Suicide Risk Screening: Why Consider the SBQ-R?

(Suicidal Behaviors Questionnaire - Revised)

We take all suicidal behavior and comments seriously. Screening youth at risk for suicidality can be an effective way of detecting and managing suicide risk.





## **Key Facts:**

- Screening procedures help prevent students from "falling through the cracks"
- Procedures followed consistently and with fidelity ensure safety for students, communication with parents, and follow-up support



## Reasons the SBQ-R is Selected

- Research-based questionnaire
- Available in the public domain (free)
- Self-report instrument
- Brief and easy to administer
- Scores are used to identify risk factors and help professionals decide on next steps



## Common Language

Partnering with Agencies Creates Consistency and Expedited Response

- hospitals and medical facilities
- law enforcement
- emergency responders
- mental health services



## The 4 Questions on the SBQ-R Address:

- 1. Lifetime suicidal ideation and suicide attempts
- 2. Frequency of suicidal ideation
- 3. Threat of suicide behavior
- 4. Likelihood of suicidal behavior

"One of the most important things you can do on this earth is to let people know they are not alone." Shannon L. Alder

