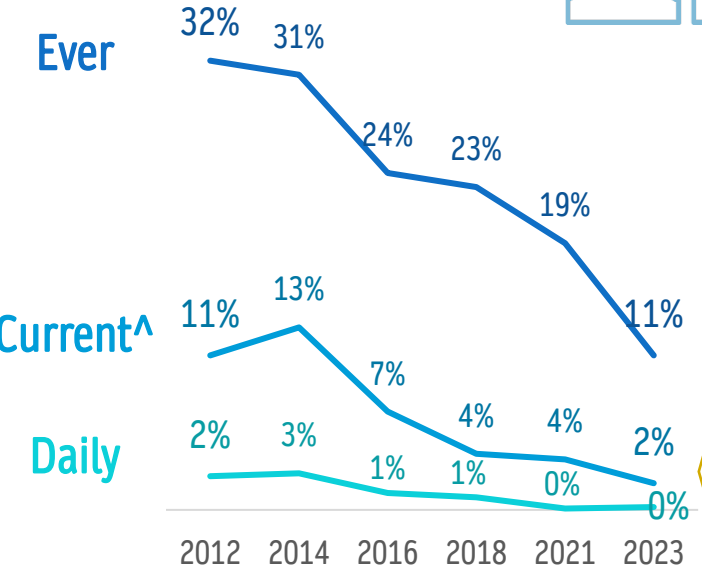


# TOBACCO USE

2023 Update

## High School Students in Nebraska

Cigarette use among Nebraska students continues to decline.



One in 25 Nebraska high school students (4%) first tried cigarette smoking (even 1-2 puffs) before the age of 13, the lowest % since 2016

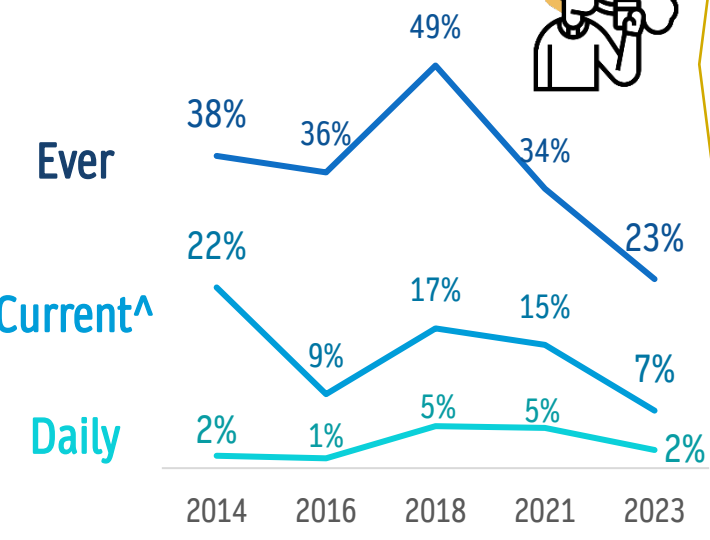


Nearly two-thirds of tobacco using students (64%) tried to quit using all tobacco in the past year.

This was more common for:

- Hispanic students (85% vs. 59% of non-Hispanic peers)
- those who were frequently sad (79% vs. 56% of happier students)
- girls (76% vs. 57% of boys)
- None of the heavy smokers reported being bullied vs. 8% of peers who smoked less.

Ever, current, and daily use of electronic vape products\* declined from 2021-2023



- Students who were teased for any reason were more likely than peers who were not teased to have ever tried vaping (34% vs. 16%).
- Students who had considered suicide were more likely than peers who had not considered it to have ever tried vaping (37% vs. 20%), use frequently (10% vs. 2%) or daily (9% vs. 1%).
- Students who felt unsafe on the way to or at school were more likely than peers who felt safer to report current (25% vs. 6%), frequent (15% vs. 2%), and daily (12% vs. 2%) use.

<sup>^</sup> Current use is defined as using in the past 30 days  
 \* The survey asked students about electronic vape products (such as JUUL, Vuse, NJOY, Puff Bar, blu, or Bidi Stick) that include e-cigarettes, vapes, mods, e-cigs, e-hookahs, or vape pens. First asking if they ever used an electronic vapor product, and then asking "During the past 30 days, on how many days did you use an electronic vapor product?"



Data from the Nebraska 2023 Youth Risk Behavior Survey (YRBS). Funded by CDC-PS18-1807, "Promoting Adolescent Health through School-Based HIV Prevention. Weighted n=99,363

See more Nebraska YRBS Results

