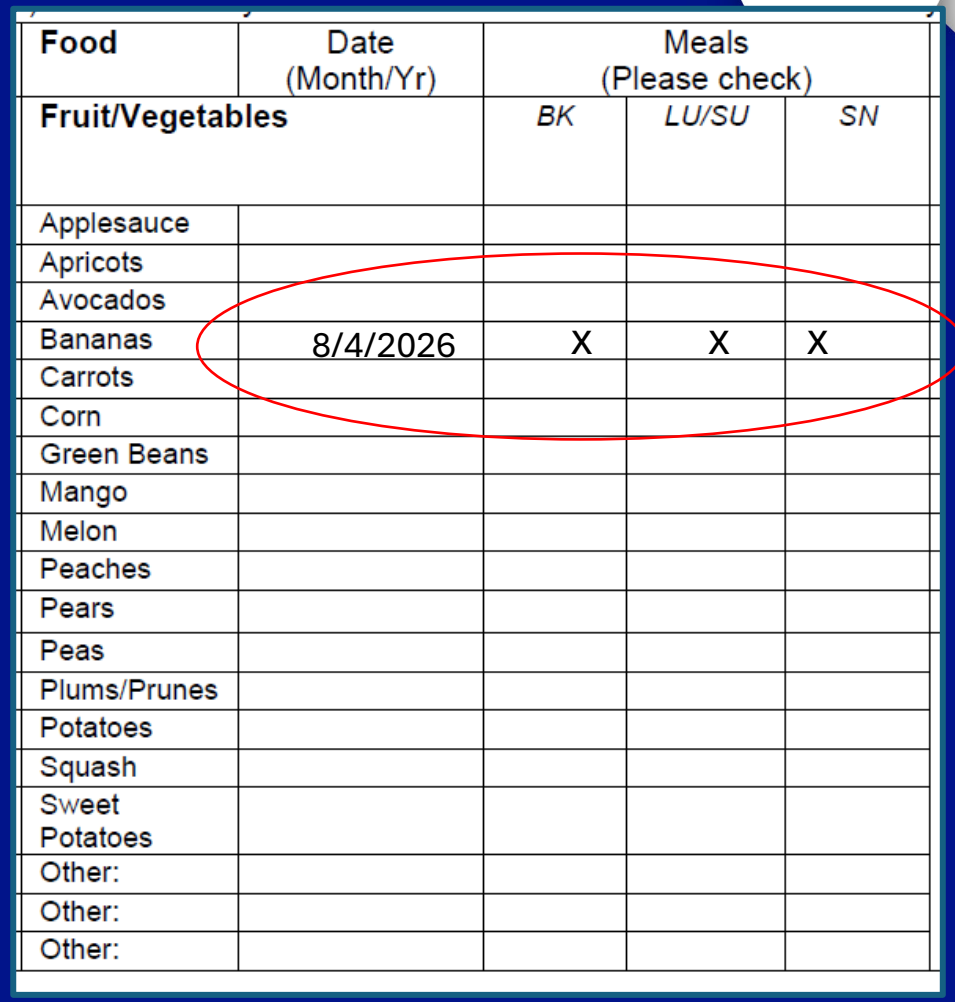
Approximate Feeding Times: _____ _____ _____ _____ **Approximate Quantity (Ounces):** _____

Parent Signature: _____ *Date:* _____

Centers are responsible to:

- Record Infant Formula offered by sponsor
- Ensure first name, last name & date of birth are complete
- Ensure parents have accepted/declined formula offered
  - If declined, ensure a formula or breastmilk has been identified for infant
- Obtain parents signature and date

INFANT CACFP RECORDS



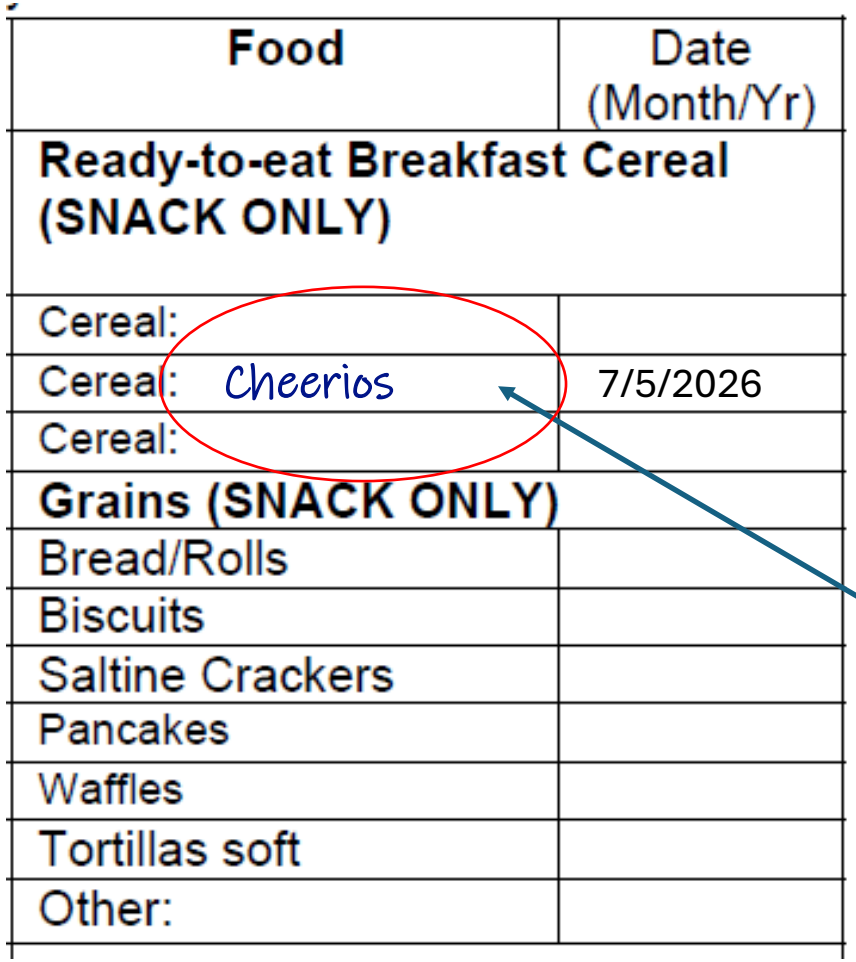
Food	Date (Month/Yr)	Meals (Please check)		
Fruit/Vegetables		*BK*	*LU/SU*	*SN*
Applesauce				
Apricots				
Avocados				
Bananas	8/4/2026	X	X	X
Carrots				
Corn				
Green Beans				
Mango				
Melon				
Peaches				
Pears				
Peas				
Plums/Prunes				
Potatoes				
Squash				
Sweet Potatoes				
Other:				
Other:				
Other:				

