

# **After School Care Snacks In the National School Lunch Program FACT SHEET**

## **Eligible Programs:**

To be eligible to qualify for reimbursement under the School Lunch Program, after school care programs must meet the following three criteria:

1. A school district or residential childcare facility (RCCI) which participates in the National School Lunch Program (NSLP) must operate the after school care program. The program does not have to use the school district's personnel or regular school facilities. The school district or RCCI must retain final administrative and management responsibility for the program, including the program site. The school district or RCCI must be the party that enters into the agreement with the Nutrition Services at the Nebraska Department of Education (NDE) and must assume full responsibility for meeting all program requirements.
2. The purpose of the program must be to provide care in after school settings. The program must be organized to provide children with regularly scheduled activities in a setting that is structured and supervised. By "regularly scheduled" it does not mean the program must occur daily. Moreover, while eligible programs would not need to establish formal enrollment procedures, they must have a means of determining if children are present on a given day, such as a roster or sign-in sheet.
3. Eligible programs must include educational or enrichment activities in a supervised structured environment. Any extracurricular activities such as the school choir, debate team, and drama society, et al. can qualify to participate under this provision only if their basic purpose is to provide after school care as defined above. It must be emphasized that under no circumstances can organized athletic programs engaged in interscholastic sports be approved as after school care programs under this provision.

## **Eligible Sites:**

Schools qualify for snack reimbursement based on the numbers of paid, free and reduced-price children enrolled in the school.

## **Snacks Claimed as Free based on "Area Eligibility"**

Sites located in areas served by a school or in a RCCI, in which at least 50 percent of the enrolled children are eligible for free or reduced price meals:

- Are eligible to receive reimbursement at the free rate for snacks served to all children eligible for snacks, regardless of each individual child's eligibility for free or reduced price lunches.
- Must document, using the most recent October claim data, that the site is located at a school, RCCI or in the attendance area of a school where at least 50 percent of the enrolled children are eligible for free or reduced price meals.
- Cannot charge children for snacks.

## **Snacks Claimed as Free/Reduced/Paid based on “Non-Area Eligibility”**

Sites located in areas served by a school or in a RCCI in which less than 50 percent of the enrolled children are certified eligible for free or reduced price meal benefits:

- Must count snacks and claim reimbursement by type: free, reduced price and paid.
- Cannot charge children for snacks claimed at the free reimbursement rate.

Non-Area Eligible Sites have the option of implementing either a Pricing Program or a Non-Pricing Program.

In a Pricing Program - students are charged a fee for the snack based on their eligibility status; free eligible students receive their snack at no charge, reduced price eligible students may be charged no more than 15 cents and paid students pay the price determined by the school/facility.

In a Non-Pricing Program - all students receive their snacks at no separate charge and snacks are claimed in their respective categories - paid, free, and reduced.

### **Reimbursement:**

Schools may claim reimbursement for one snack, per child, per day. Children are eligible to participate through the age of 18, and if a child's nineteenth birthday occurs during the school year, reimbursement may be claimed for that student during the remainder of the school year.

### **Times of Operation:**

Snacks cannot be reimbursed in programs operated before or during the child's school day. Schools and RCCIs are not eligible to receive reimbursement for snacks served on weekends or holidays, including vacation periods. Sites located in areas served by a school or in a RCCI would follow the public school's calendar.

A child's eligibility is based on when their scheduled school day ends, and not on whether or not the school continues in session. For example, if a kindergarten program ends at noon but the children remain in school under a care program as described above, snacks served to these children may be reimbursed under this provision. The same would be true of older children enrolled in schools that have split sessions. If children remain on-site to participate in an approved after school care program, they may receive reimbursable snacks even though the school continues to operate later into the afternoon.

