

LETTUCE TRIVIA

True or False: The name lettuce comes from “Lactuca” which means “dairy” in Latin. Ancient Romans gave it this name because when lettuce is cut or harvested a white liquid that looks like milk develops on the cut stem.

- A. True B. False

ANSWER: A.

Farm^{to}School
NEBRASKA



LETTUCE TRIVIA

There are hundreds of varieties (types) of lettuce grown around the world. One popular type in the United States is called _____ Lettuce. It got its unique name because in the 1900's it was shipped from California to the midwest and east coast in train cars filled with ice.

- A. Romaine
- B. Iceberg
- C. Butterhead
- D. Boston



Farm^{to}School
NEBRASKA



ANSWER: B.

LETTUCE TRIVIA

In Nebraska lettuce grows best when temperatures are cooler- below 75 degrees- and there is plenty of moisture (rain). The best season(s) to grow lettuce in are:

Hint: there may be more than one answer.

- A. Spring B. Summer C. Fall D. Winter

LETTUCE TRIVIA

Lettuce is one of the most popular vegetables in the United States. On average, an American adult consumes _____ pound(s) of lettuce per year.

- A. 1 B. 5 C. 25 D. 75