Section B. Solids Foods

- Completed by parent or staff member
- Identify date – Day, month year
- Mark the meals food is to be offered at the center
- Living Document – on-going changes

NEBRASKA
DEPARTMENT OF EDUCATION

INFANT CACFP RECORDS



Food	Date (Month/Yr)
Ready-to-eat Breakfast Cereal (SNACK ONLY)	
Cereal:	
Cereal: Cheerios	7/5/2026
Cereal:	
Grains (SNACK ONLY)	
Bread/Rolls	
Biscuits	
Saltine Crackers	
Pancakes	
Waffles	
Tortillas soft	
Other:	

Section B. Solids Foods

- Foods only contribute to meeting meal pattern at snack

Prior to copying enter:

- Ready-to-eat breakfast cereals offered by your center to infants

INFANT CACFP RECORDS

Changes in Schedule		
Date	**New Instructions**	**Parent or Staff Signature**
8/10/26	Start serving beef or infant cereal @ lunch	Jane Hokey, Director

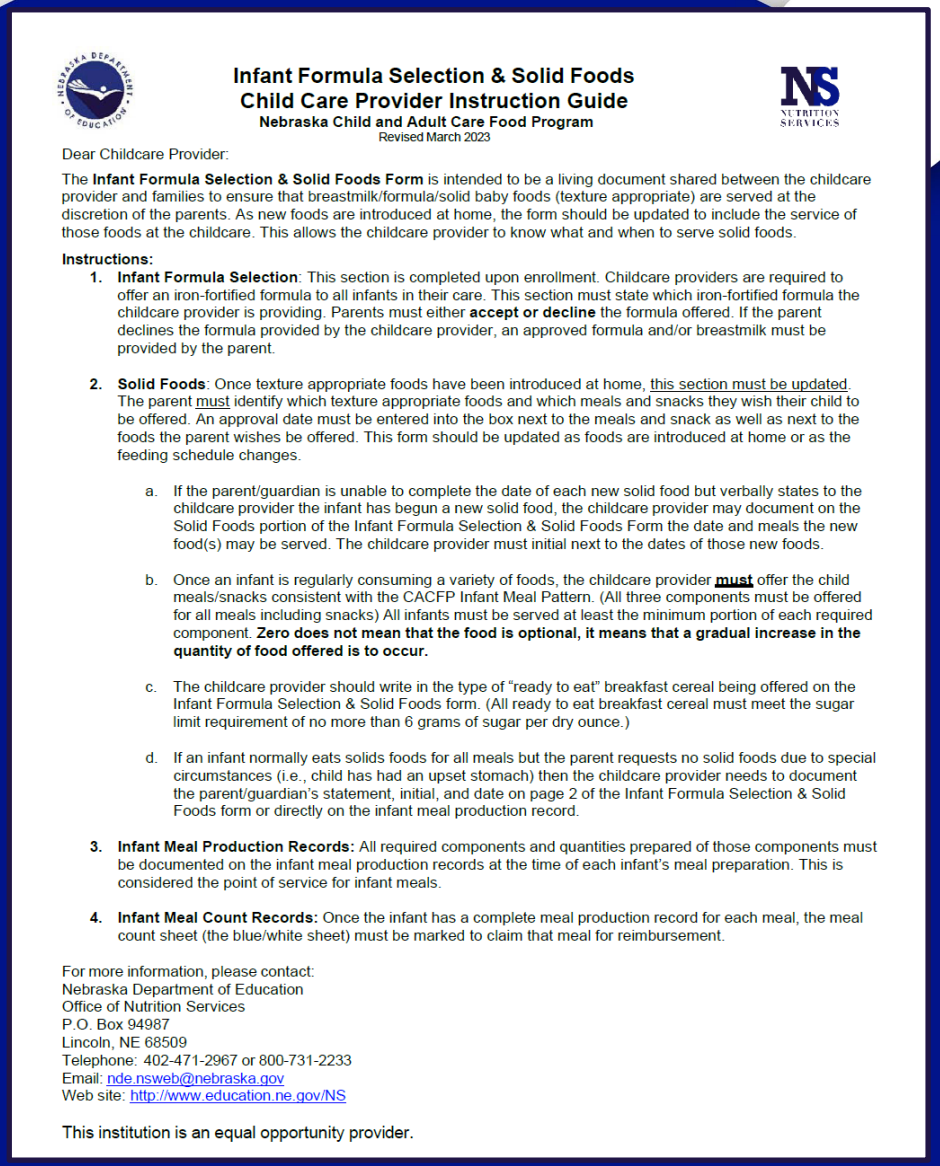
Infant feeding schedule or food changes can be noted:

- Page 2 of Form

OR

- Infant Production Records

INFANT CACFP RECORDS



Infant Formula Selection & Solid Foods
Child Care Provider Instruction Guide
Nebraska Child and Adult Care Food Program
Revised March 2023

Dear Childcare Provider:

The **Infant Formula Selection & Solid Foods Form** is intended to be a living document shared between the childcare provider and families to ensure that breastmilk/formula/solid baby foods (texture appropriate) are served at the discretion of the parents. As new foods are introduced at home, the form should be updated to include the service of those foods at the childcare. This allows the childcare provider to know what and when to serve solid foods.

