

Training Certificate

- Certificate is in your handout packet
- Using the honor system
- Stay until the end for success and less stress (you might miss something you need to know)



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More Housekeeping Tips









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Areas Covered in Part 1 and 2

Part 1: Meal Pattern and Service

- · Food Based Meal Patterns for Lunch and Breakfast
- 5 Food Components (meat/meat alt., fruits, vegetables, grains, and milk)
- Grade Group Portion Sizes (K-5, 6-8, 9-12)
- Nutrient Standards
- Required Signage to be posted for students to recognize a reimbursable meal
- · Offer versus Serve
- Point of Service Meal Counting Part 2: Required Documentation

- LabelsFood Buying Guide
- HACCP
- Production Records Record Retention







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USDA Preschool Meal Patterns

- The National School Lunch Program (NSLP) portions based on child's grade (Grades K-5)
- The Child and Adult Care Food Program (CACFP) portions based on child's age (Ages 1-2, Ages 3-5)



Handouts

Which Meal Pattern... depends on where/when the children eat

- <u>SBP and NSLP</u> meal pattern can be followed when preschoolers are served in the cafeteria at the same time as other students. Students are intermingled with other students in different grades. The server can't distinguish a PreK student from a grade school student. This is called co-mingling.
- <u>CACFP</u> meal pattern <u>must</u> be followed when preschool meals are served in the classroom or if preschoolers are <u>not</u> <u>co-mingled</u> with other students in the cafeteria. An example would be if they come to the serving line all in one group, they are <u>not</u> <u>co-mingled</u>.

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	Child and Adult Care Food Program (CACI for Preschoolers	P) Meal	Pattern
	Breakfast (Must serve all 3 components for a reim Food Components and Food Items	Ages 1-2	Ages 3-5
	Fluid Nilk ²	1/2 cue	3/4 cup
	Vegetables, Fruits, or portions of both ¹	1/4 cup	1/2 cup
	Grains (oz equivalent) (AA)		
	Whole grain-rich or enriched bread	1/2 or	1/2 00
	Whole grain-rich or enriched bread product such as blacuit, roll or muffin	1/2 oz	1/2 ce
	Whole grain-rich, enriched or fortified cooked breakfast cereal, casts, and/or casts. Whole grain-rich, enriched or fortified ready-to-eat breakfast cereal	1/4 cup	1/4 cap
	[dry/cold] ^{6,4}		
ild and Adult	Rakes or Rounds	1/2 cup	1/2 cup
a ana Addii	Puffed Cereal	3/4 cup	3/4 cup
Fa a al Dua aurana	Granola	1/8 cup	1/8 cup
ood Program	Meet/Meet Alternate in lieu of grain—Maximum 3 times per week.**	1/2 oz	1/2 ce
TO LESS THE STATE OF THE STATE	Lunch (Must serve all 5 components for a reimbu	Cleare ebbor	
eal Pattern -	Food Components and Food Items	Ages 1-2"	Ages 3-1
/D - 11 01	Fluid Milk'	1/2 cup	3/4 cus
/Portion Sizes	Meat/Neat Alternates		
,	Lean Meat, poutry, or fish	1 02	1 % 0
	Yofu, soy product, or alternate protein product ^o	1 02	1 % 0
	Cheese	1 02	1700
	Large Egg	1/2	3/4
	Cooked dry beans or peas	1/4 cup	3/8 cm
requirement for M/MA is	Peanut butter or soy nut butter or another seed butter	2 Tbsp.	3704
½ oz. for 3-5 ages	Yogurt, plain or flavored, sweetened or unsweetened®	1/2 cup	5 oz o 3/4 cu
02. 101 3-9 ayes	Nuts-no more than 50% of meat/reat alternate requirement	1/2 cz = 50%	3/4 oz 50%
	Vocetables ^{3,6}	1/8 cup	1/4 cs
	Fruits ^{Li}	1/8 cup	1/4 c
	Grains (oz equivalent) ^{15,7}	1/8 cup	1/4 c
	Grains (oz equivalent) ^{M,7} Whole grain-rich or enriched bread	1/2 az	1/4 0
	Grains (oz equivalent) ^{15,7}	-	

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CACFP Preschool Meal Pattern

- Based on the same required components as NSLP
- Breakfast 3 required components
- Lunch 5 required components



Milk

For children 2-5 years of age:
 <u>Unflavored</u> 1% or skim milk only;
 flavored milk <u>cannot</u> be served

In CACFP & NSLP:

• WATER - must be offered at meals



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Meat/Meat Alternate Options

- Tofu and yogurt, including soy yogurt, can be served in CACFP
- Yogurt must contain no more than 15 grams of sugar per 4 ounce serving

(1/2 cup = 1 ounce of M/MA)



 Overall, M/MA quantities credit the same as school lunch

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Fruits and Vegetables

- Fruits and vegetables are separate meal components
- For ages 3-5 the portion size is ¼ c. for fruit and ¼ c for vegetable. A ½ c. vegetable may be served in place of the fruit but must serve two different vegetables. See footnote # 8 of Preschool Meal Pattern Chart.
- Juice limited to serving once a day/child



Fruits and Vegetables

- A vegetable may be used to meet the entire fruit requirement at lunch
- If replacing the fruit component, with a vegetable the portion size must be at least the 1/4 c. The total portion size for vegetables would be 1/2 c.



 Two different types of vegetables must be offered

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Juice

 For children ages 1-18, pasteurized 100% juice may only be used to meet the vegetable or fruit requirement at one meal, including snack, per day



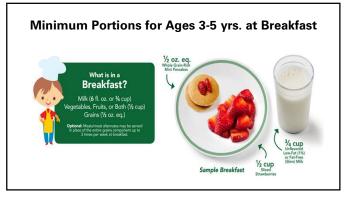
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Grains



- At least one serving per day must be WGR or Whole Grain
- Breakfast cereals must contain no more than 6 grams of sugar per dry ounce
- Grain-based desserts not creditable in CACFP, with exceptions: muffins, quick breads, graham crackers, and animal crackers.
- Other dessert type items may not be served (doughnuts, sweet rolls, cereal/granola/breakfast bars, toaster pastry, cookies, and cake







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Serving Snack

- Snacks served during the school day cannot be claimed for reimbursement
- Non-reimbursable snacks may need to follow CACFP meal patterns for licensing requirements
- Pre-school snacks cannot be paid for out of the school meals account. These will need to be billed to the PreK Program or General fund.

Other Program Considerations...

- Recordkeeping: Production Records and Label information **must** be on file to document compliance
- · Food Production: frying not allowed
- OVS: not an option when utilizing the CACFP Meal Pattern
- · Serving Option: Family Style Meal Service

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Family Style Meal Service

- With adult supervision, children seated at tables serve themselves
- Each food component, in sufficient quantity, must be available for each child to select at least the minimum required portion size
- A child may decline all foods as long as each food component is offered more than once



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Important Resources

- USDA's Guide: Serving Meals to Preschoolers
- USDA Cereal Sugar Limit Guide
- USDA Yogurt Sugar Limit Guide





Civil Rights

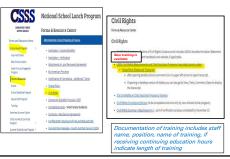
- USDA's Nondiscrimination Statement: must be included in program information, student handbooks and district website in the areas that address the school meals program
- The "And Justice for All" poster must be posted in the foodservice area and be visible to program participants
- On menus, it can be the single sentence "USDA is an equal opportunity provider."



Handout

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Civil Rights Training Resources



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Civil Rights

- Child Nutrition Program Sponsors are responsible for training all frontline staff annually, these include:
 - All food service staff
 - Staff responsible for reviewing/approving free and reduced meal application or income eligibility forms
 - Point of Service/Cashiers
 - Teachers responsible for breakfast in the classroom
 - Program volunteers
- New employees must receive training prior to involvement in program activities

Special Diets

- Food Service is required to work with the household to best meet the nutritional needs of their student(s)
- Households must be informed of the process and procedure for requesting student meal accommodation requests



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Special Diets

- Accommodations can be made within Meal Pattern Requirements (Request for Meal Accommodation form should be completed by student/household)
- Accommodations outside of Meal Pattern Requirements (Medical Statement form must be completed and signed by licensed health care provider)
- Lifestyle Choices consider offering menu options to accommodate

Special Diets –NS Website



Handout

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Best Practices



- Working with Special Diets involves the School Team (Principals, School Nurses, Classroom Teachers, Food Service)
- Keep an open line of communication with the household about the special diet needs of their student
- While a new medical statement is not required annually check in with the household annually if their student is still needing the meal accommodations. If you are told of different meal accommodations request a new Medical Statement (remember to document the contact and what was discussed).