### **After School Care Snack Meal Pattern:**

Snacks served under this provision must meet the meal pattern requirements for snacks set forth in 7 CFR section 210.10. See the attached “After School Snack Meal Pattern Minimum Quantities.” In order to be reimbursed, the snacks must contain at least two different components of the following four: a serving of fluid milk, a serving of meat or meat alternate, a serving of vegetable(s) or fruits(s) or full strength vegetable or fruit juice, a serving of whole grain or enriched bread and/or cereal. Daily production records documenting what food components have been served to meet snack meal pattern requirements are required. See the attached “Daily Snack Production Record.”

### **Additional Requirements:**

School districts and RCCIs must notify Nutrition Services at NDE of their intent to participate in the after school snack program. An explanation of the educational or enrichment component of the program must also be submitted to Nutrition Services. Each program site that is eligible to participate in the after school care snack program must complete the appropriate section of both the system and site applications of their annual on-line agreement.

### **Record Keeping:**

At a minimum, school districts and RCCIs participating under this provision must maintain the following records.

- If all meals will be claimed free, the program site must be located in an area served by a school or RCCI in which at least 50 percent of the enrolled students are eligible for free and reduced price meals as indicated on the most recent Annual Membership Report.
- For all other sites, documentation of free and reduced price eligibility for children whom free and reduced price snacks are claimed must be maintained.
- Meal counts:
  - Snacks claimed as Free based on Area Eligibility:
    - ✓ Total count of snacks served daily for each site qualifying for free reimbursement for all children.
  - Snacks claimed as Free/Reduced/Paid based on Non-Area Eligibility:
    - ✓ Daily snack count by individual student name. See attached Monthly Snack Participation for Snacks Claimed as Free/Reduced/Paid.
- Documentation of individual children's attendance on a daily basis.
- Completed Daily Production Records to document compliance with meal pattern requirements.
- On-Site Review for After School Care Snack Programs (2 required annually). See attached on-site review form.

## AFTER SCHOOL SNACK MEAL PATTERN

### MINIMUM QUANTITIES FOR AFTER SCHOOL SNACK MEAL PATTERN

#### SELECT ONE SERVING FROM TWO DIFFERENT FOOD COMPONENTS

	Required Grade Group
Food Components	Grades K-12 <sup>1</sup>
<b>Milk:</b> fluid as beverage or on cereal (1% or skim flavored or unflavored)	8 fluid ounces
<b>Fruit/Vegetable:</b>  May be fruit and/or vegetable; OR full strength fruit juice OR full strength vegetable juice (Includes potatoes but not potato chips. Includes commodity spaghetti sauce and commodity salsa, but other brands <b>do not credit</b> as vegetable without a Child Nutrition (CN) label.)	$\frac{3}{4}$ cup
<b>Grains/Breads:</b> Must be enriched or whole grain flour (read label)  A serving is a slice of bread OR $\frac{1}{2}$ cup of rice or pasta (cooked) OR $\frac{3}{4}$ cup or 1 ounce of dry cereal OR an equivalent serving of other grain-based items as listed on the "Grains/Breads List" <sup>2</sup> )	1 serving
<b>Meat/Meat Alternate:</b>  Meat, poultry, fish (cooked) Cheese, aged or processed Alternate protein products <sup>3</sup> Egg (large) Cooked dry beans/peas Yogurt (commercially prepared) Peanut butter or other nut/seed butter Peanuts, soy nuts, tree nuts, seeds (Bacon, imitation cheese, and canned or powdered cheese/sauce <b>do not credit</b> as meat/meat alternate components.)	1 ounce 1 ounce 1 ounce $\frac{1}{2}$ $\frac{1}{4}$ cup $\frac{1}{2}$ cup 2 Tbsp. 1 ounce

<sup>1</sup> Children are eligible through the age of 18, or through the school year in which they turn 19 years old.

<sup>2</sup> FNS Instruction 783-1, Rev. 2

<sup>3</sup> Alternate protein products must meet USDA requirements.

#### IMPORTANT:

Serving sizes may be exceeded.