Instructions:

1. **Infant Formula Selection**: This section is completed upon enrollment. Childcare providers are required to offer an iron-fortified formula to all infants in their care. This section must state which iron-fortified formula the childcare provider is providing. Parents must either **accept or decline** the formula offered. If the parent declines the formula provided by the childcare provider, an approved formula and/or breastmilk must be provided by the parent.

2. **Solid Foods**: Once texture appropriate foods have been introduced at home, this section must be updated. The parent must identify which texture appropriate foods and which meals and snacks they wish their child to be offered. An approval date must be entered into the box next to the meals and snack as well as next to the foods the parent wishes be offered. This form should be updated as foods are introduced at home or as the feeding schedule changes.

    a. If the parent/guardian is unable to complete the date of each new solid food but verbally states to the childcare provider the infant has begun a new solid food, the childcare provider may document on the Solid Foods portion of the Infant Formula Selection & Solid Foods Form the date and meals the new food(s) may be served. The childcare provider must initial next to the dates of those new foods.

    b. Once an infant is regularly consuming a variety of foods, the childcare provider **must** offer the child meals/snacks consistent with the CACFP Infant Meal Pattern. (All three components must be offered for all meals including snacks) All infants must be served at least the minimum portion of each required component. **Zero does not mean that the food is optional, it means that a gradual increase in the quantity of food offered is to occur.**

    c. The childcare provider should write in the type of "ready to eat" breakfast cereal being offered on the Infant Formula Selection & Solid Foods form. (All ready to eat breakfast cereal must meet the sugar limit requirement of no more than 6 grams of sugar per dry ounce.)

    d. If an infant normally eats solids foods for all meals but the parent requests no solid foods due to special circumstances (i.e., child has had an upset stomach) then the childcare provider needs to document the parent/guardian's statement, initial, and date on page 2 of the Infant Formula Selection & Solid Foods form or directly on the infant meal production record.

3. **Infant Meal Production Records:** All required components and quantities prepared of those components must be documented on the infant meal production records at the time of each infant's meal preparation. This is considered the point of service for infant meals.

4. **Infant Meal Count Records:** Once the infant has a complete meal production record for each meal, the meal count sheet (the blue/white sheet) must be marked to claim that meal for reimbursement.

For more information, please contact:
Nebraska Department of Education
Office of Nutrition Services
P.O. Box 94987
Lincoln, NE 68509
Telephone: 402-471-2967 or 800-731-2233
Email: nde.nsweb@nebraska.gov
Web site: http://www.education.ne.gov/NS

This institution is an equal opportunity provider.

Instruction to Staff

How to:

- Review form for completeness
- Complete Infant Menu Production Records
- Complete Daily Meal Counts

Post in each infant room for staff

NEBRASKA
DEPARTMENT OF EDUCATION

INFANT CACFP RECORDS

NDE's Expectation from Centers:

- Active conversation with parents start @ 6 months about introducing solid foods
- Regular check-ins with parents to update form that document changes in feeding instructions
- Recorded Dates when solid foods are approved to be served and for which meals
- Correlation between the Infant Production Records and approved solid foods documentation

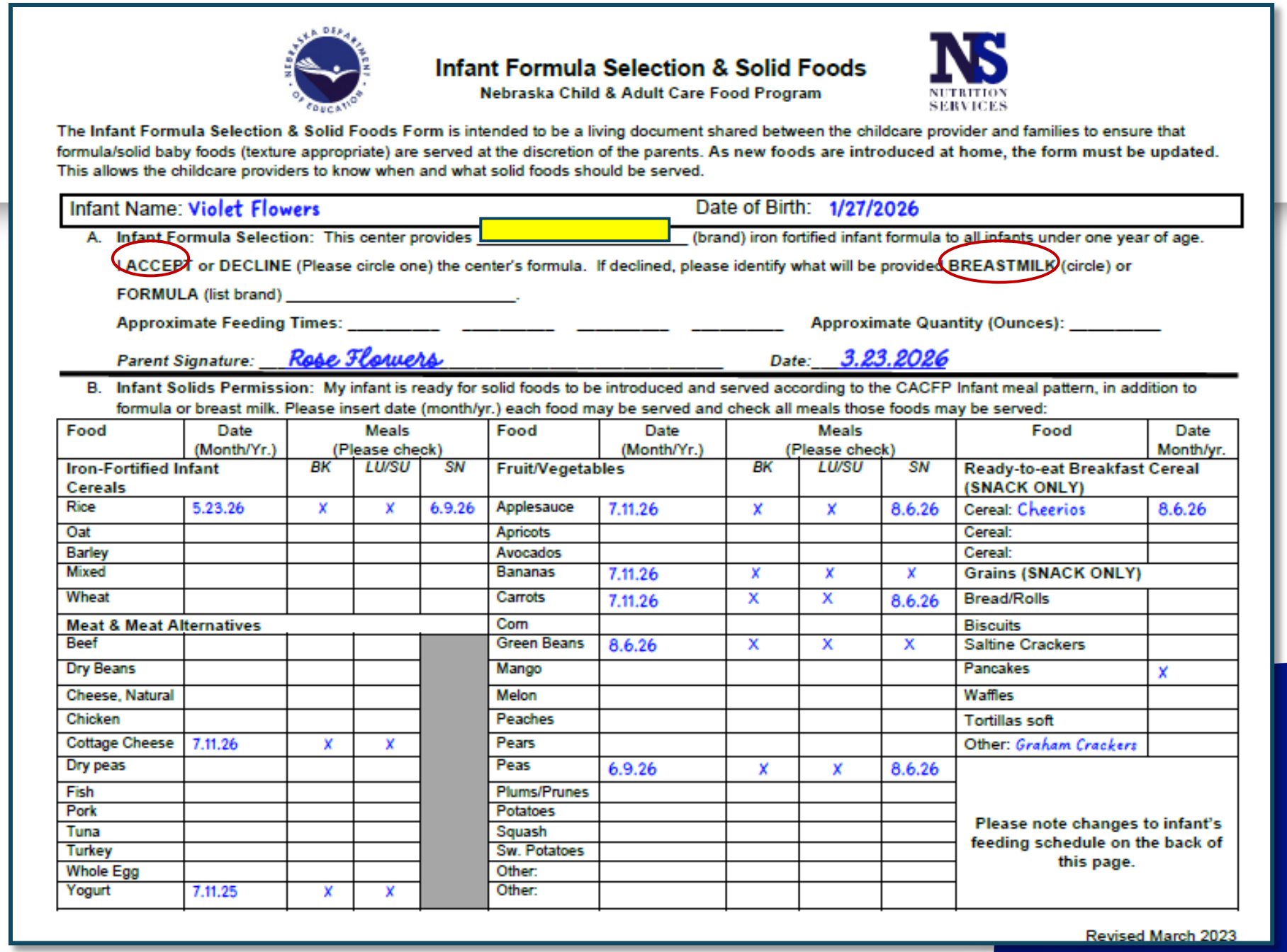
Remember! Communication may include e-mails, telephone calls as well as in-person conversations.

