

## Certified Medical Examiner Requirement / Obstructed Sleep Apnea Studies

### Pupil Transportation

“Certified Medical Examiner” Requirement / Obstructed Sleep Apnea Studies

#### **Pupil Transportation Annual Physical Requirement:**

- On May 21, 2014, federal regulation became effective which impacts annual physicals for pupil transportation vehicle drivers.
- This requirement states that physical exams for drivers holding a CDL (Commercial Driver’s License) must be performed by a health professional that is a “*Certified Medical Examiner*” and who is also listed on the FMCSA’s (Federal Motor Carrier Safety Administration) National Registry. (The health professional has to complete a specialized training to become a “Certified Medical Examiner.”)
- For more information: <https://nationalregistry.fmcsa.dot.gov/home>
- Download flyers for more information:
  - ✓ National Registry of Certified Medical Examiners FAQs [https://www.education.ne.gov/wp-content/uploads/2017/08/Nat\\_Reg\\_FAQs.pdf](https://www.education.ne.gov/wp-content/uploads/2017/08/Nat_Reg_FAQs.pdf)
  - ✓ CMV Driver-trifold [https://www.education.ne.gov/wp-content/uploads/2017/08/Nat\\_Reg\\_FAQs.pdf](https://www.education.ne.gov/wp-content/uploads/2017/08/Nat_Reg_FAQs.pdf)

#### **Obstructive Sleep Apnea Studies**

- There has been a lot of concern about sleep studies being required for CDL drivers for various reasons – weight, neck size, etc. According to Diane Podany, State Program Manager of FMCSA (Federal Motor Carrier Safety Administration), ***this requirement was retracted.*** However, Diane said FMCSA is aware that some physicians have continued to include it as part of the CDL physicals they conduct ***even though it is not a requirement of the process.***

#### Program Contacts

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