

# TITLE I PART C

**Education of Migratory Children** 



#### November 27, 2023

## BULLETIN



Now Hiring! Title IC Migrant Education Program Identification & Recruitment (ID&R) Coordinator

NEWS AND ANNOUNCEMENTS 💬 Comments Off

Educational Service Unit 9, Hastings, NE, is seeking a dynamic individual to create and revise training materials for Identification and Recruitment, as well as provide in-field training for recruiters. The ID&R Coordinator will work closely with local school districts, other educational agencies, migrant families and Agri-business employers in NE and nationally. The Coordinator will also oversee recruitment across the state.

#### The CAMP Advisor Position is Open at MCC

The CAMP Site Coordinator position has posted on the MCC website – and is now open for applicants! (In case you know anyone who might be interested)

https://www.mccnebjobs.com/postings/5029

Thanks for helping us spread the word!



#### South Dakota town embraces new immigrants vital to meat industry

As rural America sees its populations shrink, one town in South Dakota is embracing new communities, including Karen people, an ethnic minority from Myanmar. Home to Dakota Provisions - a turkey processing plant that produces 200 million pounds of turkey meat annually - Huron, South Dakota is being revitalized by Asian and Latino workers ... www.pbs.org

Click here to watch video





# Smith Diversity Scholarship Up to \$25,000 for Nebraska Grads

Lutheran Family Services is proud to offer a scholarship program for graduating high school students from underrepresented families facing financial barriers to higher education.

The **Coyner & Donna Smith Diversity Scholarship** begins accepting applications for 2023-2024 seniors on October 2, 2023.

- No fee to apply.
- No SAT or ACT requirement.
- No minimum GPA requirement.
- Renewable if criteria is met.
- Can be used at any college or trade school for any major.

## **AWARDING**

\$25,000 Scholarships for 4-year college/university

### \$12,500 Scholarships for 2-year trade school

# **Eligibility:**

- Must live in and be graduating from a Nebraska high school.
- Annual household income is less than \$65,000.
- Students of marginalized racial and ethnic groups encouraged to apply.

## Application Deadline January 28, 2024

in

**OneLFS.org** 

### For more information,

visit **www.OneLFS.org/sds** or contact **Elizabeth Eggers**, Scholarship and Annual Giving Specialist at elizabeth.eggers@OneLFS.org or (402) 978-5623

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# GROWING IN THE GOOD LIFE

Supporting Refugee and Immigrant Families with Young Children in Nebraska

# Listening Sessions: You're invited!

#### What's happening?

Listening sessions are being held to gather input from **service providers in Nebraska** who work with **newcomer refugee and immigrant families with children ages 0-8**.

#### Why?

We want all families to flourish in Nebraska! Your insights will inform research that aims to provide meaningful, culturally responsive support to immigrant and refugee parents navigating systems of early childhood education and development. With your help, we hope to **identify and understand the early childhood needs of families who are new to the U.S. to promote optimal outcomes**.

#### Who should attend?

Anyone in social services who works with immigrant and refugee populations in Nebraska, such as social workers, community navigators, mental health professionals, doctors and nurses, among others.

#### As a thank you...

- You will be gifted \$30 for your time!
- Breakfast will be provided to in-person participants.

#### When?

Three listening sessions will be held **Friday, Dec. 1**. You can join in person or via Zoom — whichever works best for you!

Location: 2200 Vine Street, Lincoln

- 8:00 8:45 a.m. CST
- 9:00 9:45 a.m. CST
- 10:00 10:45 a.m. CST

#### Who's involved?

Interdisciplinary researchers from:

- University of Nebraska–Lincoln
- University of Nebraska at Kearney
- University of Nebraska Medical Center
- University of Nebraska at Omaha



#### **Interested?**

Please complete the online registration form by **Nov. 29**. go.unl.edu/listeningsession

#### For more information, contact:

**Lorey Wheeler, Ph.D.** Director, Nebraska Academy for Methodology, Analytics and Psychometrics

lorey@unl.edu



The University of Nebraska does not discriminate based upon any protected status. Please see go.unl.edu/nondiscrimination. © 2023, Board of Regents of the University of Nebraska.

