

SQUASH TRIVIA

Acorn squash provides 9 grams of fiber per cup, and more than what percentage of the recommended daily value of potassium?

- A. 35% B. 25% C. 15% D. 5%

ANSWER: B.

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What three vegetables were known to some North American tribes as the "Three Sisters"?

- A. Winter Squash, Corn, and Beans
B. Winter Squash, Tomatoes, and Broccoli
C. Winter squash, Carrots, and Cabbage

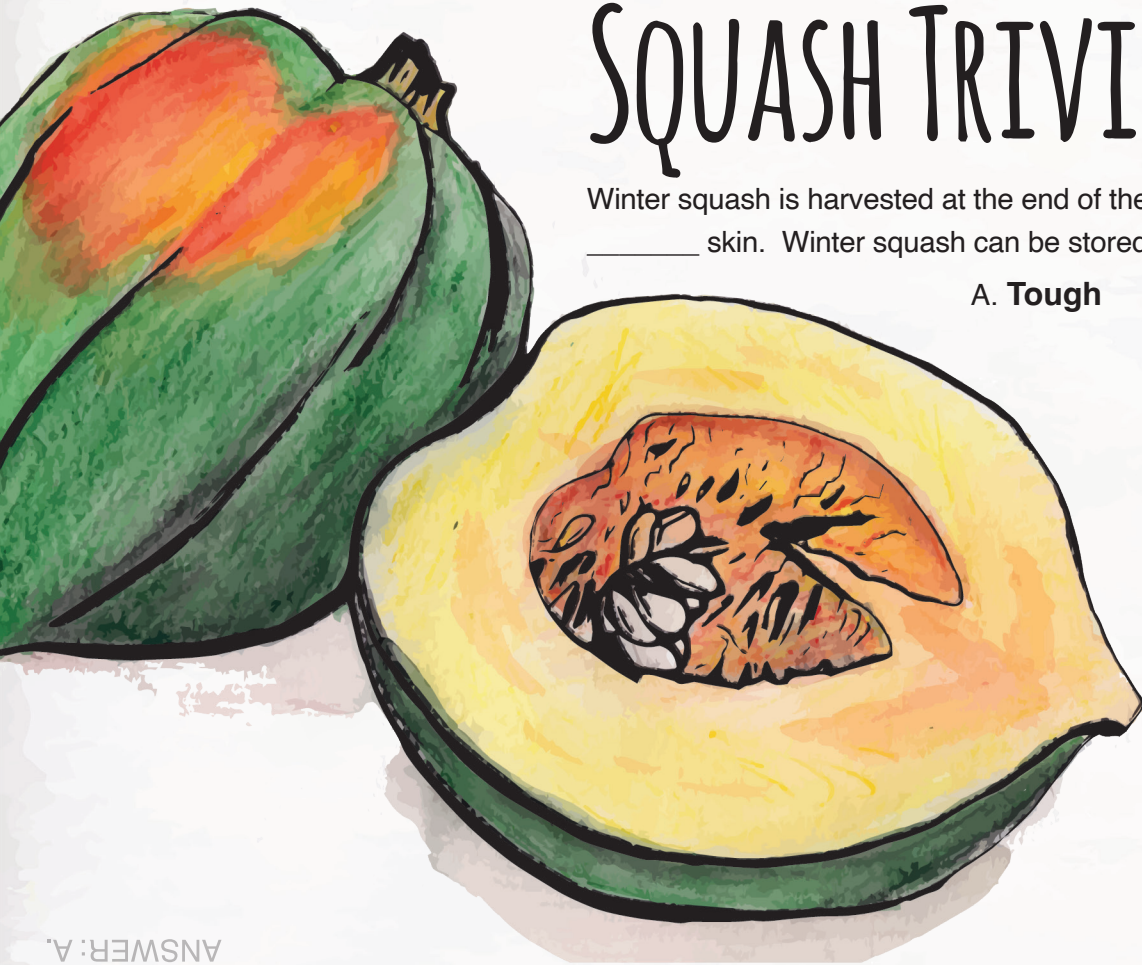


ANSWER: A.

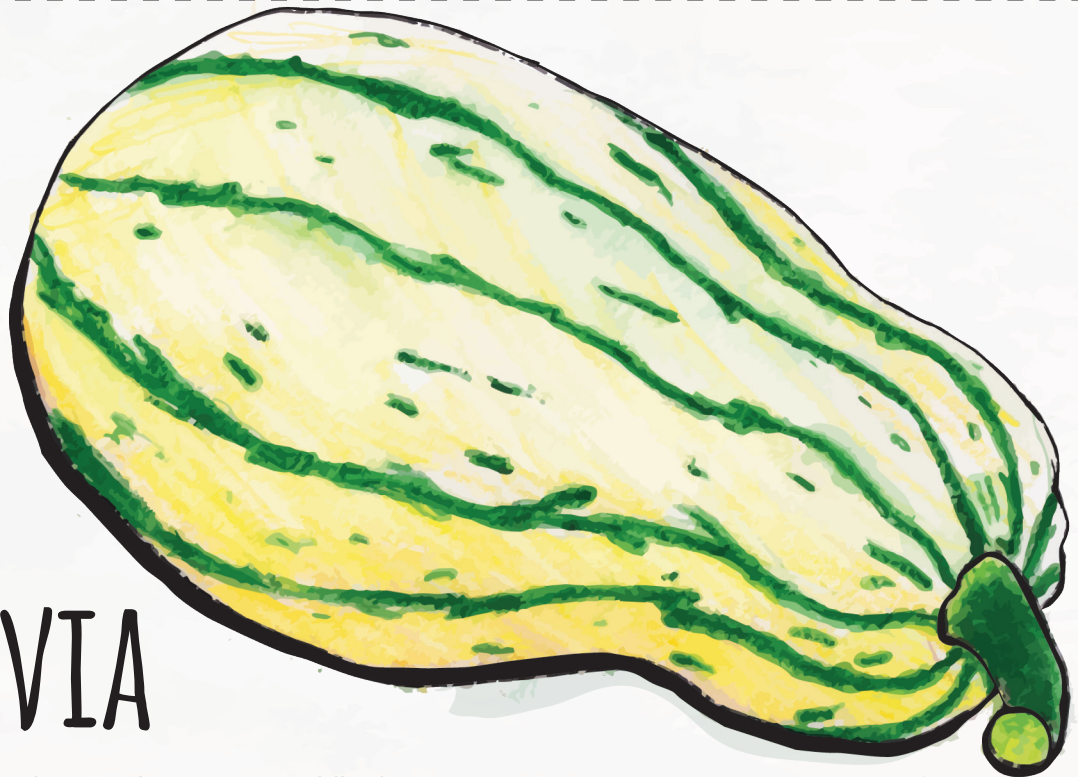
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Winter squash is harvested at the end of the growing season and has _____ skin. Winter squash can be stored for use during the winter months.

A. **Tough** B. **Soft**



ANSWER: A.



SQUASH TRIVIA

Summer squash is harvested during the growing season, while the skin is _____ and the fruit is rather small.

A. **Tough** B. **Soft**

ANSWER: B.