

LEAFY GREENS TRIVIA

Leafy greens, like spinach, grow best when the weather is _____.

A. Hot

B. Warm

C. Cool

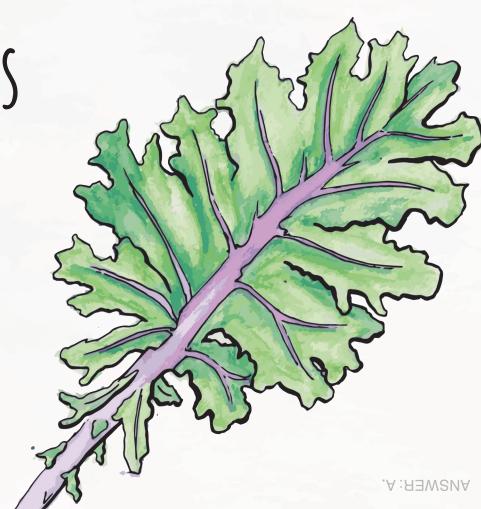
D. Freezing

ANSWER: C.

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Name this leafy green!

- A. Red Russian Kale
 - B. Collard Greens
- C. Rainbow Swiss Chard
 - D. Lacinato Kale





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Why is it is recommended to tear romaine leaves instead of cutting?

A. It can destroy the Vitamin C

B. It keeps the leaves crispy

C. It keeps it fresh longer

ANSWER: C.

