

# CARROT TRIVIA

Brightly colored carrots are packed with nutrition. What is the name of the antioxidant found in carrots and other orange, dark green, and red vegetables and fruits?

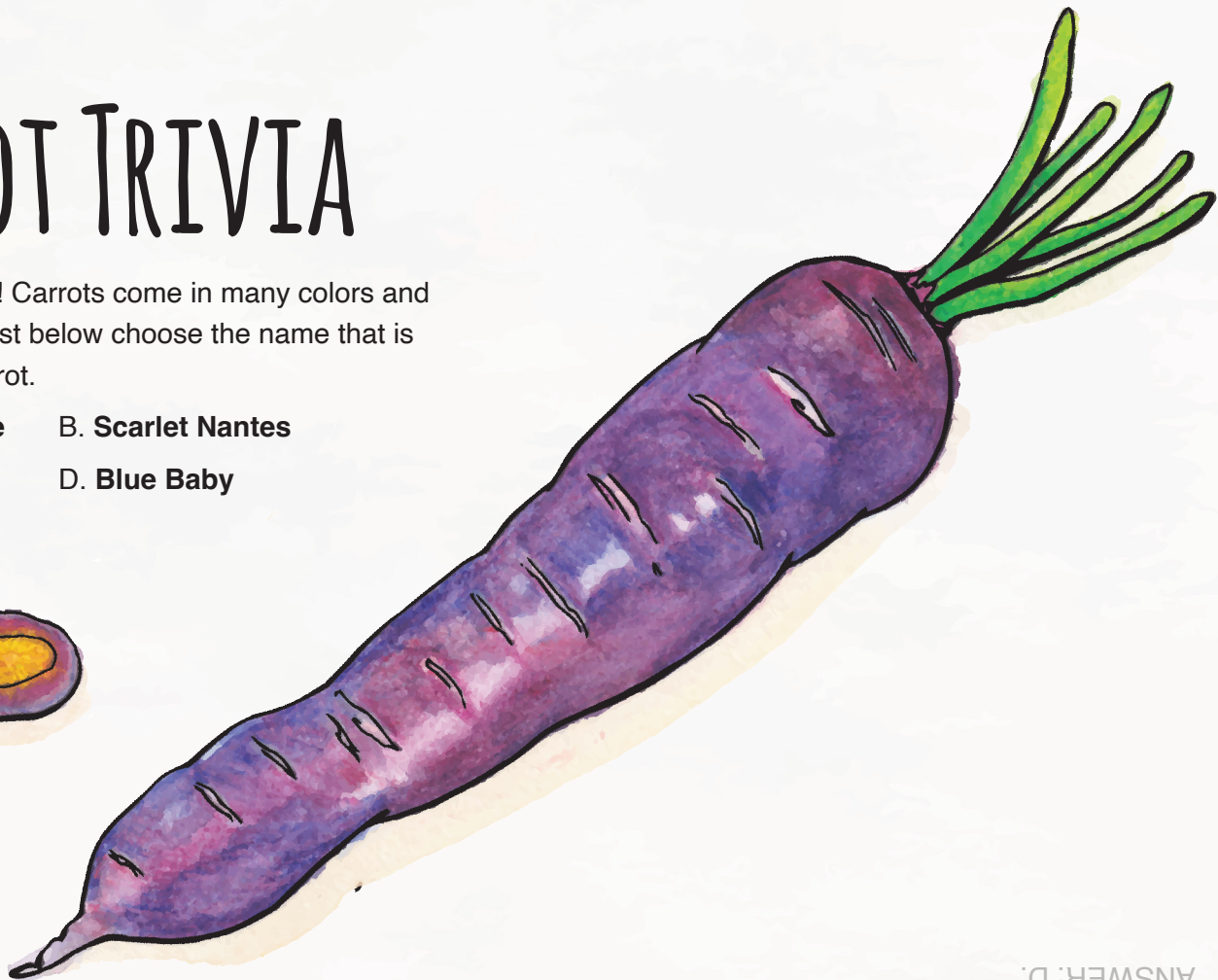
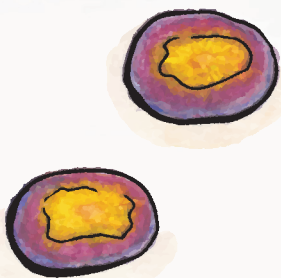
- A. Lycopene
- B. Beta-carotene
- C. Lutein

ANSWER: B.

# CARROT TRIVIA

More than orange! Carrots come in many colors and names. From the list below choose the name that is NOT a type of carrot.

- A. Cosmic Purple
- B. Scarlet Nantes
- C. Yellowbunch
- D. Blue Baby



ANSWER: D.

# CARROT TRIVIA

People in the US love carrots! On average each person in the US eats how many carrots in a year?

- A. 4 large carrots
- B. ½ pound
- C. 10 pounds
- D. 5 pounds

ANSWER: C.

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True or False: Carrot greens (tops) are edible and delicious.

- A. True
- B. False



ANSWER: A.