#### **Welcome** ~Land Acknowledgement

"We would like to begin by acknowledging that the University of Nebraska is a land-grant institution with campuses and programs on the past, present, and future homelands of the Pawnee, Ponca, Oto-Missouria, Omaha, Dakota, Lakota, Arapaho, Cheyenne, and Kaw Peoples, as well as the relocated Ho-Chunk, Iowa, and Sac and Fox Peoples. Please take a moment to consider the legacies of more than 150 years of displacement, violence, settlement, and survival that bring us together here today. At the University of Nebraska, we respect and seek out inclusion of differences, realizing we can learn from each other, and we look forward to building long-lasting relationships with the Indigenous People of Nebraska."

https://diversity.unl.edu/recognizing-land

https://nativegov.org/news/a-guide-to-indigenous-land-acknowledgment/



#### Welcome ~Who We Are

- Jack Hilgert
  - Conservation Education Coordinator
  - PLT and WET State Coordinator
- Nebraska Forest Service
  - UNL Affiliate through IANR
  - To enrich the lives of all Nebraskans by protecting, restoring and utilizing Nebraska's tree and forest resources.







History, Goals, and Materials



### What is Project Learning Tree?

- A comprehensive Environmental Education Program, started in the 1970's. The oldest "Project" curriculum program.
- Since 1976, PLT has reached 138 million students and trained 765,000 educators to help students learn how to think, not what to think about complex environmental issues.
- PLT Works- most trained educators report that they use it at least monthly.
- In Nebraska, PLT is sponsored by: The Nebraska Forest Service. Nationally, PLT is sponsored by the Sustainable Forestry Initiative.





### PLT uses the forest as a "window to the world" to:

- •Increase understanding of our complex environment
- •Stimulate critical and creative thinking
- •Develop the ability to make informed decisions on environmental issues
- •Instill the confidence and commitment to take responsible action

HOW to Think
Not WHAT to Think







#### What is Project WET?

- A comprehensive Environmental Education Program, started in the 1990's.
- Private Nonprofit Foundation
- Multiple Guides ranging from preK-12th grade as well as materials for youth.
- Advancing water education to understand global challenges and inspire local solutions
- In Nebraska, WET is sponsored by: The Nebraska Forest Service.



NEBRASKA

# project WET

WATER EDUCATION TODAY

## Benefits of Learning Outdoors

#### Physical Health

Exposure to nature significantly reduces:

- Blood pressure
- Cortisol levels (stress)
- Heart rate
- Incidence of diabetes
  - The association between greenspace exposure and positive health outcomes was stronger for people with low socioeconomic status.

#### Mental Health

Access to nature promotes

- Memory
- Competence
- Supportive social groups
- Self-discipline

Access to nature also

- Moderates stress
- Improves behaviors and symptoms of ADHD



#### Where can I find out more?

Attend a Nebraska Workshop!

Workshops are offered each month in-person around the state as well as virtually!

Register for our monthly Conservation Education eNewsletter to learn about upcoming trainings.

Want professional develop just for your school? Contact us to set up a private training!





# PLT and Bloom Box Fall 2023 Deadline to register July 31st

#### August Training:

- One 2-hour live zoom opening session
- One 2-hour self-paced online module
- One 2-hour live zoom closing session

Total of 6 hours of childcare licensing approved PD available to staff.



### **Educational Resources from NFS**

Here are a few ways NFS can help you continue Environmental Education with your students.



- 1. Virtual and IN PERSON Classroom Visits
- 2. Forestry Field Trips in Plattsmouth and Lincoln
- 3. Digital Professional Development and Workshops
- 4. PLT Tree Trunks located throughout the State: Ponca, Trenton, Gering, Hastings, Columbus, Omaha, and Lincoln.
- 5. Other EE Support

Sign up for our monthly eNewsletter!

nfs.unl.edu/education



#### Tree Trunks

Copies of Project Learning Tree Curriculum and resources to assist in activity facilitation.

Contact your local AEC today!

https://go.unl.edu/aecnearme.