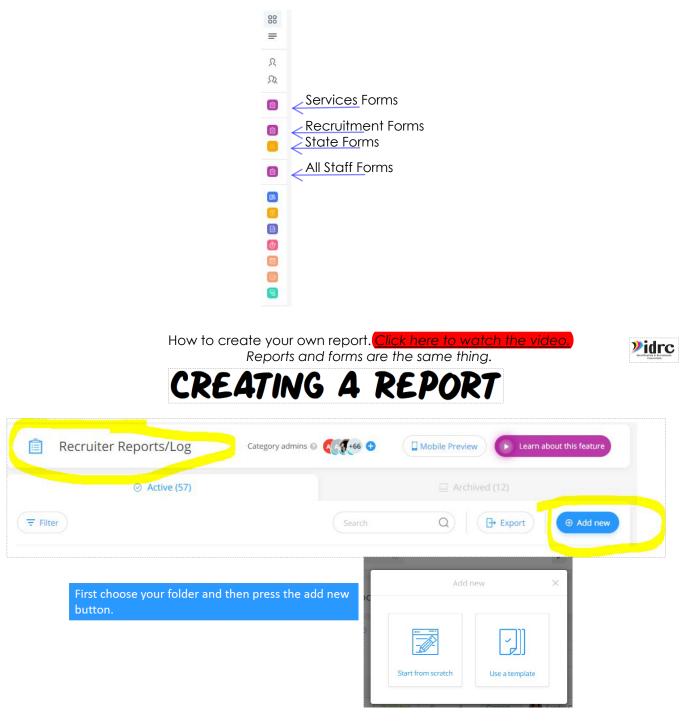


I'll be adding a few Connecteam lessons on each of the upcoming bulletins. These can be found on the IDRC Resources page as well.

IDRC Resources for Connecteam: <a href="https://www.idr-consortium.net/">https://www.idr-consortium.net/</a> Connecteam.html

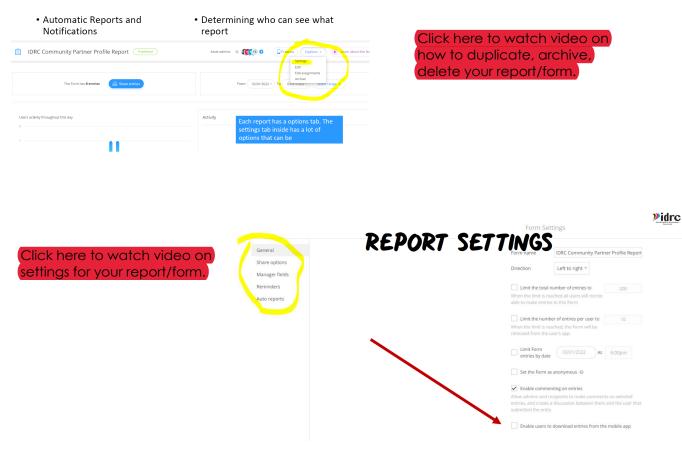
The following clips are from the training presentation from IDRC. We of course will be using the Nebraska MEP Connecteam account moving forward.

More information on forms/reports in Connecteam. Currently Nebraska MEP Connecteam has 4 folders with forms: Services, Recruitment, State and All Staff.



#### **REPORT SETTINGS**

**»idrc** 



<u>**»idrc</u>**</u>

#### **REPORT SETTINGS**

**Report Reminders** 



#### **REPORT SETTINGS**



# **Creating Healthy Minds Webinars**

The Nebraska Department of Education office of School Mental Health is proud to partner with Angee Stevens, LICSW and founder of Creating Healthy Minds LLC, to offer webinar series' for educators and families.

#### Setting Healthy Boundaries

Wednesday November 29th 3:30-4:30pm

The objective of this training is to empower school staff with the knowledge and skills to establish and maintain healthy boundaries in their professional roles. Participants will learn the importance of boundaries, how to identify boundary violations, and strategies to communicate and enforce boundaries effectively.

Register here.

**Exploring Mental Health Professional Roles in Students' Treatment Needs** Wednesday January 24th 3:30-4:30 pm

The objective of this training is to provide school personnel with a foundational understanding of mental health treatment and the different roles professionals play in supporting students' ongoing treatment needs. Mental health treatment and professionals' roles are complex and ever changing. Participants will gain insights into the basics of mental health treatment, identify key professionals involved, and explore effective collaboration strategies to best support students' well-being. **Register** here.

