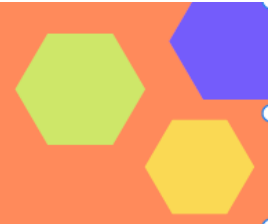


# Upcoming Training

## FOR SCHOOL PERSONNEL



### Creating Healthy Minds LLC

Angee Stevens, LICSW

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### How to Have Difficult Conversations

**Wednesday OCTOBER 25th 3:30-4:30pm**

#### OBJECTIVE:

The objective of this training is to equip school staff with effective communication strategies and skills to navigate difficult conversations with students, parents, and colleagues. Participants will learn how to address sensitive topics, manage emotions, and foster positive outcomes through constructive dialogue.

[Register](#) here.

### Setting Healthy Boundaries

**Wednesday November 29th 3:30-4:30pm**

#### OBJECTIVE:

The objective of this training is to empower school staff with the knowledge and skills to establish and maintain healthy boundaries in their professional roles. Participants will learn the importance of boundaries, how to identify boundary violations, and strategies to communicate and enforce boundaries effectively.

[Register](#) here.

### Exploring Mental Health Professional Roles in Students' Treatment Needs

**Wednesday January 24th 3:30-4:30 pm**

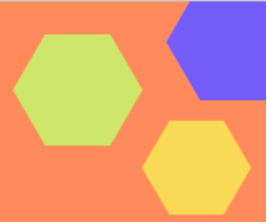
#### OBJECTIVE:

The objective of this training is to provide school personnel with a foundational understanding of mental health treatment and the different roles professionals play in supporting students' ongoing treatment needs. Mental health treatment and professionals' roles are complex and ever changing. Participants will gain insights into the basics of mental health treatment, identify key professionals involved, and explore effective collaboration strategies to best support students' well-being.

[Register](#) here.

# Upcoming Training

FOR CAREGIVERS



## Creating Healthy Minds LLC

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### **How to Have Difficult Conversations**

**Tuesday OCTOBER 24th 6:30-7:30pm**

#### OBJECTIVE:

The objective of this training is to equip caregivers with strategies and insights on fostering a trusting and open relationship with school personnel. Participants will learn the importance of collaboration, effective communication, and mutual trust in supporting their child's educational journey. This training aims to promote a positive and productive partnership between caregivers and school personnel.

[Register](#) here.

### **Setting Healthy Boundaries**

**Tuesday November 28th 6:30-7:30 PM**

#### OBJECTIVE:

The objective of this training is to empower caregivers with the knowledge and skills to see that establishing and maintaining healthy boundaries with their children is not selfish. Understanding the importance of setting boundaries and limitations as an expression of love will lead to healthier and happier children overall. Participants will learn how to identify boundary violations, strategies to communicate and enforce boundaries effectively, and learn practical strategies for nurturing responsibility, promoting healthy development, and building strong relationships with children.

[Register](#) here.

### **Exploring Mental Health Professional Roles in Students' Treatment Needs**

**Tuesday January 23rd 6:30-7:30 PM**

#### OBJECTIVE:

Participants will gain insights into the basics of mental health treatment, identify key professionals involved, and explore effective collaboration strategies to best support students' well-being.

[Register](#) here.