USDA Guidance Manual: Accommodating Children with Disabilities in the School Meals Program

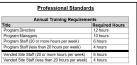
- Statutory and Regularity Requirements
- Addresses Meal Modifications
- Reimbursement for Modified Meals
- Meal Service Modifications
- Procedural Safeguards and Training
- Non-Disability Situations



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Professional Standards

- Annual Professional Standards Continuing Education Training Hours for **all** foodservice staff.
- Training hours earned in excess of the annual requirement may be applied to the school year directly preceding or directly following the date of training.
- All training **must** be documented on a training/tracker log.





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Professional Standards - Training documentation is required and should include: - Dates - First and last name of each person attending training - Signatures - Topics/Title

Professional Standards

- USDA Hiring Standards for all new food service directors (education and experience requirements)
- SFA's must hire staff that meet these standards and supply documentation upon request

Hitting Standards for New School Nutrition Program Directors
New dectors——those level on or after July 1, 2015——are subject to the new education requirements below. Existing directors
will be grandfrender to the countert goldnors and sells as the Subset Terminism collapsing where they currently are working,
(School Nutrition Program Directors are the individuals responsible for the operation of school rutifion programs for all schools
unter the local velocities) aligness (EAS).

Minimum Requirements for	Student Enrollment	Student Enrollment	Student Enrollment		
Directors	2,499 or less	2,500-9,999	10,000 or more		
Minimum Education Standards	Bachelor's degree, or equivalent educational experience, with academic major in specific areas *	Bachelor's degree, or equivalent educational experience, with academic major in specific areas: **	Bachelor's degree, or equivalent educational experience with academic		
			Har		

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Professional Standards

- New Food Service Directors must have at least 8 hours of food safety that is not more than 5 years prior to their starting date or complete this training within 30 days of their start date as the Food Service Director.
- SERV Safe Manager Certificate
 or
 - or
- Always Food Safe Food Manager Certification

Contact beth.haas@nebraska.gov (our expert on Food Safety)



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Non-Program Foods

- Definition: any non-reimbursable food or beverage purchased using funds from the nonprofit food service account
- Includes the sale of 2nd entrees, milk, any other "extra" items and adult meals
- Prices charged must be set high enough to recover food cost - cannot lose money; keep calculations on file
- Adult meals NDE's recommendation

Handout

NDE Recommended Adult Meal Price SY23-24

Adult Lunch Price \$4.60

- Free Rate of Reimbursement + Value of Donated Foods (commodities)
 + Performance Based Incentive
- \$4.25 + \$.295 + \$.08 = \$4.625 (NDE recommended adult lunch price \$4.60)

Adult Breakfast Price \$2.75

- · Severe Need Free Reimbursement + State Reimbursement
- \$2.73 + \$.05= \$2.78 (NDE recommended adult breakfast price \$2.75)

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Nebraska's Competitive Food Policy

- Identifies WHEN foods can be sold
- Competitive food sales prohibited from 1/2 hour before meal service until 1/2 hour after meal service
- Applies to breakfast and lunch
- Reimbursement withheld from schools in violation of this policy

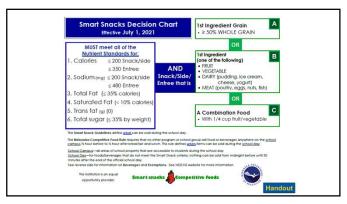
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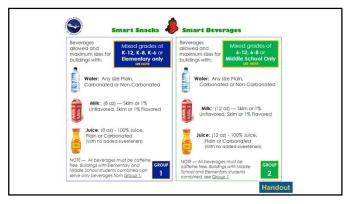
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Smart Snacks in Schools

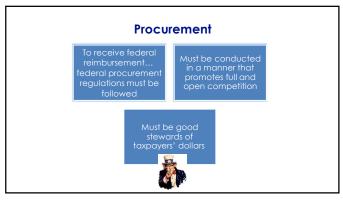
Regulations specify **WHAT** foods/beverages can be <u>sold</u> during the school day

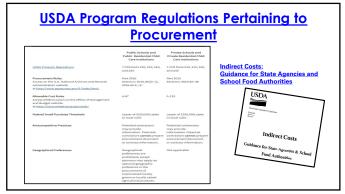












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The Multi-step Process of Procuring Goods, Products, and Services

Steps Involved:

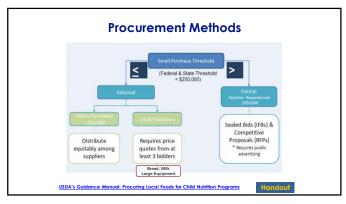
- Plan Menus
- Determine the products needed for the menus
- Forecast the necessary quantities of each product
- Product descriptions and quality standards
- Establish delivery schedules and inventory management



