

Nebraska Rule 59 Response To Life Threatening Asthma & Anaphylaxis

SKILLS CARD

DOES STUDENT HAVE AN EMERGENCY ACTION PLAN?

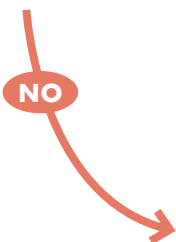


FOLLOW STUDENT'S ACTION PLAN

Is situation resolved with no further treatment needed?



Monitor student, complete further actions as directed by student's action plan, and alert parents



MOVE TO RULE 59 PROTOCOL



FOLLOW EMERGENCY RESPONSE STEPS

- 1 Call 911
- 2 Check airway/patency, breathing, respiratory rate and pulse
- 3 Administer medication per standing order (see 4 & 5)
- 4 Administer epinephrine (EpiPen Jr for person <50 lbs or EpiPen for person >50 lbs) press and hold for three seconds
- 5 Follow with nebulized albuterol while waiting for EMS
- 6 If there is no improvement, one additional treatment of nebulized albuterol can be given after 5 minutes
- 7 Administer CPR if needed
- 8 Monitor vital signs (such as pulse and respiration)
- 9 Contact parents and physician
- 10 Anyone treated for symptoms with epinephrine at school needs to be transferred to a medical facility

**Please note: If student has a plan, start there then move to Rule 59 protocol as needed.*

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Treatment should be given when an individual is showing signs of distress and one or more of these symptoms are present:

DIFFICULTY BREATHING

**THROAT TIGHTNESS
(FEELING THROAT IS CLOSING)**

ONLY SPEAKING 1-2 WORDS

WHEEZING

FAST HEARTBEAT / PULSE

TROUBLE SWALLOWING

**CYANOSIS
(TURNING BLUE)**

HIVES / SKIN RASH / SWELLING

NAUSEA / VOMITING / DIARRHEA

PASSING OUT



AS A REMINDER

- Call 911 as soon as possible
- If student has a plan, start there then move to Rule 59 protocol as needed
- When in doubt, administer the protocol
- Don't forget to call parents
- Remember....EpiPen can be given through clothing
- Make sure to finish the protocol by giving nebulized albuterol after the epinephrine is administered