

Discover & Design



TESTIMONIALS

"I appreciate having usable and complete Extension lessons at the tip of my finger to use for workshops or school enrichment."

"Educational, age-appropriate, and FUN!"

Fit & Healthy Kids

EARLY CHILDHOOD EDUCATION

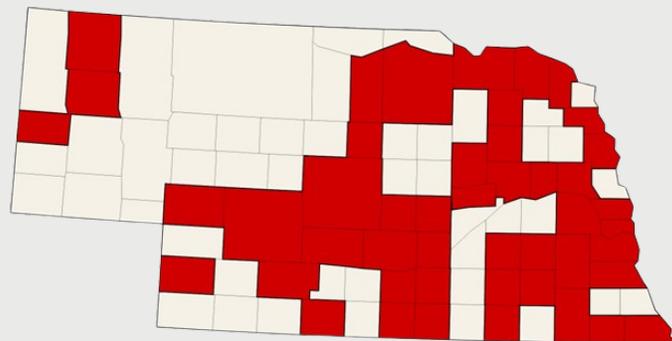
Discover and Design is a newly developed webpage that provides age-appropriate, engaging activities for young children birth-8. New lessons are added quarterly. Discover and Design is a part of the Fit and Healthy Kids multi-state program.

Within the first 6 months:

- 254 users downloaded 1,329 lessons
- Downloaded 17 states and 3 countries
- Indirectly reached 6,969 children

Two-month post-evaluation data reveals:

- 100% of users are extremely likely to recommend the lessons to others
- 100% of users strongly agree that they will use additional Discover and Design activities in the future



Guides downloaded in counties designated in red

How They Were Used:

- 4-H Clover Kids
- Early Childhood Educators
- YMCA
- After School
- Counselors
- FCS Teachers
- Home Visits
- Family Engagement
- Camps

Guide Downloads:

- 72% Nebraska
- 11% Iowa
- 6% South Dakota
- 4% Kansas
- 7% Additional Locations

<https://fitandhealthykids.unl.edu/discover-and-design>

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EXTENSION