Test Your Knowledge

Is the top of this form complete?

Answer: *No*

Do you have permission to serve **chicken or pancakes**?



Infant Formula Selection & Solid Foods

Nebraska Child & Adult Care Food Program

NUTRITION SERVICES

The **Infant Formula Selection & Solid Foods Form** is intended to be a living document shared between the childcare provider and families to ensure that formula/solid baby foods (texture appropriate) are served at the discretion of the parents. As new foods are introduced at home, the form must be updated. This allows the childcare providers to know when and what solid foods should be served.

Infant Name: Violet Flowers Date of Birth: 1/27/2026

A. **Infant Formula Selection:** This center provides _____ (brand) iron fortified infant formula to all infants under one year of age.

ACCEPT or **DECLINE** (Please circle one) the center's formula. If declined, please identify what will be provided **BREASTMILK** (circle) or **FORMULA** (list brand) _____.

Approximate Feeding Times: _____ _____ _____ _____ **Approximate Quantity (Ounces):** _____

Parent Signature: Rose Flowers *Date:* 3.23.2026

B. **Infant Solids Permission:** My infant is ready for solid foods to be introduced and served according to the CACFP Infant meal pattern, in addition to formula or breast milk. Please insert date (month/yr.) each food may be served and check all meals those foods may be served:

Food	Date (Month/Yr.)	Meals (Please check)			Food	Date (Month/Yr.)	Meals (Please check)			Food	Date Month/yr.
Iron-Fortified Infant Cereals		*BK*	*LU/SU*	*SN*	**Fruit/Vegetables**		*BK*	*LU/SU*	*SN*	**Ready-to-eat Breakfast Cereal (SNACK ONLY)**	
Rice	5.23.26	X	X	6.9.26	Applesauce	7.11.26	X	X	8.6.26	Cereal: Cheerios	8.6.26
Oat					Apricots					Cereal:	
Barley					Avocados					Cereal:	
Mixed					Bananas	7.11.26	X	X	X	**Grains (SNACK ONLY)**	
Wheat					Carrots	7.11.26	X	X	8.6.26	Bread/Rolls	
Meat & Meat Alternatives					Corn					Biscuits	
Beef					Green Beans	8.6.26	X	X	X	Saltine Crackers	
Dry Beans					Mango					Pancakes	X
Cheese, Natural					Melon					Waffles	
Chicken					Peaches					Tortillas soft	
Cottage Cheese	7.11.26	X	X		Pears					Other: Graham Crackers	
Dry peas					Peas	6.9.26	X	X	8.6.26		
Fish					Plums/Prunes						
Pork					Potatoes						
Tuna					Squash						
Turkey					Sw. Potatoes						
Whole Egg					Other:						
Yogurt	7.11.25	X	X		Other:						

