



Harvest of the Month

# SUMMER SQUASH



PATTY PAN SQUASH



CROOKNECK SQUASH

## LEARN TO SAY -

Wamnu bloteku: Lakota and Dakota

Wato<sup>n</sup> (squash): Umo<sup>n</sup>ho<sup>n</sup> and Ponca

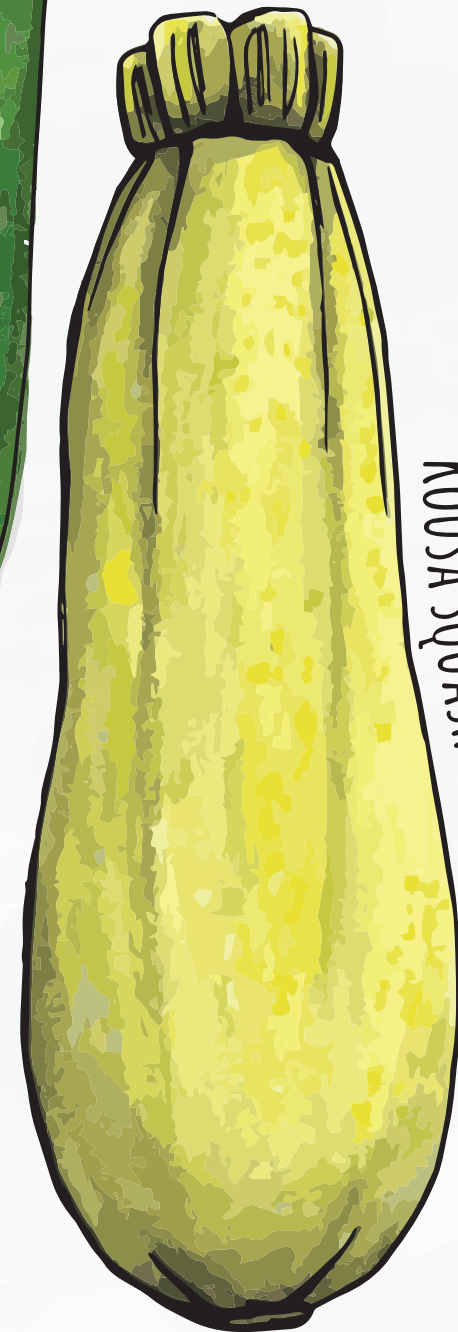
Wicąwą cozu (squash), Wicąwą cozu took (summer squash): HoChunk



YELLOW SQUASH



ZUCCHINI



KOUSA SQUASH

## HISTORICAL TIDBIT -

Explorers brought squash back from North America and spread the vegetable around the world.

## DID YOU KNOW -

Native Americans roasted or boiled the squashes and pumpkins and preserved the flesh in syrup. They also ate the young shoots, leaves, flowers, and seeds.



Farm to School  
NEBRASKA