



# BROCCOLI TRIVIA

True or False: Calabrese broccoli, named after the Italian region of Calabria, is the most common variety grown in Nebraska.

- A. True      B. False

ANSWER: A.

*Farm to School*  
NEBRASKA



# BROCCOLI TRIVIA

How long can broccoli be stored in the refrigerator to maintain its freshness and nutritional value?

- A. 1-2 days
- B. 2-3 days
- C. 3-5 days
- D. 5-8 days



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ANSWER: C.





# BROCCOLI TRIVIA

Which vitamin, abundantly found in broccoli, is essential for blood clotting and bone health?

- A. Vitamin A
- B. Vitamin C
- C. Vitamin E
- D. Vitamin K

ANSWER: D.

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# BROCCOLI TRIVIA

Broccoli is typically grown in the spring and fall in Nebraska due to its preference for cooler weather.

- A. True B. False



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ANSWER: A.