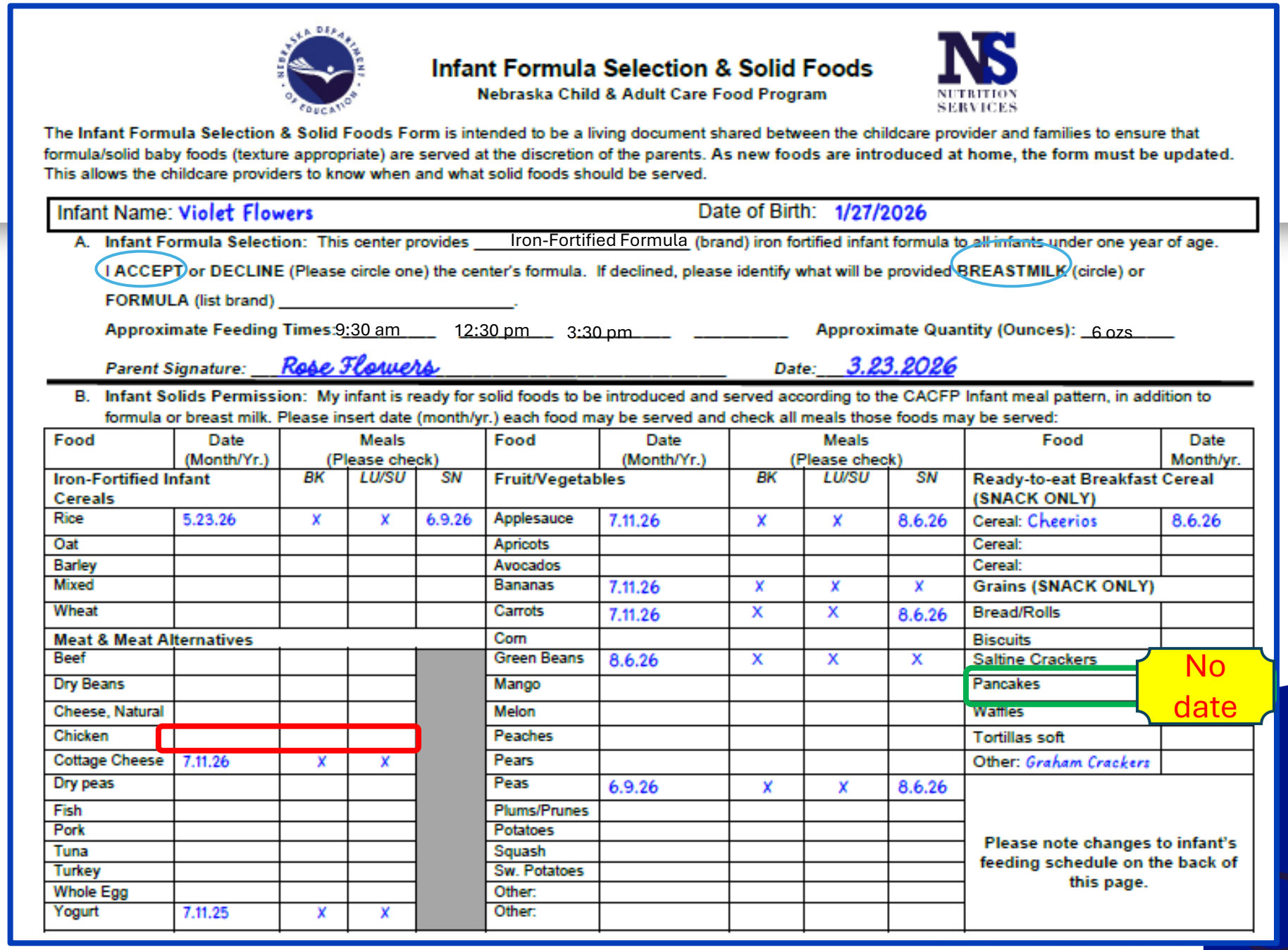
Please note changes to infant's feeding schedule on the back of this page.

Revised March 2023

FY2027 Infant Meal Pattern

Chicken: No, only meat/meat alternate is yogurt and cottage cheese.
Creditable only at breakfast/lunch/ supper meals.

Pancakes – Yes
Creditable only at snack time.



Infant Formula Selection & Solid Foods

Nebraska Child & Adult Care Food Program

NUTRITION SERVICES

The **Infant Formula Selection & Solid Foods Form** is intended to be a living document shared between the childcare provider and families to ensure that formula/solid baby foods (texture appropriate) are served at the discretion of the parents. As new foods are introduced at home, the form must be updated. This allows the childcare providers to know when and what solid foods should be served.

Infant Name: Violet Flowers Date of Birth: 1/27/2026

A. **Infant Formula Selection:** This center provides Iron-Fortified Formula (brand) iron fortified infant formula to all infants under one year of age.

I ACCEPT or DECLINE (Please circle one) the center's formula. If declined, please identify what will be provided BREASTMILK (circle) or FORMULA (list brand) _____.

Approximate Feeding Times: 9:30 am ___ 12:30 pm ___ 3:30 pm ___ _____ Approximate Quantity (Ounces): 6 ozs

Parent Signature: Rose Flowers *Date:* 3.23.2026

B. **Infant Solids Permission:** My infant is ready for solid foods to be introduced and served according to the CACFP Infant meal pattern, in addition to formula or breast milk. Please insert date (month/yr.) each food may be served and check all meals those foods may be served:

Food	Date (Month/Yr.)	Meals (Please check) BK	LU/SU	SN	Food	Date (Month/Yr.)	Meals (Please check) BK	LU/SU	SN	Food	Date Month/yr.
Iron-Fortified Infant Cereals					**Fruit/Vegetables**					**Ready-to-eat Breakfast Cereal (SNACK ONLY)**	
Rice	5.23.26	X	X	6.9.26	Applesauce	7.11.26	X	X	8.6.26	Cereal: Cheerios	8.6.26
Oat					Apricots					Cereal:	
Barley					Avocados					Cereal:	
Mixed					Bananas	7.11.26	X	X	X	**Grains (SNACK ONLY)**	
Wheat					Carrots	7.11.26	X	X	8.6.26	Bread/Rolls	
Meat & Meat Alternatives					Corn					Biscuits	
Beef					Green Beans	8.6.26	X	X	X	Saltine Crackers	
Dry Beans					Mango					Pancakes	
Cheese, Natural					Melon					Waffles	
Chicken					Peaches					Tortillas soft	
Cottage Cheese	7.11.26	X	X		Pears					Other: Graham Crackers	
Dry peas					Peas	6.9.26	X	X	8.6.26		
Fish					Plums/Prunes						
Pork					Potatoes						
Tuna					Squash						
Turkey					Sw. Potatoes						
Whole Egg					Other:						
Yogurt	7.11.25	X	X		Other:						

No date

Please note changes to infant's feeding schedule on the back of this page.

INFANT CACFP RECORDS

Infant Production Records

Daily

DAILY INFANT MEAL RECORDS:
Multiple Infants – Breakfast, AM Snack, Lunch, PM Snack
**All food components are required when infant is developmentally ready.*

Month/Day/Year: _____ Site: _____

Common Abbreviations: B.M. = Breast milk; F = Formula; Rice = "Rice" Cereal; Oat = "Oatmeal" Cereal; Mixed = "Mixed" Cereal; Infants fed on-site by breastfeeding mothers = B.M. by mom		BREAKFAST			AM SNACK			LUNCH			
Last Name, First Name & Date of Birth	Meal Benefit Category	4-6 Fl. Oz (0-5 months) or 6-8 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0 – ½ oz eq Infant Cereal and/or 0-4 Tbsp Meat/ meat alternate[2]	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 2-4 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0-1/2 oz eq Infant Cereal Or Bread or 0 – ¼ oz eq Crackers or Ready-to-eat Breakfast Cereal	0-2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) or 6-8 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0 – ½ oz eq Infant Cereal and/or 0-4 Tbsp Meat/ meat alternate[2]	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 2-4 Fl. Oz (6-11 months) Breast Milk[1] or Formula

[1] Breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered breastmilk offered at a later time if the infant will consume more. [2] Meats include beef, pork, fish poultry, whole egg (0-4 Tbsp.). Meat alternates include cooked dry beans cheese (0-2 ounces), cottage cheese (0-4 ounces), or Yogurt (0-4 ounces or ½ cup).