Snacks with **ONLY** the following **are NOT reimbursable**:

- ✓ Two fluids (e.g. milk and fruit juice).
- ✓ Two foods from the same food component (e.g. fruit juice and carrots)

# AFTER SCHOOL SNACK PROGRAM

## DAILY PRODUCTION RECORD (Snacks Claimed On School Days ONLY)

Site Name: \_\_\_\_\_ Week: \_\_\_\_\_ Year: \_\_\_\_\_

MEAL PATTERN	MENU	SERV. SIZE	QUANT. PREP.	NUMBER SNACKS
<b>MONDAY: SNACK</b> (Select 2 of 4 food groups)  Milk, Fluid (1 CUP)  Juice or Fruit or Veg. (3/4 C)  Grains/Breads (1 SERVING)  Meat or Meat Alternate (1 OZ)				Students:          Adults:
<b>TUESDAY: SNACK</b> (Select 2 of 4 food groups)  Milk, Fluid (1 CUP)  Juice or Fruit or Veg. (3/4 C)  Grains/Breads (1 SERVING)  Meat or Meat Alternate (1 OZ)				Students:          Adults:
<b>WEDNESDAY: SNACK</b> (Select 2 of 4 food groups)  Milk, Fluid (1 CUP)  Juice or Fruit or Veg. (3/4 C)  Grains/Breads (1 SERVING)  Meat or Meat Alternate (1 OZ)				Students:          Adults:
<b>THURSDAY: SNACK</b> (Select 2 of 4 food groups)  Milk, Fluid (1 CUP)  Juice or Fruit or Veg. (3/4 C)  Grains/Breads (1 SERVING)  Meat or Meat Alternate (1 OZ)				Students:          Adults:
<b>FRIDAY: SNACK</b> (Select 2 of 4 food groups)  Milk, Fluid (1 CUP)  Juice or Fruit or Veg. (3/4 C)  Grains/Breads (1 SERVING)  Meat or Meat Alternate (1 OZ)				Students:          Adults:

## On-Site Review Summary for After School Care Snack Program

Each site operating an After School Snack Program must be reviewed by the school district or residential childcare facility (RCCI) two times per year under 7CFR 210.9(c)(7). The first review must be completed by the school district or RCCI during the first four weeks the snack program is in operation. The second review can be any time during the remainder of the school year. If the school district or RCCI has more than one after school care snack program each site must be reviewed twice. The completed reviews should be kept on file at the school district or RCCI with other records pertaining to the After School Care Snack Program.

School District \_\_\_\_\_ Review Date: \_\_\_\_\_

Feeding Site: \_\_\_\_\_

Check type of review completed:

\_\_\_\_\_ Conducted within the first four weeks of snack operation.

Date site started serving snack for this school year: \_\_\_\_\_

\_\_\_\_\_ Second review of the school year.

1. Describe the educational and/or enrichment element of this site's after school snack program:

\_\_\_\_\_  
\_\_\_\_\_

2. What method best describes the counting method used for the after school snacks?

Check one:

\_\_\_\_\_ 1. Roster/Check off

\_\_\_\_\_ 2. Ticket/Tally

\_\_\_\_\_ 3. Electronic Device

\_\_\_\_\_ 4. Other (describe): \_\_\_\_\_

3. What method is used for taking attendance?

Check one:

\_\_\_\_\_ 1. Roster/Check off

\_\_\_\_\_ 2. Ticket/Tally

\_\_\_\_\_ 3. Electronic Devices

\_\_\_\_\_ 4. Other (describe): \_\_\_\_\_

3. Are production records maintained daily?

\_\_\_\_\_ Yes \_\_\_\_\_ No

4. Do production records indicate snacks meet meal pattern requirements for both components and quantities?

\_\_\_\_\_ Yes \_\_\_\_\_ No

If no, identify problems and document corrective action:

