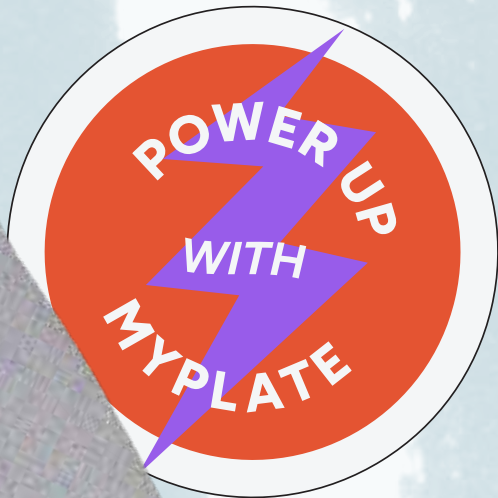


# Is it a test day?

## Hydrate, then celebrate.

Make sure you get enough to drink throughout the day -  
it can help you perform at your best. You got this!



I AM  
**nourished  
&  
knowing**

PEEL BELOW