This form must be used in combination with a point-of-service meal count sheet, i.e., the blue and white Record of Meals and Supplement S

Nebraska Department of Education – Nutrition Services

Weekly

WEEKLY MEAL RECORD
Individual Infant – Breakfast, Lunch and PM Snack
**All food components are required when infant is developmentally ready*

Common Abbreviations: B.M. = Breast milk; F = Formula; Rice = "Rice" Cereal; Oat = "Oatmeal" Cereal; Mixed = "Mixed" Cereal; Infants fed on-site by breastfeeding mothers = B.M. by mom

Child's Name: _____ Date of Birth: _____
Site: _____ Meal Benefit Category: _____

Month, Day, Year		BREAKFAST			LUNCH			PM SNACK		
		4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0 – ½ oz eq. Infant Cereal &/or 0-4 Tbsp Meat/meat alternate[2]	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0 – ½ oz eq. Infant Cereal &/or 0-4 Tbsp Meat/meat alternate[2]	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 2-4 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0-1/2 oz eq Infant Cereal/ or Bread or 0 – ¼ oz eq Crackers or Ready-to-eat Breakfast Cereal	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both
	Monday									
	Tuesday									
	Wednesday									
	Thursday									
	Friday									

[1] Breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered at a later time if the infant will consume more.
[2] Meats include beef, pork, fish poultry, whole egg (0-4 Tbsp.). Meat alternates include cooked dry beans or dry peas (0-4 Tbsp.), cheese (0-2 ounces), cottage cheese (0-4 ounces), or Yogurt (0-4 ounces or ½ cup).

This form must be used in combination with a point-of-service meal count sheet, i.e., the blue and white Record of Meals and Supplement Served form.

Nebraska Department of Education – Nutrition Services Revised July 2021

Handout

INFANT CACFP RECORDS

Infant Production Records – Completed at time of meal prep

- Basic information
  - First & Last Name
  - Date of Birth
  - Meal Benefit Category (claim code)
  - Dates (Month/Day/Year)

- Formula/Breastmilk & Solid Food quantities prepared
  - 6 oz Formula or Breastmilk
  - ½ oz Rice Cereal, 2 T Beef etc.
  - 2 T Peaches; 3 T Peas; 1 ½ T Applesauce etc.
  - ¼ oz Goldfish crackers; ½ oz saltine crackers, etc.

INFANT CACFP RECORDS

- **Specify foods and their quantities**

  (Combination foods – identify specific food component)

- **Use abbreviations to save time**

Common Abbreviations:
B.M. = Breast milk
F = Formula
Rice = "Rice" Cereal
Oat = "Oatmeal" Cereal
Mixed = "Mixed" Cereal
Infants fed on-site by breastfeeding mothers = B.M. by mom

WEEKLY MEAL RECORD
Individual Infant – Breakfast, Lunch and PM Snack
**All food components are required when infant is developmentally ready*

Child's Name: Thayer, John Date of Birth: 3/7/26
Site: Hokey Hideaway Meal Benefit Category: A

Month, Day, Year		BREAKFAST			LUNCH			PM SNACK		
		4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0 – ½ oz eq. Infant Cereal &/or 0-4 Tbsp Meat/meat alternate[2]	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0 – ½ oz eq. Infant Cereal &/or 0-4 Tbsp Meat/meat alternate[2]	0– 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 2-4 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0-1/2 oz eq Infant Cereal/ or Bread or 0 – ¾ oz eq Crackers or Ready-to-eat Breakfast Cereal	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both
8/7/26	Monday	6 oz. F	½ oz Rice	2 T Pears	BM by mom	2 T Beef	2 T Peas	4 oz. BM	½ oz Cheerios	2 T Pumpkin
8/8/26	Tuesday	6 oz. F	½ oz Rice	2 T Squash	6 oz. F	3 T Chicken	2 T Carrots	4 oz. BM	½ oz Saltine Crackers	2 T Mangos

Sample – Handout

INFANT CACFP RECORDS

Infant meal counts **must** be supported with a complete infant production record for **each** infant.

WEEKLY MEAL RECORD
Individual Infant – Breakfast, Lunch and PM Snack
**All food components are required when infant is developmentally ready*

Child's Name: Thayer, John
Site: Hokey Hideaway
Date of Birth: 2/7/2026
Meal Benefit Category: A

Month, Day, Year		BREAKFAST			LUNCH					
		4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0 – ½ oz eq. Infant Cereal &/or 0-4 Tbsp Meat/meat alternate[2]	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0 – ½ oz eq. Infant Cereal &/or 0-4 Tbsp Meat/meat alternate[2]	0– 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 2-4 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0-1/2 oz eq Infant Cereal/ or Bread or 0 – ¾ oz eq Crackers or Ready-to-eat Breakfast Cereal	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both
8/7/26	Monday	6 oz. F	½ oz Rice	2 T Pears	BM by mom	2 T Beef	2 T Peas			
	Tuesday									

CACFP Meal Counts		Monday						Date:												7-May-21		
		BR			SN-AM			LU			SN-PM			SU			SN-EV					
Last Name, First Name	Code	A	B	C	A	B	C	A	B	C	A	B	C	A	B	C	A	B	C			
Thayer, John	A	X								X												

