

NDE Guide to Social and Emotional Learning Resources for Educators and Leaders

RESOURCE and (DEVELOPER)	DESCRIPTION	HIGHLIGHTS
SEL PRACTICES FOR CLASSROOM EDUCATORS		
<p>Greater Good in Education</p> <p>(Greater Good Science Center)</p> <p>★Grab and Go Resources</p>	<p>A searchable, online collection of Pre-K-12 science-based practices that “cultivate positive school cultures” and promote the cognitive, “social, emotional, and ethical development of students and the well-being of the adults who work with them.”</p>	<ul style="list-style-type: none"> • SEL Kernels: developed by Harvard University’s EASEL Lab, kernels are easy to use SEL-promoting activities organized into cognitive, emotional, interpersonal, character, and mindset strategies. • Integrating SEL into Academic Instruction: strategies for embedding SEL in academic content areas including general prosocial teaching strategies, Language Arts, Social Studies/history, Math, Art, and Music. • Trauma-informed (or trauma-sensitive) practices collection. • My Well-Being: Practices for cultivating the social and emotional well-being of school staff members.
<p>Making Caring Common Project</p> <p>(Harvard University)</p> <p>★Grab and Go Resources</p>	<p>Online strategies, resources, and other tools for leaders and classroom educators which promote care and concern for the common good at school, at home, and in communities. Resources can be filtered by topic.</p>	<ul style="list-style-type: none"> • Everyday Gratitude Strategy (All grades) • Relationship Mapping Strategy (All grades) • Classroom check-in survey (grades 6-12) • Circle of Concern Strategy (grades 6-12)
<p>SEL 3 Signature Practices Playbook</p> <p>(CASEL)</p> <p>★Grab and Go Resources</p>	<p>Practical strategies, activities, and protocols for promoting SEL in any classroom, school, learning environment, or workplace using a simple framework of three signature practices. The practices help leaders and educators integrate SEL into the structure of the day/class, into academic lessons, in staff meetings, and professional learning.</p>	<p>The 3 Practices are: Welcoming inclusion activities; Engagement strategies; Optimistic Closures.</p> <ul style="list-style-type: none"> • 2 page snapshot summary of 3 signature practices • Overview video of SEL 3 Signature Practices

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<p>Sample Teaching Activities to Support Core Competencies</p> <p>(CASEL)</p> <p>★Grab and Go Resource</p>	<p>A guide to common strategies used to promote student SEL drawn from evidence-based programs. Aligned with CASEL's SEL Framework, which includes a definition of SEL and descriptions of CASEL's five core competencies (PDF).</p>	<p>Sample activities are organized into two types and suggestions for adaptation for older and younger students are provided:</p> <ul style="list-style-type: none"> ● free-standing lesson/instruction activities ● ongoing teaching practices that are designed to promote environmental conditions that optimize student social and emotional development.
<p>Social and Emotional Learning Videos and Articles</p> <p>(Edutopia)</p>	<p>Videos and articles showcasing systemic SEL and related best practices in schools and districts.</p>	<ul style="list-style-type: none"> ● How Learning Happens Videos video series produced in partnership with Learning Policy Institute and Turnaround for Children. Topics include: Cultivating a Belonging Mindset; Fostering Positive Relationships; Building Academic Confidence; Developing Foundational Skills; Establishing Positive Conditions for Learning. ● How a District Integrates SEL With Academics(Article/Videos) ● How to Embed Social and Emotional Learning Into Your Middle and High School Instruction (Article) ● Inside look at trauma-informed practices (Article/Videos) ● SEL Begins with the Teacher (Article)