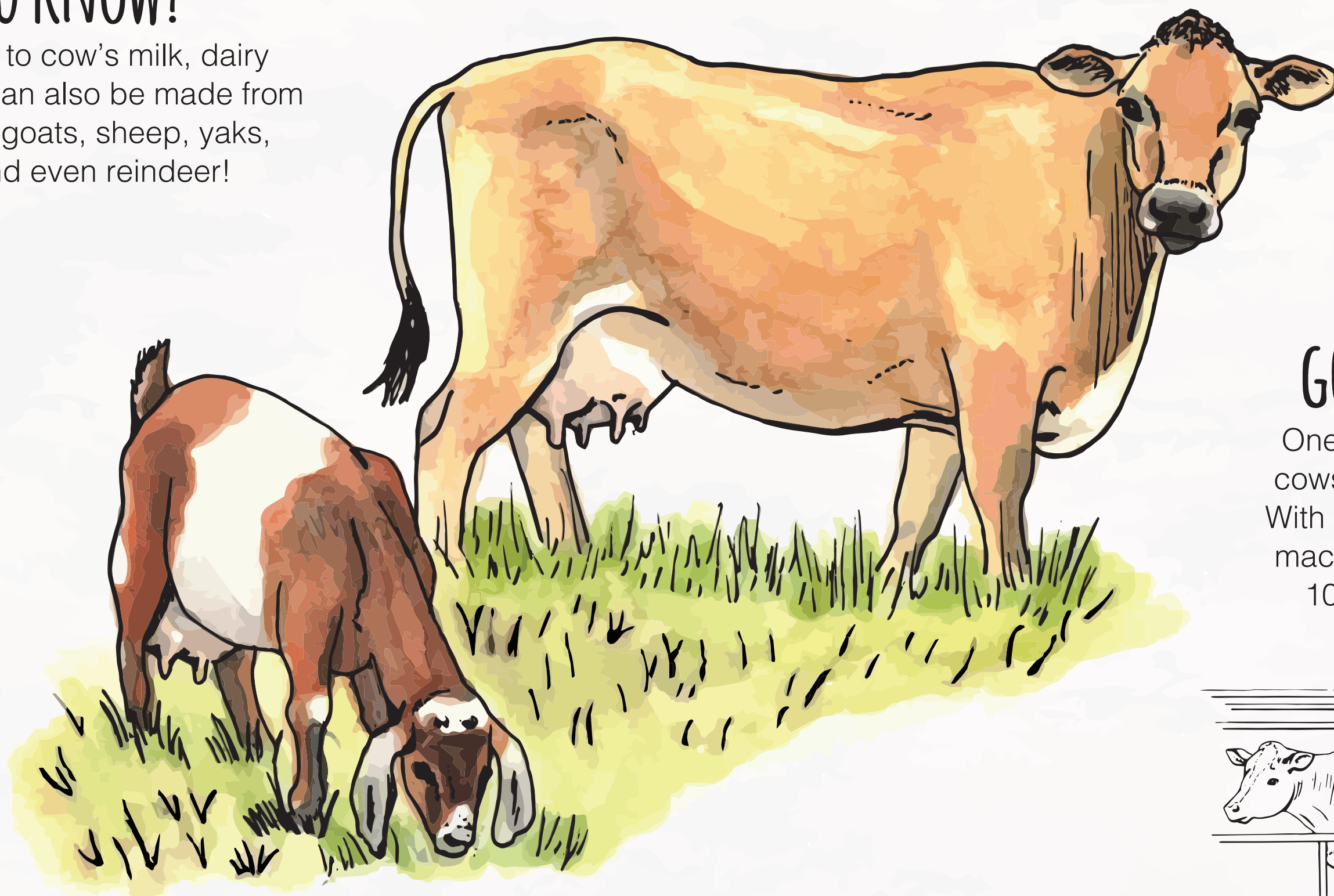


Harvest of the Month

DAIRY

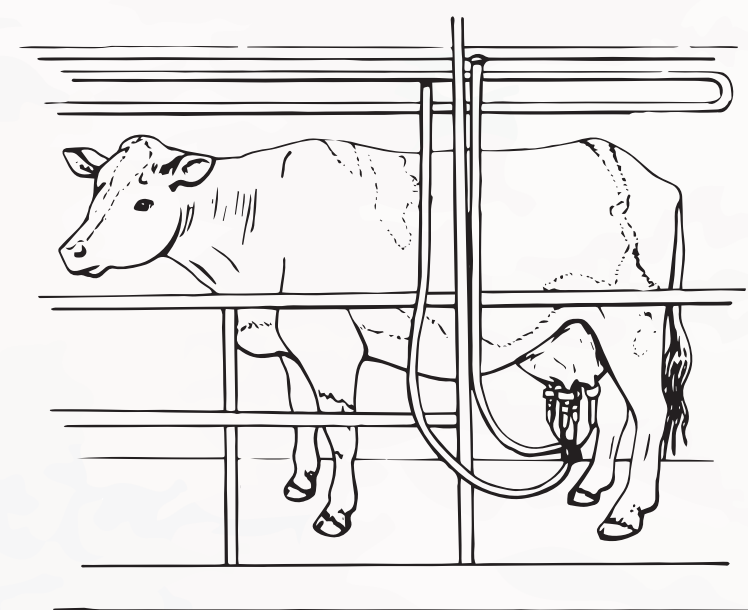
DID YOU KNOW? -

In addition to cow's milk, dairy products can also be made from the milk of goats, sheep, yaks, camels, and even reindeer!



GOT MILK? -

One person can milk 6 cows by hand per hour. With modern technology, machines can milk over 100 cows per hour.



SAY "CHEESE!" -

Cheese is great for your teeth! Research shows that eating cheese right after a meal or as a snack helps reduce tooth decay.



Farm to School
NEBRASKA