#### For Families and Caregivers

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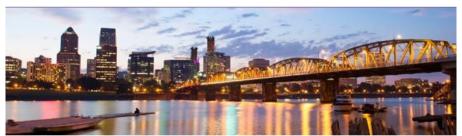
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For more information, please contact the mental health team: Mariella Resendiz Alvarado mariella.resendiz@nebraska.gov 402-309-0463 Amber Hartsock Amber.hartsock@nebraska.gov 402-309-0883

It's OK TO NOT BE OKAY. For more information on mental health visit NDE Mental Health Awareness Please remember that if you would like to submit a proposal to present at the National Migrant Education Conference, you must first submit and receive approval from: Benjamin Zink @ benjamin.zink@nebraska.gov.

#### 2024 NATIONAL MIGRANT EDUCATION CONFERENCE WORKSHOP PROPOSALS



**The clock is ticking!** There is only a brief period now to submit a proposal for the National Migrant Education Conference! This year, NASDME has an earlier deadline than in prior years to submit workshop proposals. All submissions have to be completed by early December!

Join 1,500 of your colleagues in the beautiful City of Roses. Showcase the models of success in your program! Share new ideas you have developed. What are your summer programs like? What are you doing for parent involvement? How are you using technology? How are you integrating ESL in your program?

We encourage all of you to submit a workshop proposal now for the 2024 National Migrant Education Conference in Portland, Oregon April 21 to April 24.

We plan on 175 workshops at the Conference, so we welcome any and all proposals to present!

Please remember that if your position is funded by Title I, Part C Migrant Education Program funds or your travel is funded by the MEP, you must get your State MEP Director to approve your proposal prior to submitting it to NASDME.

Proposals are due no later than **Friday**, **December 8**, **2023**. This deadline will come up quickly, especially with the Thanksgiving holiday between now and then. We do encourage you to submit your proposals early, before that date. We will make a strong effort to review proposals submitted early, as they arrive.

Please note that even if you have established an email and password for workshop proposals for prior conferences, the system did not retain that information and you will need to re-establish an email and password for this year. (It can be the same as the one you have used in the past. You just have to re-enter the information as if you never have done that before.)



#### Help make this Conference the best we have ever had!

This is how you get started: Submit Workshop Proposal



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Thanks for helping us spread the word!

Do you have ideas or feedback about the Student Portal? Do you have students who are enjoying the portal or encountering challenges? Please let us know! Email traciekalic@gmail.com. Your input and experiences are really valuable.

The iSOSY Student Portal continues to expand with great tools and resources for our migratory students. Check it out soon with your students and let us know what you think!



We have a new <u>Holiday Feature</u> that includes an interactive graphic for students to explore each month. They will learn about the featured holiday with enriching games, videos, etc.

Note: You'll find the previous months (there are two for October!) when you click on the Holiday subpage on the Resources page. You can always COUNT on Andy to make a mess. One day he was trying to use \* a NUMBER OF COINS to buy the MOST VALIABLE thing needed on a hot day, a tice cold drink, keeping coins in your pocket can help to make small purchases like a drink and Andy had some coins TO use. Some people might find it strange to pay with coins instead of dollars, but committee is the HCAPEST option that is best. Andy had some earbuds and candy in his pocket so he tried to pull everything out of his pocket at once. Someone bumped into his hand and made him drop everything on the floor. Use the picture below to help solve Andy s problem and allow you both to move on to the next challenge at the Convenience Store.



#### In Google Classroom,

there are some fun new pieces added to the Convenience Store lesson. Students can work independently or with their service providers as they encounter both beginner and advanced challenges, like the digital breakout room shown above.

# Lincoln Migrant Education Program

## FALL 2023



Students received much needed backpacks and school supplies in August



Lincoln MEP Team attended the state conference





Racha working with students during home visits and at school during the school day







The result of our Parent Needs Assessment shows that parent rights/school policies is a high need for this year. For our first PAC meeting, we talked about the attendance, E-hall pass, and cell phone policies that had changed at Lincoln Public Schools.

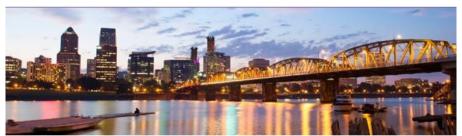
During the PAC meeting, we also introduced the game Connect 4 as an engaging, learning activity they could do as a family. Connect 4 was very new to the families, but after we explained the rules, everyone really enjoyed the game.