FY2026 Infant Meal Pattern

FY2027 Infant Meal Pattern

TEST YOUR KNOWLEDGE

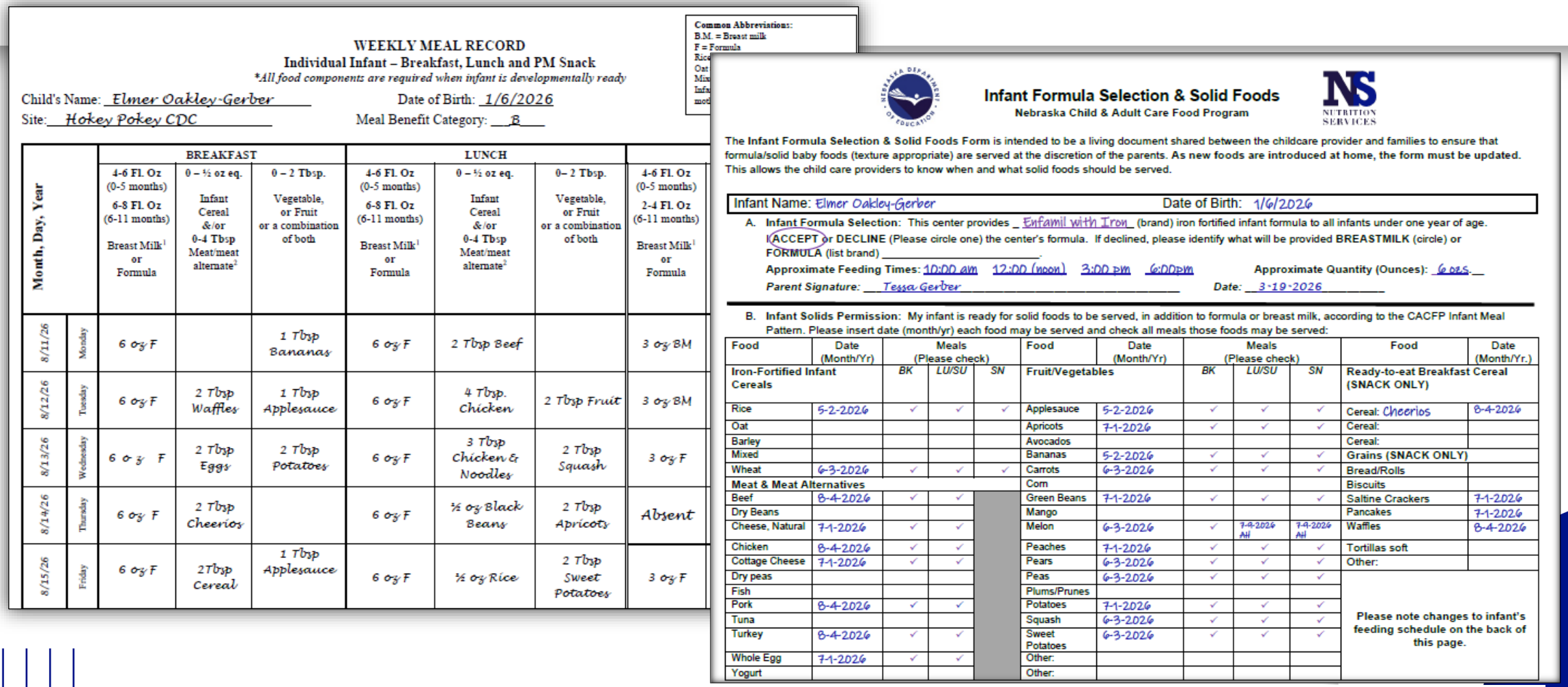
Infant Production Record vs Infant Solid Permission Form

<u>Review each meal to determine –</u>

- Was the infant meal pattern met – is the meal eligible for reimbursement?
  - Is the documentation complete?
  - Are the foods creditable for an infant?
- Were the foods and meals served according to the instructions provided by the parent/guardian?

Activity Handout

TEST YOUR KNOWLEDGE



WEEKLY MEAL RECORD
Individual Infant – Breakfast, Lunch and PM Snack
**All food components are required when infant is developmentally ready*

Common Abbreviations:
B.M. = Breast milk
F = Formula

Child's Name: Elmer Oakley-Gerber Date of Birth: 1/6/2026
Site: Hokey Pokey CDC Meal Benefit Category: B

Month, Day, Year		BREAKFAST			LUNCH			
		4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0 – ½ oz eq. Infant Cereal &/or 0-4 Tbsp Meat/meat alternate[2]	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0 – ½ oz eq. Infant Cereal &/or 0-4 Tbsp Meat/meat alternate[2]	0– 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 2-4 Fl. Oz (6-11 months) Breast Milk[1] or Formula
8/11/26	Monday	6 oz F		1 Tbsp Bananas	6 oz F	2 Tbsp Beef		3 oz BM
8/12/26	Tuesday	6 oz F	2 Tbsp Waffles	1 Tbsp Applesauce	6 oz F	4 Tbsp. Chicken	2 Tbsp Fruit	3 oz BM
8/13/26	Wednesday	6 o z F	2 Tbsp Eggs	2 Tbsp Potatoes	6 oz F	3 Tbsp Chicken & Noodles	2 Tbsp Squash	3 oz F
8/14/26	Thursday	6 oz F	2 Tbsp Cheerios		6 oz F	½ oz Black Beans	2 Tbsp Apricots	Absent
8/15/26	Friday	6 oz F	2Tbsp Cereal	1 Tbsp Applesauce	6 oz F	½ oz Rice	2 Tbsp Sweet Potatoes	3 oz F

Infant Formula Selection & Solid Foods
Nebraska Child & Adult Care Food Program

The **Infant Formula Selection & Solid Foods Form** is intended to be a living document shared between the childcare provider and families to ensure that formula/solid baby foods (texture appropriate) are served at the discretion of the parents. As new foods are introduced at home, the form must be updated. This allows the child care providers to know when and what solid foods should be served.

