

Harvest of the Month

CARROTS

HISTORICAL TIDBIT -

Carrot salads are a traditional food dish for many cultures across the globe - from Polish apple and carrot salad, to Moroccan spiced carrot salad people have been enjoying carrot's bright, fresh, and sweet taste for thousands of years!



DID YOU KNOW -

The flower of a carrot plant is called an Umbel - it's shape looks similar to an umbrella! Both Umbel and Umbrella come from the same Latin root word, umbella, meaning parasol or sunshade.



Farm to School
NEBRASKA