Working across Lincoln on ID&R efforts. Traveling to schools, business, places of work, and events around Lincoln. We are so grateful for Aida, Darlene, and all of the support from the ID&R team in assisting our new Lincoln recruiter

Please remember that if you would like to submit a proposal to present at the National Migrant Education Conference, you must first submit and receive approval from: Benjamin Zink @ benjamin.zink@nebraska.gov.

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#### Who's involved?

Interdisciplinary researchers from:

- University of Nebraska–Lincoln
- University of Nebraska at Kearney
- University of Nebraska Medical Center
- University of Nebraska at Omaha



#### **Interested?**

Please complete the online registration form by **Nov. 29**. go.unl.edu/listeningsession

#### For more information, contact:

**Lorey Wheeler, Ph.D.** Director, Nebraska Academy for Methodology, Analytics and Psychometrics

lorey@unl.edu



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#### **Understanding Your Account**

- ✓ If you are not an admin then you will only be able to access some of the functions we will be explaining today.
- $\checkmark\,$  All admins will have access to what we share today.

Smart Groups allow us to group people into regions, or positions, etc. by filters to ensure that only specific people are assigned to the group. There is always an

The Nebraska MEP Connecteam has already set up

admin to the Smart Group also.

Smart Groups by Projects.

- ✓ It is helpful for users to understand how the system is set up and also understand the capabilities it has to be able to design the set up that works best for their state.
- ✓ We are recording the training and we will make the slides/recording available on the IDRC website.
- ✓ IDRC can provide individual assistance to states in designing tools that will help them use Connecteam effectively.

#### **Smart Groups**

	āroup name	Connected	Created by	Administered b
E	:SU 9	<b>12</b> / 14	N/A	<b>()</b> (+12
E	SU 7	<b>12</b> /13	😪 MEP Nebraska	<b>()((</b> ++)))))
E	SU 13	<b>12</b> /13	🚱 MEP Nebraska	<b>(00</b> -8
c	arand Island Public Schools	2/5	😪 MEP Nebraska	<b>(((</b> +5
F	Head Start	4/7	🚱 MEP Nebraska	<b>(((</b> )+5)
L	exington Public Schools	1/3	🚱 MEP Nebraska	<b>10</b>
E	SU 1	6/9	😪 MEP Nebraska	
0	Omaha Public Schools	8/10	😪 MEP Nebraska	<b>EEEEEEEEEEEEE</b>
L	incoln Public Schools	4/6	🚱 MEP Nebraska	
F	remont Public Schools	5/7	R MEP Nebraska	400 +4

**Overview** Activity Activity Ω Users 03/01 𝒫 Smart groups 09:06 AM Noeli Herrera logged in to the app for the first time. Say hi! Communication 🕜 Chat 🖂 Updates 09:05 AM Marivel Esquivel made an entry to the Form: KS Recruiter Contact Logs Directory 😥 Surveys 09:01 AM Jessica Castaneda promoted to an admin + Add new feature 09:01 AM Jessica Castaneda promoted to an admin Position/lob Ope...

#### How do I tell what my users are doing?



In case you missed it we held two trainings this week. One was on our <u>Power BI Agriculture Resource</u> and the other on <u>Connecteam</u>. Check out the videos. These are both excellent resources!

Agriculture Articles for November 2023

#### The Atlanta Journal-Constitution: Expanded rights coming for Georgia migrant farmworkers

Link - Migrant farmworkers in Georgia and across the country are set to receive new protections from employer abuse.

**Phys.org: Mistreatment of Michigan farmworkers: Researchers document abuses, push for change Link** - Denied drinking water. Timed bathroom breaks. Threatened or fired for bruising apples while picking them. Unsafe exposure to chemicals and pesticides.

#### Inside Climate News: Extreme Heat Pushes More Farmworkers to Harvest at Night, Creating New Risks

**Link** - Working in the dark may help agricultural workers keep cool, but safety advocates worry the trend could also be causing more accidents and compromising worker health.

#### Carolina Public Press: State health leaders look to close digital divide for farmworkers

**Link** - The National Institutes of Health is funding a state project to improve internet access for agricultural workers and their families.

