

RESOURCE GUIDE

Rule 59 is a Nebraska state regulation found here:

cdn.education.ne.gov/wp-content/uploads/2017/10/Rule59_2006.pdf.

Rule 59 resources (training PowerPoint, test, reporting form, poster, skills card, and more) can be found here: education.ne.gov/csss/school-health-education-and-services

Please see the resource links below for national best practice related to asthma, food allergies and anaphylaxis.

FREE EPIPENS

If your school needs stock epinephrine pens, please utilize the EpiPen4Schools Program. To participate, you need to fill out the program's form and obtain a valid prescription.

EpiPen4Schools® Program - epipen.com/en/hcp/for-health-care-partners/for-school-nurses

ANAPHYLAXIS

Anaphylaxis - allergyasthmanetwork.org/anaphylaxis

Allergy & Anaphylaxis: A Practical Guide for Schools and Families – Download - members.allergyasthmanetwork.org/store/ViewProduct.aspx?id=9372183

Allergies and Anaphylaxis - nasn.org/nasn/nasn-resources/practice-topics/allergies-anaphylaxis

Allergies and Asthma at School: Resources for Parents and Schools - allergyasthmanetwork.org/health-a-z/allergies-and-asthma-at-school

Strategies for Addressing Asthma in Schools - cdc.gov/asthma/pdfs/strategies_for_addressing_asthma_in_schools_508.pdf

ASTHMA

Asthma Best Care Practices - higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/Practice%20Topic%20Resources/2015_asthma_care_checklist.pdf

Asthma in Schools: The Basics for Parents - lung.org/lung-health-diseases/lung-disease-lookup/asthma/living-with-asthma/creating-asthma-friendly-environments/asthma-in-schools

For Asthma Health Professionals - lung.org/lung-health-diseases/lung-disease-lookup/asthma/asthma-education-advocacy

Asthma-Friendly Schools Initiative - lung.org/lung-health-diseases/lung-disease-lookup/asthma/asthma-education-advocacy/asthma-friendly-schools-initiative

Nebraska Asthma Coalition nebraskaasthmacoalition.org

Asthma - nhlbi.nih.gov/health-topics/asthma

School Nurse Assessment Tool - nhlbi.nih.gov/health-topics/all-publications-and-resources/asthma-action-plan-working-tool-school-nurse

Managing Asthma: A Guide for Schools - nhlbi.nih.gov/files/docs/resources/lung/NACI_ManagingAsthma-508%20FINAL.pdf

INHALERS

Videos on how to use an inhaler in multiple languages and American Sign Language - [cdc.gov/asthma/faqs.htm](https://www.cdc.gov/asthma/faqs.htm)

FOOD ALLERGIES

Food Allergies - [cdc.gov/healthyschools/foodallergies/index.htm](https://www.cdc.gov/healthyschools/foodallergies/index.htm)

Managing Food Allergies in Schools - [cdc.gov/healthyschools/foodallergies/pdf/20_316712-E_FA_resources_508tagged.pdf](https://www.cdc.gov/healthyschools/foodallergies/pdf/20_316712-E_FA_resources_508tagged.pdf)

FAACT (Food Allergy & Anaphylaxis Connection Team) - includes downloads, posters, and staff and student curricula - [foodallergyawareness.org/education](https://www.foodallergyawareness.org/education)

FARE (Food Allergy Research and Education) - includes links to online training - [foodallergy.org/resources/food-allergies-classroom](https://www.foodallergy.org/resources/food-allergies-classroom)

Kids with Food Allergies - includes sample 504 plans - [kidswithfoodallergies.org/planning-for-school.aspx](https://www.kidswithfoodallergies.org/planning-for-school.aspx)