

Build Schools



Build Staff



Psychological First Aid (PFA) for Nebraska Schools



Supports Available to Build School Community

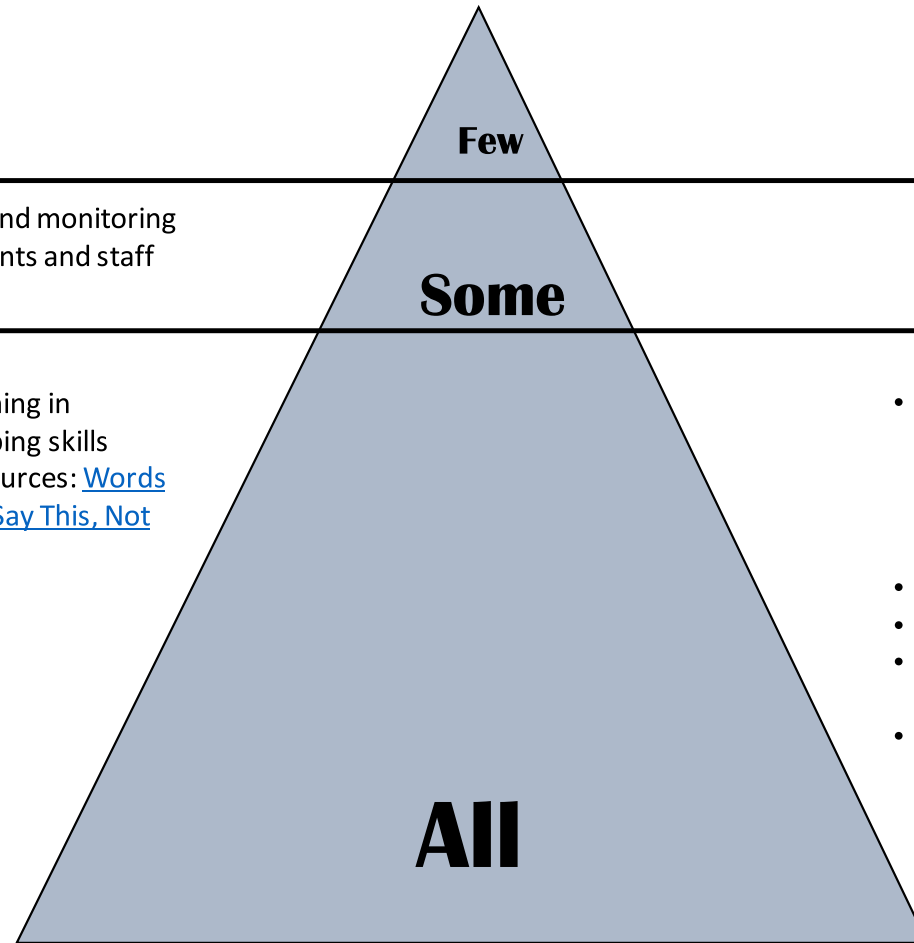
- Training in debriefing and long-term support for students and staff who continue to have difficulty.

- Identifying and monitoring at-risk students and staff

- Train a school staff team in [PFA-S Eight Core Actions](#)
- Collaboration with area ESU to provide support after school crisis event [PFA/ESU Timeline](#)
- Define building-level and district-level Incident Command System (ICS) structures
- Implementation of Standard Response Protocols
- Ensure all students have been taught adaptive coping skills (create a list of skills, who will teach, grade levels, etc.)
- Provide [PFA Tips for Teams](#)

- Provide training in adaptive coping skills
- Provide resources: [Words Matter](#) and [Say This, Not That](#)

- Assist with process of developing a list of resources accessible to students, staff, and families (i.e. referral sources for medical and mental health, agencies, online links)
- Communication/Messaging:
- [Sample PFA letters to send to families](#)
- [Sample statements to read in classrooms](#)
- [27-9-3 Messaging](#)



Psychological First Aid for Schools (PFA-S)