#### FoxNews: Tyson Foods investing big in bug protein for new venture

**Link** - Earlier this month, meat producing giant Tyson Foods announced its investment in insect protein producer Protix and said it's partnering with the Netherlands-based company to build a facility in the U.S. that will raise insects.

#### Grist: How Florida farm workers are protecting themselves from extreme heat

**Link** - Until lawmakers establish federal guidelines, protecting the people who pick your food is as easy as giving them shade and water.

#### The Center Square: Washington farm worker overtime threshold flaws could lead to supply shortages

**Link** - A law that will soon restrict farm workers to 40 hours a week before they qualify for overtime pay is not only affecting workers' wallets, but may soon affect produce prices.

#### Reuters: More bipartisan Senate bills take aim at curbing US child labor

**Link** - Lawmakers introduced a pair of Senate bills on Thursday to combat the rising number of child labor violations in the United States, one targeting companies with federal contracts that employ children for more scrutiny and another increasing reporting requirements to Congress.

# **Creating Healthy Minds Webinars**

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It'S OK TO NOT BE OKAY. For more information on mental health visit NDE Mental Health Awareness

## 2023-2024 Webinar Series PARENTING WITH THE BRAIN IN MIND

The Nebraska Department of Education's Office of Coordinated Student Services is partnering with InMind Services to provide a series of trainings throughout the 2023-2024 school year.

Trainings will be held the third Tuesday of the month from 6:30-7:30p.m. Central Time and will be recorded and housed on the <u>NDE School Mental Health Webpage</u>.

# **Register Here**

### Reframing Defiant Behaviors November 21, 2023

This session will explore how defiant behaviors that often feel intentional may actually be a stressinduced response to a situation. Additionally, strategies for reframing and responding to such behaviors will be explored.

For more information contact Amber Hartsock - amber.hartsock@nebraska.gov or Mariella Resendiz Alvarado - mariella.resendiz@nebraska.gov. Or visit https://www.education.ne.gov/csss/school-mental-health/



## TITLE I PART C

**Education of Migratory Children** 

# 

#### November 13, 2023

BULLETIN

#### State ID&R Coordinator Position (apply here)



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Connecteam is the new and innovative way to collect data statewide. The resource is used by projects in various ways, be sure to contact your Coordinator for guidance. These resources are on our webpage:

> www.education.ne.gov/migrant/continuous-improvement-cycle/ #1697739396953-82c2e2fe-95bb

Click on logo above for more Connecteam information. For some tutorial videos: sites.google.com/esu9.us/mep-newstaff-training/connecteam

Create a Connecteam account: https://app.connecteam.com/#/ui?t=ba699b90&I=en-US

Currently each Project in Nebraska has been assigned a Smart Group. The project coordinator along with the State Coordinators have been assigned the Administrator permissions of your Smart Group. They will be able to access permissions for time clock, forms and other assets utilized in Connecteam.

Projects			
Group name	Connected	Created by	Administered by
ESU 9	<b>12</b> / 14	N/A	B 2 + 12
ESU 7	<b>12</b> / 13	Co MEP Nebraska	<b>e</b> £ <b>e</b> +4
ESU 13	<b>12</b> / 13	🚱 MEP Nebraska	B D D +8
Grand Island Public Schools	<b>2</b> / 5	🚱 MEP Nebraska	B D +5
Head Start	<mark>4</mark> /7	🚱 MEP Nebraska	B C D +5
Lexington Public Schools	<b>1</b> /3	🚱 MEP Nebraska	BD E+3
ESU 1	<mark>6</mark> /9	🚱 MEP Nebraska	BD E +4
Omaha Public Schools	<b>8</b> / 10	🚱 MEP Nebraska	BD E +5
Lincoln Public Schools	<b>4</b> / 6	🚱 MEP Nebraska	BD E +4
Fremont Public Schools	<mark>5</mark> /7	🚱 MEP Nebraska	A B D +4

Assigning admins to users in the Smart Groups tab allows you to decide which users admins will have access to on the platform. All across the platform, **admins will only see users of smart groups they have admin permissions for**. They'll only see timesheets, forms, and other content submitted by those users.

