



2024-2025

School Mental Health Webinar Series

The Balanced Professional: Grounded Hope and Self-Awareness in the Workplace

Tuesday, September 10, 2024 at 4:00pm CST | Register [here](#)
Vern Davis-Showell, Ed.S; Certified School Psychologist

Hope is more than being optimistic and/or positive. For educators, having grounded hope is an opportunity to help their students and colleagues define situations clearly and work toward solutions. This presentation will help participants gain a clear understanding of what 'grounded hope' means and how it differs from optimism; consider self-awareness as an integral tool for decision making and problem solving; and create a personalized action plan integrating grounded hope into their professional lives for ongoing growth.

Just Like Music: Social Emotional Learning Inspired by Hip-Hop

Tuesday, October 8, 2024 at 4:00pm CST | Register [here](#)
David Spellmon

Hip Hop and Education? Once thought of as an odd pairing, but David Spellmon will challenge your view of the genre by showing how lyrics can be a catalyst for Social Emotional Learning and growth in English Language Arts.

Healing School Communities Through the Use of Therapy Animals

Tuesday, November 12, 2024 at 4:00pm CST | Register [here](#)
Liesel Hogan, MS, LIMHP and Julie Lord, MS, LIMHP

Sit, stay, heal. There has been increased attention recently on the use of animals in school communities and how their presence might help address the need for healing and hope without words. This presentation will outline the basics to getting a therapy dog certified for this type of work, potential barriers, and benefits to having therapy animals in the educational environment. Real world examples will be presented and participants will have an opportunity to interact with Yeti, a certified therapy dog who has worked in schools both in the therapy room and beyond.

Ally or Accomplice - How to Support Marginalized and Minoritized Students

Tuesday, February 11, 2024 at 4:00pm CST | Register [here](#)
Vern Davis-Showell, Ed.S; Certified School Psychologist

This presentation is designed to explore the critical roles of professionals who work with children in fostering an inclusive and supportive educational environment. Participants will delve into the nuances of supporting students of color, understanding the challenges they face, and gaining practical insights into becoming effective advocates. The presentation will provide an overview of key concepts and strategies to empower educators and other stakeholders in creating an equitable and welcoming learning space.

*All trainings will be recorded and housed on the NDE School Mental Health Webpage
education.ne.gov/csss/school-mental-health