

## Program Planning and Inventory

Talk to key decision-makers in your school about their plans for health education. Feel free to reference the [SHAPE America Health Education Program Checklist](#) for additional questions.

### **Guiding questions for administrators/teachers:**

- 1) What is the plan for how health education will be taught in our school district?  
(Consider the following in your response: schedule, length of lessons/class, who will teach, graduation requirement, etc.)

K-2:

3-5:

6-8:

9-12:

- 2) Are there any policies or guidance from the school board or district around Health Education?

3) Get more info about current health curricula in the school. What content is currently being taught K-12?

**List health-related curricula, programs, and frameworks** (e.g., PE curriculum, PBIS, Trauma-Informed School, Social Emotional Learning, School Safety, Bullying Prevention, Human Science/Health Science/Science focused on personal health) currently being used in the district.

Curriculum/Framework	Grade(s)	Instructor(s)	How does this address data?	Notes