IDRC Resources for Connecteam: https://www.idr-consortium.net/Connecteam.html

Webinar recordings on Connecteam assets: https://fast.wistia.com/embed/channel/f1ozslkga5

# Title IC Migrant Education Program - Lexington

# Our MEP Team:

- Danny Miranda, Recruiter & Service
- Alma Becerra, Family and Community
- Jazmine Guzman, Paraprofessional &
- Marni Baker, Coordinator
- Kerri Dangler, Data Specialist • Barre Hassan, Family and Community

 Not Pictured: Ben Fregoso, Paraprofessional, Amanda Born, PK Teacher, & Guadalupe Lopez, pS Paraprofessional

New Events This Year

Im

Welcome To

- Juan Cangas Leadership Workshop for Middle School & High School Students
- Monthly Parent Engagement Group led by our PAC Representative
- PreSchool/High School Buddy Program
- At home lessons for our P3s

# **MEP Services**

- All Day PS Classroom 刀 & at home support for P3s
- Academic & Emotional 刁 Intelligence support K-5
  - Middle School & High School Groups

Parent Engagement 了 Group

**OSY Support** 

Parent Engagement Group

# Quick Facts:

Lexington consists of. . . .

- 142 Families
- 8 OSY
- · 273 School Aged Students
- 55% of our MEP Students also qualify for EL services
- 21% of our MEP students also qualify
- for the McKinney-Vento Program



We had the best time with Juan & Timon!



Quick Facts Continued:

- Languages Spoken: Arabic, Chuukese, Dari, English, French, Kanjobal, Pashtu, Sinhalese, Somali, and Spanish
- Qualifying work consists mostly of: Beef cutting, packaging, and trimming at Tyson

Scan the QR code and follow us on Facebook:





Involucrar a las familias y comunidades con la seguridad escolar

jueves, nov. 14, 4:30pm CST

Registrar Aquí















Engaging Families and Communities with School Safety

Tue, Nov. 14, 4:30pm CST

Register Here













# We want to hear from you!



We are looking for feedback on our model dress code policy for school districts.

# Help us answer these questions:

- Is the model policy clear?
- Is the language used appropriate and easy to understand?
- What recommendations do you have so the model policy meets the purpose of the law?

Nov 27th, 2023 4-5pm CT

Meeting will be virtual

<u>Asian Community</u> <u>Sign-up</u>

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Nov 16th, 2023 5:30-6:30pm CT

Meeting will be virtual

<u>Hispanic Community</u> <u>Sign-up</u>



Watch video - click here.



MEXICO, Nov 5 (Reuters) - A caravan of at least hundreds of migrants left from the southern Mexican city of Tapachula on Sunday, heading for the U.S. southern border.

The smaller caravan plans to join a larger one that left six days ago and is currently stopped about 25 miles (40 km) north in the town of Huixtla.

Organizers said the first had swelled to some 7,000 people while the government in the southern Chiapas state said it estimated the group at 3,500 people.

American schools are being put to the test as it faces major challenges with the influx of thousands of migrant children who have crossed the border. The strain on the public school system is only expected to get worse

Watch video - click here.





#### OMAHA, Neb. -

The College of Saint Mary is working to help immigrant students in Nebraska for a second year in a row.

The college has renewed its partnership with the Dream U.S. to offer scholarships for undocumented students.

Click here for details.

#### **2024 NATIONAL MIGRANT EDUCATION CONFERENCE** SUNDAY, APRIL 21 - WEDNESDAY, APRIL 24, 2024 IN PORTLAND, OREGON



#### NATIONAL MIGRANT EDUCATION CONFERENCE REGISTRATION NOW OPEN!

#### Join Us in Beautiful Portland, Oregon! The City of Roses

NASDME is pleased to announce that Registration is now open for the 2024 National Migrant Education Conference to be held in beautiful Portland, Oregon, the City of Roses, from Sunday, April 21 to Wednesday, April 24, 2024.

As you know, this is the largest migrant conference of any kind held each year in the United States. It is the premier professional development opportunity for migrant education staff and others working with migratory students and families. We invite all of you to join 1,500 Migrant Ed colleagues who will be attending!

There will be 175 high quality workshops and four exciting, and meaningful general sessions. Network with your colleagues from across the country. Gain new ideas and hear about success stories all aimed at maintaining the high quality of the Title I, Part C Migrant Education Program.