More Steps for PROCUREMENT

- <u>Determine the proper procurement method</u> and create solicitation documents
- Contact potential vendors to obtain competitive offers
- Evaluate vendor responses
- Select the vendor that is most responsive and responsible with consideration of price
- Manage the contract or purchasing process

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Procurement



- USDA required Procurement Reviews conducted atsan. time as an Administrative Review
- SFA's must have the following:
 - Code of Conduct (ethical practices)
 - Procurement Plan (procurement methods)
- Review of purchasing practices and past purchases



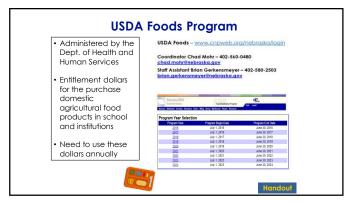


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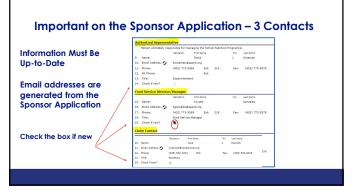


Supply Chain Assistance (SCA) Funding Maintain receipts and invoices for review and audit purposes Adhere to the "Buy American" Provision Round 4 of SCA Funds for \$Y23-24 Must apply for these funds

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Af	ter School Care S	Snack Progra	AFTER
	Offer educational or enrichmen	nt activities	School
×	Only serve snacks after the end	of the school day	
~	Production records and an acc support the claim for reimburser		eal count to
稟	Conduct two onsite reviews during each school year	(The first review must be within 4 weeks of progra	
al	Meat Meal Pattern and Mainta	in Food Safety	
•	Ensure potable water is availab	le to students	
This	program is often served by others –	make sure it is administered	d correctly!

Area Eligibility

- Sites located in areas served by a school or in a RCCI, in which at least 50 percent of the enrolled children are eligible for free or reduced-price meals
- All students receive snacks at no cost
- · Claim all snacks at the free rate of reimbursement

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Attendance Area Eligible

- Must document the site is located in the attendance area of a school where at least 50 percent of the enrolled children are eligible for free or reduced price meals.
- All students receive snacks at no cost
- Claim all snacks at the free rate of reimbursement

Non-Area Eligible

- Sites located in areas served by a school or in a RCCI in which less than 50 percent of the enrolled children are certified eligible for free or reduced price meal benefits
- Claim snacks at the Free, Reduced and Paid rates of reimbursement
- Can implement a pricing or non-pricing program

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Non-Area Eligible Pricing vs Non-Pricing Program

- Pricing Program
 - Snacks are claimed in their respective categories free, reduced and paid
 - Students are charged based on their eligibility status

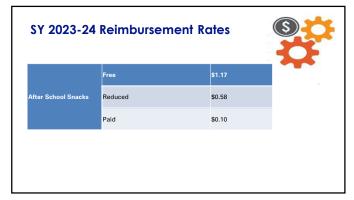
 -Free eligible students receive their snack at no
 - Reduced price eligible students charged no more than 15 cents
 - -Paid students pay the price determined by the school/facility.

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Non-Area Eligible Pricing vs Non-Pricing Program

- Non-Pricing Program
 - Snacks are claimed in their respective categories free reduced and paid
 - Students receive their snacks at no charge
 - The snacks are paid for from other non-program funds (non-federal funds, general fund)





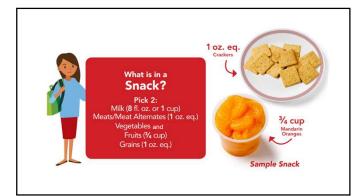


Meal Pattern

 Serve at least 2 different components (in the required portion size) of the following four food components:

Component	Serving Size
Milk	1 cup/8 fluid ounces
Vegetables and Fruits	¾ cup
Grains	1 oz. eq.
Meat/Meat Alternate (M/MA)	1 ounce

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Meal Pattern Chart

 https://www.education.ne.gov /ns/forms-resources/nationalschool-lunch-program/afterschool-snacks