\_\_\_\_\_

\_\_\_\_\_  
Signature of Person Conducting Review

\_\_\_\_\_  
Date Review Completed



## After School Snack Ideas (Grades K-12)



WG-R Pumpkin muffin – 2 oz. 100% Apple juice – $\frac{3}{4}$ cup/6 fl. oz.	WG-R Bagel and cream cheese* – 1 oz. bagel 100% Orange juice – $\frac{3}{4}$ cup/6 fl. oz.
Broccoli, carrot, and cauliflower pieces – $\frac{3}{4}$ cup total vegetables (may serve with low-fat dip*) WG-R Wheat crackers – 8 shredded wheat type or 0.8 oz.	Peanut butter or Sun butter – 2 Tbsp. WG-R Saltine crackers – 8 crackers or 0.8 oz.
WG-R Soft pretzel – 1 oz. Milk (low-fat or fat-free) – 8 fl. oz.	Fresh fruit salad – $\frac{3}{4}$ cup WG-R Pancake – 1.2 oz.
Refried beans – 2 Tbsp. + Shredded cheese – 0.5 oz. WG-R Tortilla chip – 1 oz.	Cucumber and carrot coins – $\frac{3}{4}$ cup Cottage cheese – $\frac{1}{4}$ cup
Tuna, egg, or ham salad – 1 oz. meat or $\frac{1}{2}$ egg WG-R Pita pockets – 1 oz.	Cantaloupe – $\frac{3}{4}$ cup Shaved ham – 1 oz.
Low-fat yogurt – $\frac{1}{2}$ cup Mixed berries – $\frac{3}{4}$ cup	WG-R Graham Crackers – 1 oz. Strawberry, peach, & pineapple (mixed) – $\frac{3}{4}$ cup
WG-R Cornbread muffin – 1.2 oz. Milk (low-fat or fat-free) – 8 fl. oz.	WG-R Plain granola bar – 2.4 oz. Cheese stick – 1 oz.
Cheese sticks or cubes – 1 oz. Seedless grapes – $\frac{3}{4}$ cup	WG-R French toast – 2.4 oz. Melon balls – $\frac{3}{4}$ cup
Banana slices – $\frac{3}{4}$ cup WG-R Graham cracker squares – 1 oz.	WG-R Cornbread – 1.2 oz. piece Baked apples – $\frac{3}{4}$ cup
Hard-boiled egg – $\frac{1}{2}$ egg (can serve whole egg) Cherry tomatoes, carrots, celery – $\frac{3}{4}$ cup total vegetables (may serve with low-fat dip*)	WG-R English muffin – 1 oz. (may serve with cream cheese*) Milk (low-fat or fat-free) – 8 fl. oz.
WG-R Cereal mix – 1 oz. eq. Milk (low-fat or fat-free) – 8 fl. oz.	WG-R Waffles – 1.2 oz. or larger Strawberries – $\frac{3}{4}$ cup
WG-R Whole wheat toast – 1 oz. slice Orange slices – $\frac{3}{4}$ cup	Deviled eggs – $\frac{1}{2}$ egg (can serve whole egg) WG-R Wheat Thins – 0.8 oz.
WG-R Hard bread stick – 0.8 oz. Cheese cubes – 1 oz.	WG-R Soft Pretzel – 1 oz. 100% Orange juice – $\frac{3}{4}$ cup/6 fl. oz.
WG-R Banana muffin – 2 oz. Milk (low-fat or fat-free) – 8 fl. oz.	Apple Slices – $\frac{3}{4}$ cup Peanut butter or Sun butter – 2 Tbsp.
WG-R Oatmeal – $\frac{1}{2}$ cup cooked Peaches – $\frac{3}{4}$ cup	Pear slices – $\frac{3}{4}$ cup Cheddar cheese – 1 oz.
Toasted cheese on WG-R whole wheat bread (1 oz. cheese & 1 oz. eq. slice of bread)	WG-R Grain fruit bar – 2.4 oz, Milk (low-fat or fat-free) – 8 fl. oz.
Low-fat yogurt – $\frac{1}{2}$ cup Fruit slices – $\frac{3}{4}$ cup (strawberries, apple, kiwi, or other)	WG-R Pretzel Sticks – 0.8 oz. CN labeled cheese sauce – serving equal to 1 oz. meat alternate
Baked apple with raisins – 1 medium apple + $\frac{1}{4}$ cup raisins WG-R Wheat crackers - 8 shredded wheat type or 0.8 oz.	Mandarin oranges – $\frac{3}{4}$ cup WG-R Animal crackers – 1 oz.
WG-R Purchased cinnamon roll – 2 oz. unfrosted Milk (low-fat or fat-free) – 8 fl. oz.	WG-R Oatmeal muffin – 2 oz. Apricots – $\frac{3}{4}$ cup