It is more important than ever for the whole community to come together, to learn from each other, to gain and give support.

Click here for online registration. Click here to download the registration form if not registering online. For more information, view the Conference Registration FAQs and tentative conference schedule.

#### **Register online here**

The conference hotel information will be available in late **January 2024**.





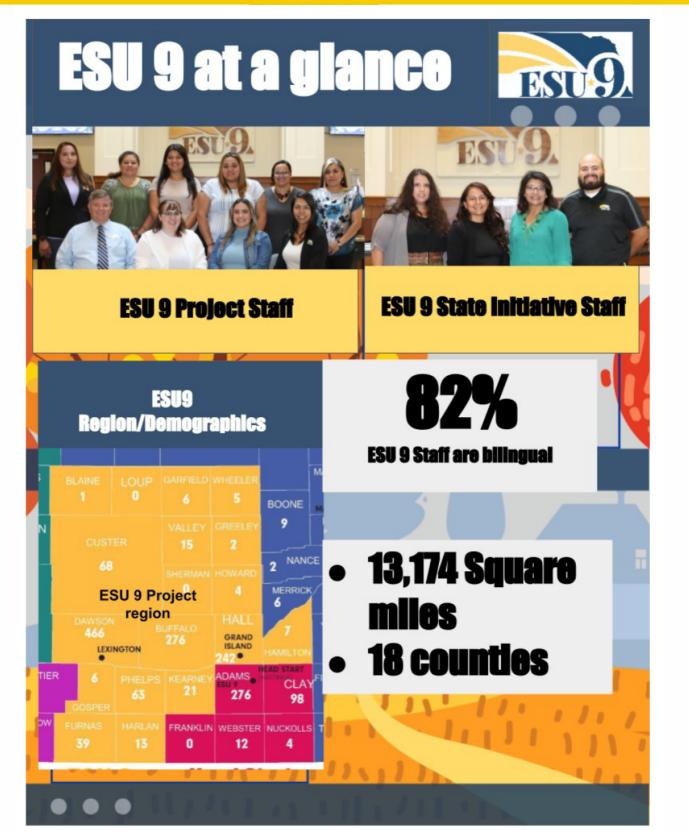
# TITLE I PART C

Nebraska

# Education of Migratory Children

November 6, 2023

# BULLETIN



# **ESU 9 at a glance**



# Services Facts



- Enrolled (601) Served (434) IS (226)
  - SS (432)
  - Served: Summer school.
- after school. home visits)

22-23 child count 145 COEs written based on qualifying activities in Nebraska

# **ID&R** Facts

22-23 child count 145 COEs written based on gualifying activities in Nebraska Top 5: Qualifying Activities:

- 1. Cattle
- 2. **Dairy Cows**
- 3. Eggs
- Farm Hand 4.
- 5. Hogs
- Top 5 Seasonal Work:
  - 1. Corn
  - 2. Grapes
  - **Potatoes** 3.
  - Tomatoes 4
  - 5 Watermelon

#### 75 moves from outside of the USA

- 1. Mexico
- Guatemala 2
- 3. Samoa

107 moves within the USA

- 47 within Nebraska 1
- California 2.
- 3. Nevada/Texas

## Languages



#### **Family Top 5** Languages:

- Spanish 1
- 2. English
- 3. Chuukese
- 4 Dari
- 5 Pashto



- 23-24 Events
- **Binational participant**
- **Attended: Hispanic Latino** Summit. Parent & Student Conference
- **Parent Conference Scholarship Recipient**
- Hosted: Service Cadre (18 participants)
- **Student Leadership Summit Participation**





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#### **November News!**





Printing in Excel. Do you always struggle when attempting to print a list of students? In this tutorial, you will see how easy it is to format and print your data. Add headers to each page, titles, and page numbers. This is a must-watch tutorial for new Excel users. Check it out!



Pivot Tables are great aids to help you summarize large amounts of data. It's userfriendly and easy to use. Take advantage of this tool to create your CSPR counts! Recommended tutorial: Check it out!



#### **Connecteam Training**

November 9th 8 PST, 9 MST, 10 CST, 11 EST

This training will cover the basics of Connecteam and how to use it and access all of its features. IDRC provides Connecteam free to IDRC member states. Non-member states can purchase their own accounts through Connecteam if they would like. Join us to learn more about Connecteam capabilities.