NEBRASKA

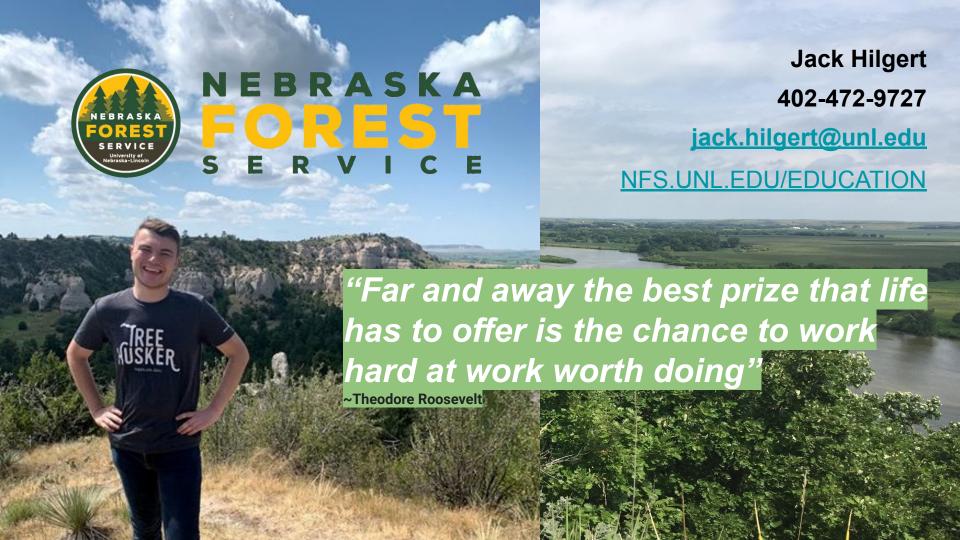
#### **eNewsletter**



#### **Upcoming Workshops**

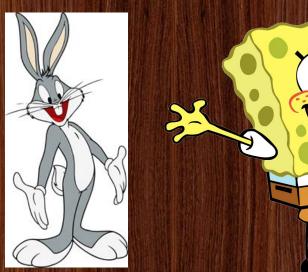








#### Who are these characters?











#### What are the common names of these?

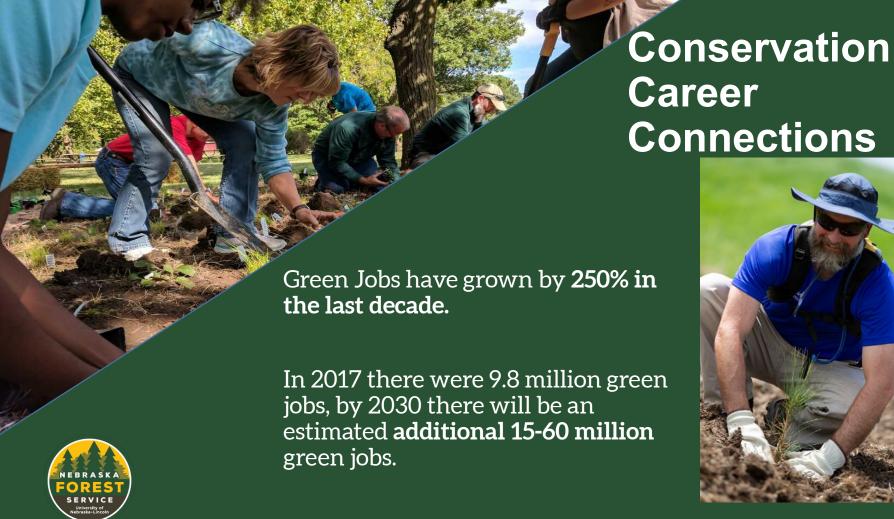


# A connection to nature makes people want to do something.



#### NEBRASKA ENDANGERED AND THREATENED SPECIES

	Common Name	Scientific Name	State Status	Federal Status
BIRDS	Eskimo Curlew*	Numenius borealis	Endangered	Endangered
	Whooping Crane	Grus americana	Endangered	Endangered
	Interior Least Tern	Sternula antillarum athalassos	Endangered	Endangered
	Piping Plover	Charadrius melodus	Threatened	Threatened
	Rufa Red Knot ^	Calidris canutus rufa	Threatened	Threatened
	Mountain Plover	Charadrius montanus	Threatened	
MAMMALS	Black-footed Ferret*	Mustela nigripes	Endangered	Endangered
	Gray Wolf ^	Canis lupus	Endangered	Endangered
	Swift Fox	Vulpes velax	Endangered	
	River Otter	Lontra canadensis	Threatened	
	Southern Flying Squirrel	Glaucomys volans	Threatened	
	Northern Long-eared Bat	Myotis septentrionalis	Threatened	Threatened 4(d) rule
FISH	Pallid Sturgeon	Scaphirhynchus albus	Endangered	Endangered
	Topeka Shiner	Notropis topeka	Endangered	Endangered
	Sturgeon Chub	Macrhybopsis gelida	Endangered	
	Blacknose Shiner	Notropis heterolepis	Endangered	
	Lake Sturgeon	Acipenser fulvescens	Threatened	
	Northern Redbelly Dace	Chrosomus eos	Threatened	
	Finescale Dace	Chrosomus neogaeus	Threatened	
INSECTS	American Burying Beetle	Nicrophorus americanus	Endangered	Endangered
	Salt Creek Tiger Beetle	Cicindela nevadica lincolniana	Endangered	Endangered
REPTILES	Western Massasauga	Sistrurus tergeminus	Threatened	
MUSSELS	Scaleshell Mussel	Leptodea leptodon	Endangered	Endangered
PLANTS	Blowout Penstemon	Penstemon haydenii	Endangered	Endangered
	Colorado Butterfly Plant	Gaura neomexicana ssp. coloradensis	Endangered	Threatened
	Saltwort	Salicornia rubra	Endangered	
	Western Prairie Fringed Orchid	Platanthera praeclara	Threatened	Threatened
	Ute Ladies'-tresses	Spiranthes diluvialis	Threatened	Threatened
	American Ginseng	Panax quinquefolius	Threatened	
	Small White Lady's Slipper	Cypripedium candidum	Threatened	





#### Homework:

- 1. Complete Asynchronous (online self-paced) Course from PLT. a. Send Jack your certificate of completion.
- 2. Read <u>"Every Tree for Itself"</u> and <u>"Web of Life"</u> and watch correlated videos.
- 3. Teach "Every Tree for Itself" and "Web of Life" to a group of students.

Next session is March 8th at 7 PM CT via Zoom.





#### Evaluations

Please complete this evaluation before leaving!

Certificates will be sent via email on Monday.



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