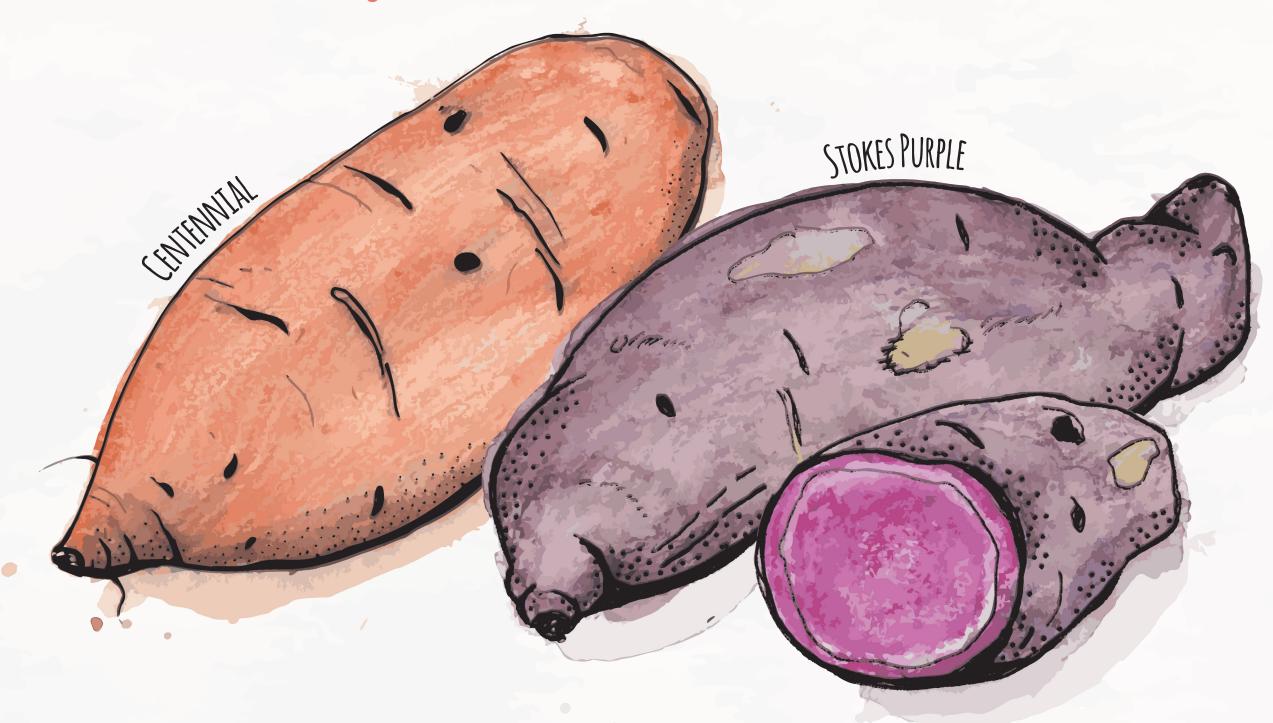
Harvest of the Month

SWEET POTATOES



DID YOU KNOW -

Sweet potatoes are an excellent source of vitamins A and C and the young, tender leaves of the sweet potato plant can be eaten.



DID YOU KNOW -

It is inaccurate to call a sweet potato a yam. True yams are native to Africa and can grow to be 100 pounds!

WHITE





