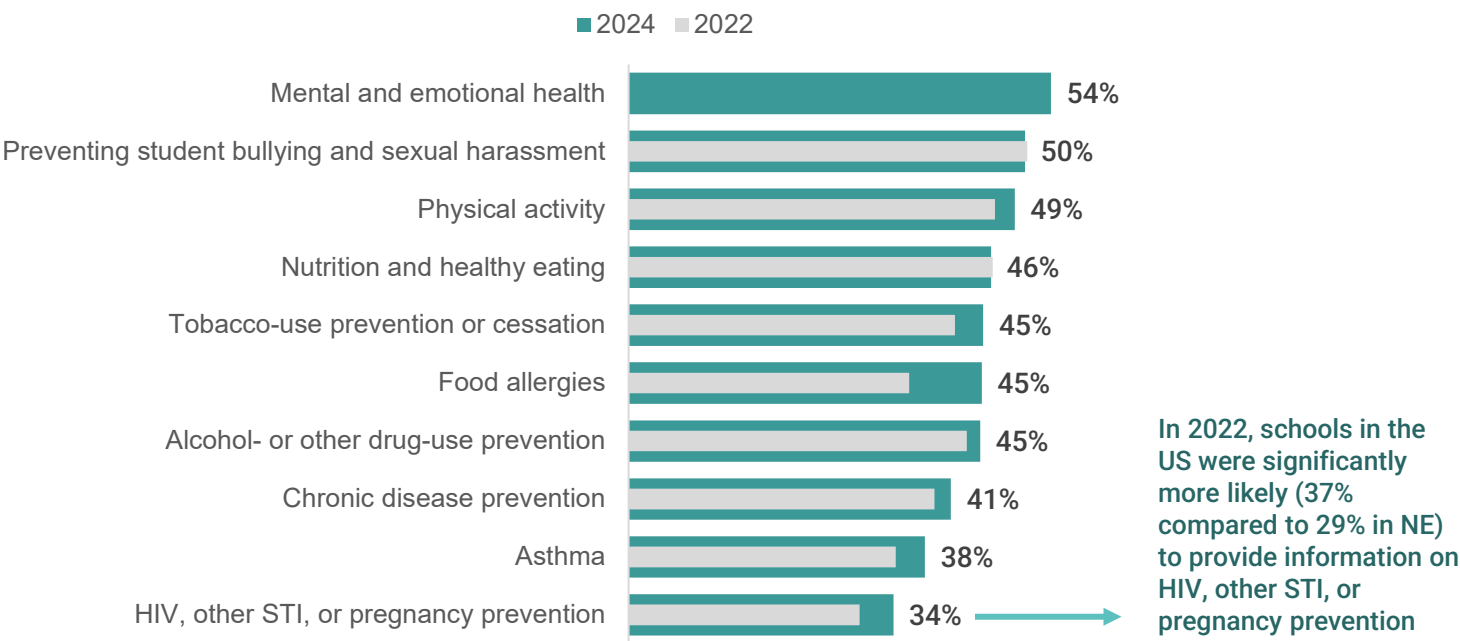


HEALTH INFORMATION FOR FAMILIES

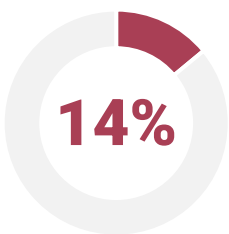
What lead health education teachers reported...¹

Overall trends show slightly more schools in Nebraska provided parents and families with health information designed to increase parent and family knowledge in 2024 than in 2022; more than half provide information on mental and emotional health in 2024



