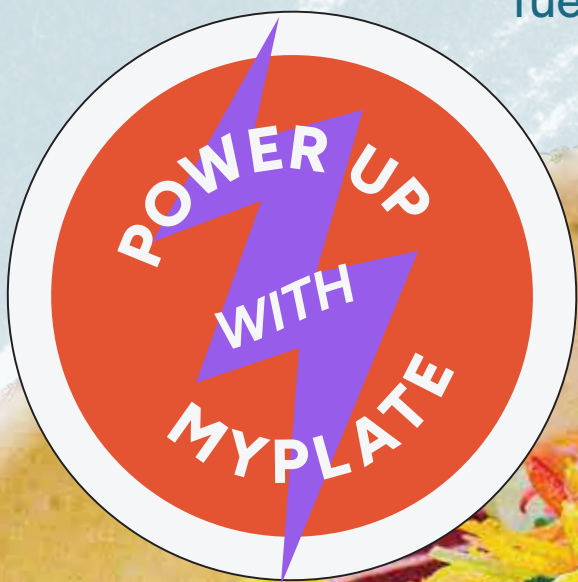


Experiencing brain fog?

Take a beat and eat.

A nutritious snack can help clear your mind and fuel your body to take on the next challenge.



I AM
**mindful
&
healthful**

PEEL HERE

