

Nebraska School Safety

Approved Annual School Trainings for Behavioral/Mental Health and Suicide Awareness/Prevention

Update for 2025-26



Nebraska LB 705 - §79-2 146 (Effective beginning the 2023-24 school year)

- School districts must provide at least one hour of behavioral and mental health training with a focus on suicide awareness and prevention each year for **any** school staff member who has contact with students.
- The school district superintendent is responsible for the selection of the annual training.

* indicates there may be a fee with training.

Applied Suicide Intervention Skills Training (ASIST)

- Intensive 2 day, in-person interactive, and practice-dominated course.
- Designed to help recognize and review risk, and intervene to prevent the immediate risk of suicide.
- * • A fee may be charged for the training.



Building a Suicide-Safe School Community

- Offers free online interactive training designed for faculty and staff at all levels within schools.
- Equips staff for proactive prevention, intervention, and postvention.
- Allows choice of 3 different training module options.



Hazelden Lifelines Prevention Staff Training

- This staff training component is part of the Hazelden Lifelines Prevention program, along with student curriculum and parent training modules.
- Training is presented in-person by the school's designated staff.
- Manual includes slides for the presentation, with NDE PowerPoint available.



Making Educators Partners in Youth Suicide Prevention

- One-hour, free online training program designed in a series of modules with videos and interactive activities.
- Educators are taught their responsibilities for identifying and referring potentially suicidal youth.
- Includes links to extensive supplemental resources.



Question, Persuade, Refer (QPR)

- QPR is approved through in-person or online trainings.
- The training is a 1-2 hour education program designed to teach personnel the warning signs of a suicide crisis and how to respond. Free in-person training may be available through trained facilitators with your Behavioral Health Regions or ESU; contact them for details.



Youth Mental Health First Aid

- One day training through in-person or blended model.
- Focus on understanding and responding to mental health challenges including suicidal ideation among children and adolescents ages 12-18.
- * • May require training fee depending on the training facilitator.



Youth Suicide: Awareness, Prevention and Postvention

- Jason Flatt Act - Nebraska through Safe Schools
- Online training offered free for districts enrolled in Safe Schools (Vector Solutions), or districts can utilize direct bill for payment.
- Interactive training overviewing prevention, intervention and postvention procedures.



SOS (Signs of Suicide) for School Staff

- One hour, self-guided online training that teaches staff how to identify and support students and co-workers through the ACT (Acknowledge, Care, Tell) framework with video and interactive experiences.
- This training may be especially valuable for schools who are also utilizing the SOS curriculum.
- * • Districts responsible for the annual fee for training.



Erika's Lighthouse Staff Training: Depression and Suicide

- One-hour, free online training program with 3 sections: understanding suicide and depression, ways to extend help to students, and intervening in a crisis.
- Erika's Lighthouse also offers free training programs and resources for school staff to use in educating students grades 4-12, parents, and community that could be used in conjunction with the staff training.