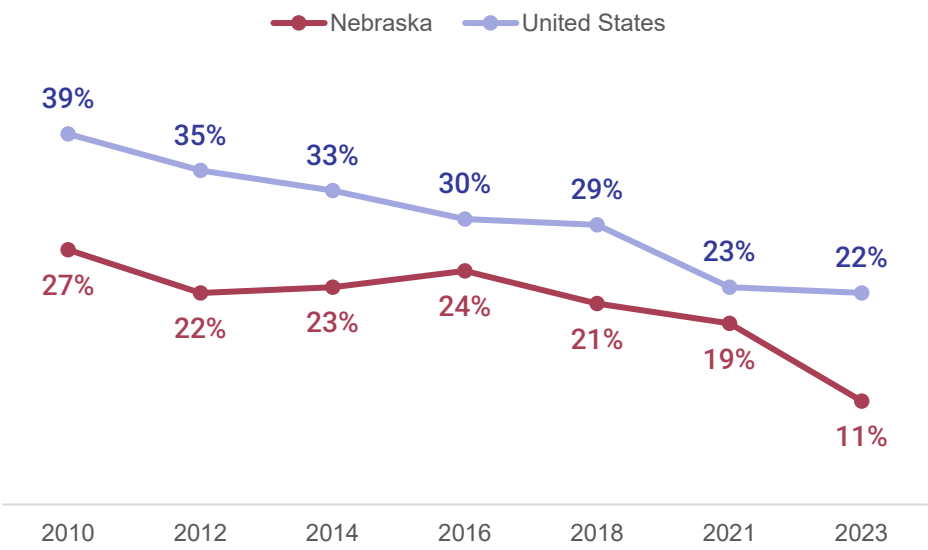
What students reported...²

Nebraska students report significantly lower marijuana use than U.S. average



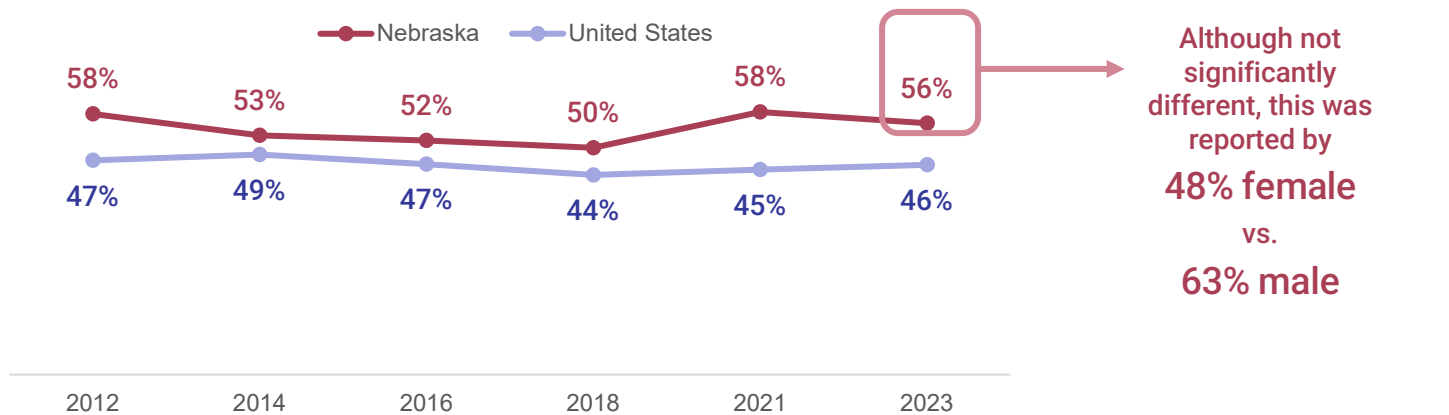
of Nebraska students reported in 2023 ever using marijuana – less than half the national rate

Since 2003, there has been a significant decrease in the number of high school students who report having at least one drink of alcohol in the past 30 days

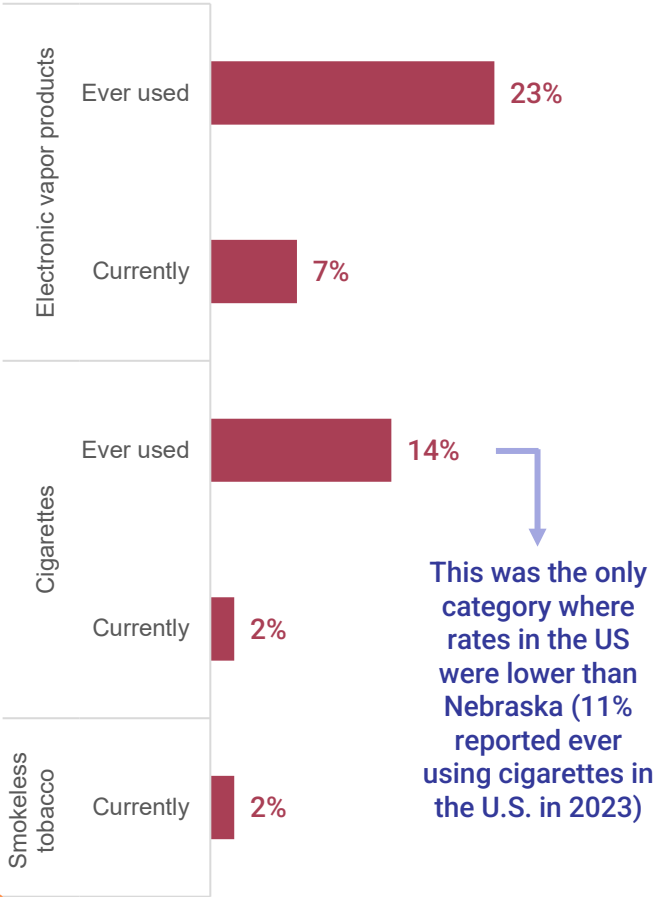


HEALTH INFORMATION FOR FAMILIES

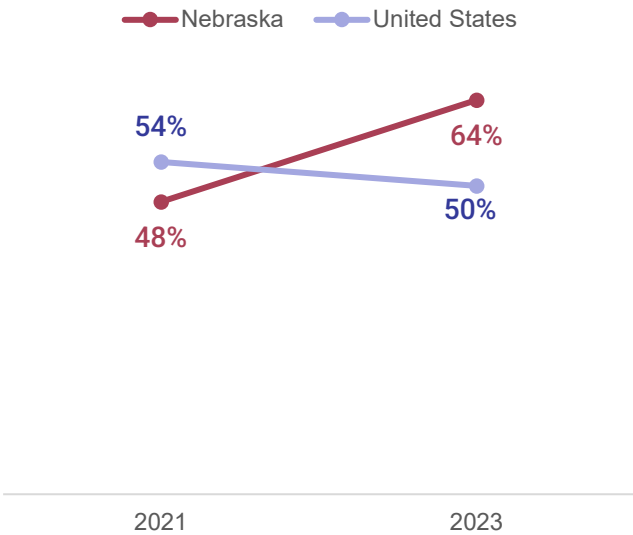
Nebraska students have had a consistently higher percentage of high school students being physically active at least 60 minutes per day on 5 or more days



In 2023, about one in four high school students **in Nebraska** had ever used an electronic vapor product



Nebraska students showed an increasing (though not significant) trend in quitting all tobacco products, opposite the national decline



**All tobacco products include cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, pipe tobacco, heated tobacco products, or nicotine pouches*



¹ Data from the Nebraska 2022 and 2024 School Health Profiles Lead Health Education Teacher data (2022 n=168, 2024 n=156). *Funded by the CDC cooperative agreement, "Promote Adolescent Health through the School-Based HIV/STD Prevention and School-Based Surveillance"*