MINIMUM QUANTITIES FOR AFTER SCHOOL SNA	CK MEAL PATTERN
SELECT ONE SERVING FROM TWO DIFFERE	NT FOOD COMPONENTS
	Required Grade Group
Food Components	Grades IC-12
MBIs fluid as beverage or on cereal (3% or slott flavored or unflavored)	8 fluid ources
Finalt/Yepstables May be first and/or vergetables Oil and denergible hast pace Oil and strength heat pace Oil final strength verpitable place (Includes potation but not potation chips. Includes commodify spagnetts beare and commodify sales, but other branch do not certificat superplace without a Cold Braitmon (CO) (Bold.)	% op
Grains/Breadus Hut be whole grain or enabled fleur (mad label). A serving is a side of bread. GR to cap of rise or pasta (cooked). GR to cap of rise or pasta (cooked). GR to cap of rise or pasta (cooked). GR to cap of rise or of dy contail. GR to capacided serving of other grain-based dense as label, on the "Capacificads" (serving).	1 serving
Meet/Meet Alternate: Most, polity, 8th (cioled) Crees, aged or proximed Alternate prices products Alternate prices products Son (percy) Son (pe	Lounce Lounce Lounce So Su cap So cap Lounce Lounce Lounce Lounce Lounce

Meal Pattern Reminders

- · No Offer vs. Serve
- Students must take two components
- Cannot serve only two foods from the same component
 - Ex: Fruit Juice and Carrots (both from Vegetables/Fruit component)
- Snack cannot be only fluids (Juice and Milk)

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Non-Creditable Foods

 Non-creditable foods, such as potato chips, pudding, ice cream, gelatin, cream cheese, bacon, and fruit rollups cannot credit in the ASP meal pattern.



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Water Availability

- Free, potable water must be made available during snack service.
- However, water is not a meal pattern component.



After School	Snack Ideas
Affin Calculation and the	I (CI K 10)
After School Snack Id	leas (Grades K-12)
WG-R Pumpkin muffin – 2 oz.	WG-R Bagel and cream cheese* - 1 oz. bagel
100% Apple juice – ¼ cup/6 fl. oz.	100% Orange juice – ¼ cup/6 fl. oz.
Broccoli, carrot, and cauliflower pieces - % cup total	Peanut butter or Sun butter – 2 Tbsp.
vegetables (may serve with low-fat dip*)	WG-R Saltine crackers - 8 crackers or 0.8 oz.
WG-R Wheat crackers - 8 shredded wheat type or 0.8 oz.	
WG-R Soft pretzel – 1 oz.	Fresh fruit salad – % cup
Milk (low-fat or fat-free) – 8 fl. oz.	WG-R Pancake – 1.2 oz.
Refried beans – 2 Tbsp. + Shredded cheese – 0.5 oz.	Cucumber and carrot coins – % cup
WG-R Tortilla chip – 1 oz.	Cottage cheese – ¼ cup
Tuna, egg, or ham salad – 1 oz. meat or ½ egg	Cantaloupe – ¼ cup
WG-R Pita pockets – 1 oz.	Shaved ham – 1 oz. WG-R Graham Crackers – 1 oz.
Low-fat yogurt – ½ cup Mixed berries – ½ cup	Strawberry, peach, & pineapple (mixed) – % co
WG-R Cornbread muffin = 1.2 oz.	WG-R Plain granola bar – 2.4 oz.
Milk (low-fat or fat-free) = 8 fl. oz.	Cheese stick – 1 oz.
Cheese sticks or cubes – 1 oz.	WG-R French toast = 2.4 oz.
Seedless grapes – ¼ cup	Melon balls - % cup
less grapes – % cup	Melon balls - 1/4 cup

AFTER SCHOOL SNACK PROGRAM DAILY PRODUCTION RECORD (Snacks Claimed On School Days ONLY Week: | Week: | Year: | Year

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Point of Service (POS) Meal Counts

Point of Service (POS) meal counts must be taken at the time each child receives a reimbursable snack.

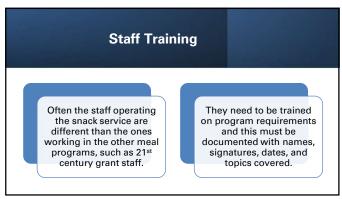
Snack counts cannot be taken before the snack is served or counted after snack service is over.

Counts based on pre-order numbers or attendance are not allowed.

Can use electronic POS system, paper count sheet, or some form of electronic spreadsheet.

Non-area eligible programs must track by student name and maintain confidentiality to prevent overt identification of eligibility status.

