

Health Education

2020 School Health Profile Data

Health education was required in these NE grades:

6th: 61% ♦ **7th: 58%** ♦ **8th: 85%** ♦ **9th: 100%**

Activity & Nutrition



72% of schools taught all 13 physical activity topics in the 2020 Academic Year (AY)

62% provided families with info on physical activity

100% offer interscholastic sports to students



78% of schools taught all 22 nutrition and dietary topics in 2020.

68% provided families with info on nutrition and healthy eating



AY = Academic Year

Alcohol & Other Drugs



All schools tried to increase student knowledge about alcohol- or other drug-use prevention in required courses in grades 6-12

62% provided families with info on alcohol- or other drug-use prevention



The lead health educator in **HALF** of schools had professional development in prior 2 years

Tobacco



All schools tried to increase student knowledge about tobacco prevention in required courses in grades 6-12

56% of schools taught all 19 tobacco prevention topics in 2020 AY

56% provided families with info on tobacco-use prevention

Teachers taught about ...

Cigarettes.....	90%
Electronic vapor products.....	84%
Smokeless tobacco.....	68%
Cigars	62%
Pipes.....	40%

Sexual Health



No middle schools taught all 22 sexual health topics in SY 2020, but **71%** of high schools did

34% provided families with info on HIV, other STDs, or pregnancy prevention

82% provided LGBTQ relevant curricula or materials on HIV, other STDs, or pregnancy prevention



Teachers taught about ...

Human sexuality.....	94%
STD prevention	90%
Pregnancy prevention.....	84%

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