Infant Name: Elmer Oakley-Gerber Date of Birth: 1/6/2026

A. **Infant Formula Selection:** This center provides Enfamil with Iron (brand) iron fortified infant formula to all infants under one year of age. I **ACCEPT** or **DECLINE** (Please circle one) the center's formula. If declined, please identify what will be provided **BREASTMILK** (circle) or **FORMULA** (list brand) _____.
Approximate Feeding Times: 10:00 am 12:00 (noon) 3:00 pm 6:00pm **Approximate Quantity (Ounces):** 6 ozs.
Parent Signature: Tessa Gerber *Date:* 3-19-2026

B. **Infant Solids Permission:** My infant is ready for solid foods to be served, in addition to formula or breast milk, according to the CACFP Infant Meal Pattern. Please insert date (month/yr) each food may be served and check all meals those foods may be served:

Food	Date (Month/Yr)	Meals (Please check) BK	LU/SU	SN	Food	Date (Month/Yr)	Meals (Please check) BK	LU/SU	SN	Food	Date (Month/Yr.)
Iron-Fortified Infant Cereals					**Fruit/Vegetables**					**Ready-to-eat Breakfast Cereal (SNACK ONLY)**	
Rice	5-2-2026	✓	✓	✓	Applesauce	5-2-2026	✓	✓	✓	Cereal: Cheerios	8-4-2026
Oat					Apricots	7-1-2026	✓	✓	✓	Cereal:	
Barley					Avocados					Cereal:	
Mixed					Bananas	5-2-2026	✓	✓	✓	**Grains (SNACK ONLY)**	
Wheat	6-3-2026	✓	✓	✓	Carrots	6-3-2026	✓	✓	✓	Bread/Rolls	
Meat & Meat Alternatives					Corn					Biscuits	
Beef	8-4-2026	✓	✓		Green Beans	7-1-2026	✓	✓	✓	Saltine Crackers	7-1-2026
Dry Beans					Mango					Pancakes	7-1-2026
Cheese, Natural	7-1-2026	✓	✓		Melon	6-3-2026	✓	7-4-2026 AH	7-4-2026 AH	Waffles	8-4-2026
Chicken	8-4-2026	✓	✓		Peaches	7-1-2026	✓	✓	✓	Tortillas soft	
Cottage Cheese	7-1-2026	✓	✓		Pears	6-3-2026	✓	✓	✓	Other:	
Dry peas					Peas	6-3-2026	✓	✓	✓		
Fish					Plums/Prunes						
Pork	8-4-2026	✓	✓		Potatoes	7-1-2026	✓	✓	✓		
Tuna					Squash	6-3-2026	✓	✓	✓		
Turkey	8-4-2026	✓	✓		Sweet Potatoes	6-3-2026	✓	✓	✓		
Whole Egg	7-1-2026	✓	✓		Other:						
Yogurt					Other:						

Please note changes to infant's feeding schedule on the back of this page.

FY2027 Infant Meal Pattern

Activity Handout

NEBRASKA DEPARTMENT OF EDUCATION

TEST YOUR KNOWLEDGE

WEEKLY MEAL RECORD
Individual Infant – Breakfast, Lunch and PM Snack
**All food components are required when infant is developmentally ready*

Common Abbreviations:
B.M. = Breast milk
F = Formula
Rice = "Rice" Cereal
Oat = "Oatmeal" Cereal
Mixed = "Mixed" Cereal
Infants fed on-site by breastfeeding mothers = B.M. by mom

Child's Name: Elmer Oakley-Gerber Date of Birth: 1/6/2026
Site: Hokey Pokey CDC Meal Benefit Category: B

Month, Day, Year		BREAKFAST			LUNCH			PM SNACK		
		4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0 – ½ oz eq. Infant Cereal &/or 0-4 Tbsp Meat/meat alternate[2]	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0 – ½ oz eq. Infant Cereal &/or 0-4 Tbsp Meat/meat alternate[2]	0– 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 2-4 Fl. Oz (6-11 months) Breast Milk[1] or Formula	0-1/2 oz eq Infant Cereal/ or Bread or 0 – ¼ oz eq Crackers or Ready-to-eat Breakfast Cereal	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both
8/11/26	Monday	6 oz F		1 Tbsp Bananas	6 oz F	2 Tbsp Beef		3 oz BM		2 Tbsp Peas
8/12/26	Tuesday	6 oz F	[illegible] Tbsp Wa[illegible]	1 Tbsp Applesauce	6 oz F	4 Tbsp. Chicken	2 Tbsp Fruit	3 oz BM	[illegible] Tbsp. Yogu[illegible]	2 Tbsp Peaches
8/13/26	Wednesday	6 o z F	2 Tbsp Eggs	2 Tbsp Potatoes	6 oz F	3 Tbsp Chicken & Noodles	2 Tbsp Squash	3 oz F	¼ oz Graham Crackers	2 Tbsp Mangos
8/14/26	Thursday	6 oz F	[illegible] Tbsp Chee[illegible]		6 oz F	½ oz Black Beans	2 Tbsp Apricots	Absent	→	
8/15/26	Friday	6 oz F	2Tbsp Cereal	1 Tbsp Applesauce	6 oz F	½ oz Rice	2 Tbsp Sweet Potatoes	3 oz F	¼ oz Fish Crackers	

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TEST YOUR KNOWLEDGE

When are infant production records to be completed?

A. End of the week

B. End of the day

C. When preparing the meal

D. After the meal has been recorded onto the meal count record



TEST YOUR KNOWLEDGE

When are meal counts to be completed in the infant room?

A. End of the week

B. End of the day

C. Once parents have picked up the child for the day

D. After all required meal components have been served and recorded onto the Infant Production Record





CACFP Team Contact Information – Located in Resource Packet

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Training Feedback

Thank you for participating in today's training session.

Watch for email from Jenna Hilligoss following training with a link to an online survey.

Please provide your feedback on improving this CACFP training session.

Participants will receive a separate survey link for each training session.

Zoom Training Certificates

Will be issued to the email provided on the registration.



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