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	Ion-Area Eligi	L :::L.					
on n	ion-Area Eliai	DIIITV					
O	ion /uca Engi	~					
	Monthly Snack Part	licipation Record	For Snacks Clair	ied as Free/Reduc	Nd/Paid		
	Site:	A- Alnere	S- Snack Participatio	N-Present, No Sna	k.		
	Month & Year: Date:						
	Child's Full Name						
	1						
	2						
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	Daily Totals						
	Free						
	Reduced Date						
	Adults - Enter # of adults daily						
	Number of Days Snacks Served:						
	Number of Reimbursable Snacks Served for t	he Mooth Free:	Reduced:	Paid:			
	Signature of person completing form:		Descri				
	organization person comparing torns:		Just				
							Han



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Staff Training Required Topics

- Program Overview and Purpose
- Meal Counting and Claiming
- Meal Pattern Requirements
- Food Safety and Sanitation
- Civil Rights

"And Justice For All" Non-Discrimination Posters

- The poster must be prominently displayed where snack is served.
- If additional posters are needed, complete the request form on our web page.



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Monitoring Forms

- Conduct 2 onsite reviews each school year
- 1st review must be completed within the first 4 weeks of operation

facility (RCCI) two times per year under district or RCCI during the first four wee during the remainder of the school year.	k Program must be reviewed by the school district or residential child care PCFR 2109(cf(r)). The last review must be completed by the school sin the stanck program is in operation. The second review can be any time If the school district or RCCI has more than one after school care stanck or. The completed reviews should be kept on file at the school district or PCFR School Clare Stanck Program.
School District	Review Date:
Feeding Site:	
Check type of review completed:	
Conducted within the first four we Date site started serving snack for	reks of snack operation. this school year:
Second review of the school year.	
Describe the educational and/or enrich	ament element of this site's after school snack program:

Handout

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Documentation

- "Menu"/Production Records/Labels/Invoices
- Daily Meal Counts
- Consolidated Meal Counts for filing the monthly Claim for Reimbursement
- Attendance Records
- Monitoring Forms

All records must be saved for 3 years, plus the current year.

Special Milk Program



- Available for half-day preschoolers or students who do not have access to meals
- Offer 1% or skim unflavored milk only for children 2-5 years old
- Operate on a non-profit basis
- Two program options for participating:
- Charge all households & claim as paid milk
- Eligibility documentation on file & claim as paid and free milk

https://www.education.ne.gov/ns/nslp/special-milk-program/

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Special Milk Program

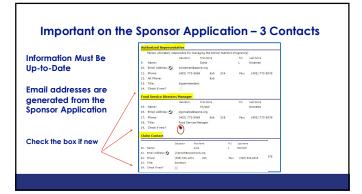
- · Who pays for the milk?
 - Charge all households or determine who will pay for the milk (must use a non-program funding source)
- How much do we charge?
 - Must know your dairy price not what is charged for extra milk
- Point of Service Meal Count is Required
- Submitting a Claim for Reimbursement



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Special Milk Program Gostavaria Trivetar survers reviews Windowal School Launch Program Home School Mean Program Servers Reviews Fresh Park and Viegerable Fresh and Viegerable Fresh Revourses Grant Park and Viegerable Fresh Revourses Grant Revourses School Breakful Program Forms & Revourses Grant Park School Breakful Program Forms & Revourses Grant Revourses Fresh Revourses Fresh

If you are <u>New</u> Food Service Director				
	er Name, Title, School Name, School Phone Number, and Scoogle Sheet now. Link is in the chat box.			
	Rocky Road – Food Service Director/ Perfect Public School/ 308-731-2323 ext. 9/ Rocky.road@perfectschool.org			





In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and
policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including
gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages often a fragilist. Pressure with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotage, American Sign Language), should contact the responsible state for lead agrees, that administers the program of USDS × TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Foderal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/defulfife/ise/document/SUAO-AOS-ER-302-Complaint-Form-08/08-00-308-11-22-17-22AMI-algf. from usy USDA office, by calling (806) 632-992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and written description of the allegal desirations yeard on a fifteen detail to infine address, telephone number, and written description of the allegal desiration yeard on a fifteen detail to infine the complainant's name, address, telephone number, and written description of the allegal desiration year of the allegal rivil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- Mail: U.S. Department of Agriculture
 Office of the Assistant Secretary for Civil Rights 1400
 Independence Avenue, SW
 Washington, D.C. 20250-9410
- (2) Fax: (833) 256-1665 or (202) 690-7442; or
- (3) Email: program.intake@usda.gov
- This institution is an equal opportunity provider.

NDE	Nutrition	Services	8/2023