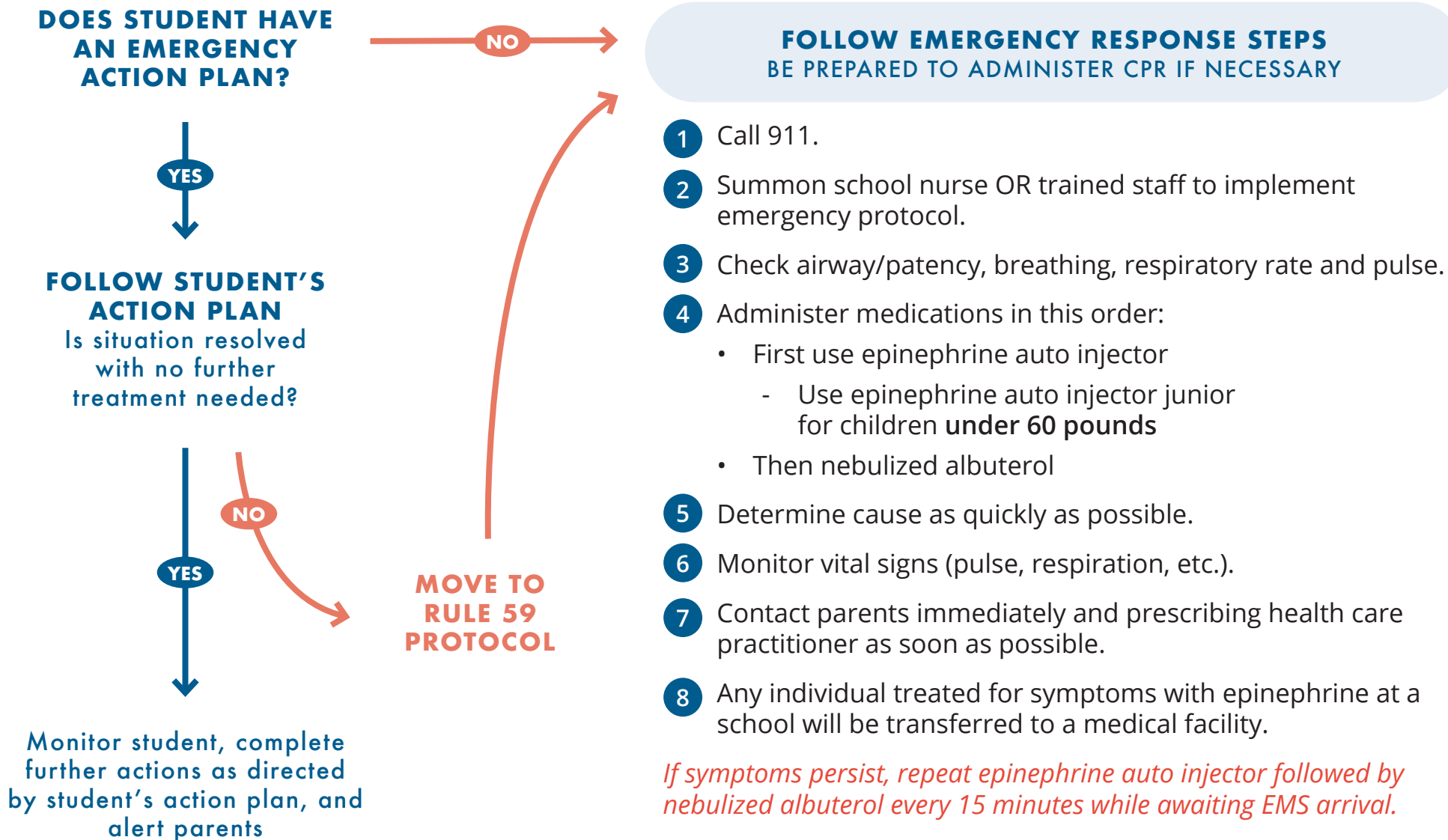


Nebraska Rule 59 Response To Life Threatening Asthma & Anaphylaxis

SKILLS CARD



Nebraska Rule 59 Response To Life Threatening Asthma & Anaphylaxis

SKILLS CARD

Treatment should be given when an individual is showing signs of distress and one or more of these symptoms are present:

DIFFICULTY BREATHING

**THROAT TIGHTNESS
(FEELING THROAT IS CLOSING)**

ONLY SPEAKING 1-2 WORDS

WHEEZING

FAST HEARTBEAT / PULSE

TROUBLE SWALLOWING

**CYANOSIS
(TURNING BLUE)**

HIVES / SKIN RASH / SWELLING

NAUSEA / VOMITING / DIARRHEA

PASSING OUT



AS A REMINDER

- Call 911 as soon as possible
- If student has a plan, start there then move to Rule 59 protocol as needed
- When in doubt, administer the protocol
- Don't forget to call parents
- Remember....epinephrine pens can be given through clothing
- Make sure to finish the protocol by giving nebulized albuterol after the epinephrine is administered