




Nebraska School Nursing Snapshot

Data from the School Nurse Data Project, 2023-2024 School Year


The Children's Nebraska School Health Program and Nebraska School Nurses Association teamed up to collect data from school nurses. Chronic conditions and health office visits were counted by using the National Association of School Nurses Uniform Data Points in an online survey open from May to October 2024. Nurses from 38 districts provided data, representing over 117,000 of Nebraska's 365,467 students. Here are the results and what they mean for our state.

Chronic Conditions: Prevalence and How School Nurses Help




8.4%

Students with Asthma
Estimated 30,000 Statewide


Asthma 

School nurses educate students on how and when to use their inhalers correctly to manage their symptoms and keep them in class. They administer life-saving medication in the event of acute asthma attacks. Research shows students with asthma in schools staffed with full-time nurses experience better symptom management and fewer absences.




0.3%

Students with Diabetes
(Type 1 or Type 2)
Estimated 1,100 Statewide


Diabetes 

The number of youth with Type 1 and Type 2 diabetes is rising. Caring for students with diabetes requires the school to act as a team. School nurses educate staff on recognizing when students with diabetes need immediate care, as well as providing direct services to students.




3.6%

Students with Life-Threatening Allergies
Estimated 13,000 Statewide


Allergies 

Allergies can be a life-threatening condition, so it is imperative that all school staff are trained to recognize symptoms and provide a quick response. School nurses train staff on how to implement Rule 59 to potentially save the lives of students and staff during anaphylactic emergencies.






0.8%

Students with Seizure Disorder
Estimated 2,900 Statewide

Seizures 


Students with epilepsy can have specific triggers and symptoms. School nurses educate students with epilepsy on avoiding triggers and managing their condition with medication to prevent seizures. School nurses administer emergency seizure medication to students and ensure compliance in the Seizure Safe Schools Act.

Health Office Visits: Number of visits and outcomes by role


<div><div>Back to Class</div></div>			<div><div>Sent Home</div></div>		<div><div>911 called</div></div>	
Number of health office visits resulting in the student returning to the classroom			Number of visits where the student was sent home sick		Number of visits resulting in a 911 call to emergency services	
	Number	Percentage	Number	Percentage	Number	Percentage
RNs	295,853	90%	34,446	10%	283	.08%
LPNs	8,116	91%	847	9%	3	.01%
Health Aides	2,983	74%	1,029	26%	1	.03%

School Nurses kept students in school (sent back to class) more often than health assistants, decreasing absenteeism.

Estimated number of school nurse visits for Nebraska students in the 2023-2024 school year:
1,231,624!



Average number of school nurse visits per student: **3.37**



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NSNA

NEBRASKA SCHOOL NURSES ASSOCIATION

NEBRASKA DEPARTMENT OF EDUCATION

Children's NEBRASKA