A snack must include **two different components** from the following four components:  
Fluid Milk (8 fl. oz.), Fruit/Vegetable ( $\frac{3}{4}$  cup), Grain (1 oz. eq.), Meat/Meat Alternate (1 oz.)

# After School Care Snack Program

## CREDITABLE AND NON-CREDITABLE FOODS

When planning snack menus, be sure the foods used to meet meal pattern requirements are creditable. The following list is not all-inclusive and only is provided as a guide. Please contact Nutrition Services if you have questions regarding how a particular food item contributes to the meal pattern.

### **Creditable**

#### **Milk and Milk Products:**

Cocoa – made from fluid milk  
Flavored and unflavored milk  
Milk shakes – made with 8 oz. fluid milk

#### **Fruits and Vegetables:**

100% Juice  
Juice Blends if blend of 100% juice  
Vegetable Juice Blends if 100% juice  
Gelatin -made with 100% juice or fruit added  
Fruit Leather – if CN labeled available  
Dried Fruit  
Dried Beans/Peas – counts as either fruit/veg or meat/meat alternate but not both  
Olives/Pickles- high in sodium-limit usage  
Potatoes

#### **Grains and Breads:** (refer to Grains/Breads List for weight equal to one serving.)

Cereal – dry or cooked  
Cereal Bars  
Grain Fruit Bars/Granola Bars  
Cookies/Bars/Brownies/Cake/Crisps  
Breads/Crackers  
Nacho Chips/Pretzels/Corn Chips

#### **Meat/Meat Alternate:**

Cottage Cheese –1/4 cup = 1 oz. meat/meat alt.  
Yogurt, plain/flavored ½ cup = 1 oz. m/m alt.  
Dried Beans/Peas – counts as either fruit/veg or meat/meat alternate but not both  
Peanuts, Nuts, Seeds, or Butters made from them  
Cheese, Natural or Processed

### **Non Creditable**

#### **Milk and Milk Products:**

Cocoa mix made with water  
Custard/Ice Cream/Ice Milk/Sherbet/Sorbet  
Pudding/Pudding Pops  
Sour Cream  
Yogurt (credits as meat/meat alternate)

#### **Fruits and Vegetables:**

Cocktails/Fruit “Drinks”/Fruit Flavored Powders/Punches/Lemonade/Nectar  
Jello, gelatin  
Potato Chips or sticks  
Fruit in cookies/poptarts or commercial yogurt  
Fruit rollups, fruit shapes, gummies

#### **Grains and Breads:**

Potatoes- credits as a vegetable, not a grain

#### **Meat/Meat Alternate:**

Bacon/bacon bits  
Canned Soup  
Cheese products (imitation, canned, powdered)  
Cream Cheese  
Yogurt Bars, frozen commercial product  
Yogurt covered fruits/nuts  
Cheese Products





### Monthly Snack Participation Record For Snacks Claimed as Free/Reduced/Paid

Site: \_\_\_\_\_ A- Absent    S- Snack Participation    N-Present, No Snack

[illegible]

Number of Days Snacks Served: \_\_\_\_\_

Number of Reimbursable Snacks Served for the Month    Free: \_\_\_\_\_ Reduced: \_\_\_\_\_ Paid: \_\_\_\_\_

Signature of person completing form: \_\_\_\_\_ Date: \_\_\_\_\_