Register in advance for this webinar:



#### us02web.zoom.us/webinar/register/WN\_hu4RAUf8Rzqcs7d-KpDOqw

#### **Recruiter Resource for IDR Efforts**

While the country is cooling down in many areas we are partnering with IDEA to make available heat safety kits. These kits include supplies that can help farmworkers learn more about ways they can combat dehydration and heat related sicknesses. Learn more here.



#### Monthly Webinar: Data Visualization Tools- Power BI- Member State Resources

Join us for a training on Data Visualization Tools. We will walk through some really cool data visualization tools that are out there as well as a specialized tool we have made for our IDRC member states. Come and learn how these work. It is one thing to be gathering data and another to be using to help make effective decisions in your daily work.

#### Join us Tuesday, November 7th at 11 PST, 12 MST, 1 CST, 2 EST.

Register in advance for this webinar:

#### us02web.zoom.us/webinar/register/WN\_Zxn3zD4gT5mPpCFGmUxLSQ

After registering, you will receive a confirmation email containing information about joining the webinar.









Thanksgiving Day is celebrated on Thursday, November 23, this year. President George Washington designated November 26 as a day of National Thanksgiving in 1789. In 1941, President Franklin Roosevelt signed a resolution declaring the fourth Thursday in November as Thanksgiving. It's a great time to encourage your students and families to discuss gratefulness.

Letter writing is a perfect activity to get students thinking about who and what they should be thankful for. And there is solid evidence that writing letters of gratitude improve happiness too. The iSOSY series Write On! has a lesson that centers on Letter Writing.

A fun activity families might enjoy creating a gratitude paper chain. Each family member is provided strips of colorful paper on which to write or draw images of the things for which they are thankful. Then use the strips of paper to form a chain to display in the home. You can find additional fun, engaging gratitude activities for the family HERE.

#### Quiz time!

- Q: What are the lead cranberry producing states?
- A: Wisconsin, followed by Massachusetts, New Jersey, and Oregon.
- Q: Is a pumpkin technically a fruit or a vegetable?

A: Fruit

Q: What are adult female and male turkeys called?

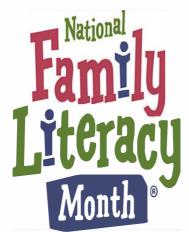


A: A hen and a tom



National Stress Awareness Day is always the first Wednesday in November, so this year it is November 1. Chronic stress leads to impaired cognitive and physiological functions. The iSOSY website has a wonderful Personal Wellness Training Package designed for users to learn more about personal wellness and mental health-and to teach others about issues that address and support overall wellness, with an emphasis on the unique stresses that occur in the lives of migratory students and their families. One of the fun, useful activities within is making stress balls.

You can also access the Webinar Archives to listen to Dr. Mona Johnson reviewing methods for coping with career stress, compassion fatigue, and potential secondary traumatic stress which can result from continuous exposure to school-based and/or other student trauma(s). Participants reflect on their social emotional competence, explore comprehensive areas of professional wellness, and are introduced to a framework to create an individualized self-care plan to support positive resilience and personal growth.



November is **Family Literacy Month.** Started in 1994, the celebration seeks to spread awareness and promote family literacy by encouraging parents and caregivers to read to their children. Family literacy activities help parents improve their literacy and parenting skills and support early childhood education. When you read to your children during the early years, they are more likely to become good readers in adulthood. When children see the adults in the house reading, it inspires them to read as well.

It is also Library and Informational Services Month. What a perfect time to visit the local library with the family. A library is the one place where you have access to endless information for free. In addition to books, libraries also offer many programs. Join some of those programs, such as workshops, movie nights, and reading groups to add to the fun. Did youknow that studies show reading for just six minutes can reduce stress levels by up to 68%? Books are a great tool to escape from everyday worries and stress. iSOSY's ACRES resource, Unit 3, contains lessons for reading for fun and understanding.

The Read-Write-Think website has some greatideas for activities supporting Family Literacy Month. Loyola University also provides 10 ways to celebrate and support family literacy.



This is a website designed for immigrants and refugees. It is meant to get families or adults information to help them be successful in the U.S. They offer free English classes and GED classes. There is also information on immigration and resources for support services in their areas.

# **USA Hello**



https://usahello.org/





