

NDE Guide to Social and Emotional Learning Resources for Educators and Leaders

RESOURCE and (DEVELOPER)	DESCRIPTION	HIGHLIGHTS
PROFESSIONAL LEARNING RESOURCES FOR LEADERS AND EDUCATORS		
<p>Social, Emotional and Behavioral Learning Workshop Series</p> <p>(NeMTSS)</p>	<p>Within NeMTSS, SEBL specialists at the Nebraska Center for Research on Children, Youth, Families and Schools (CYFS) provide evidence-based professional development and implementation support to build educators’ capacity to practice, teach and model SEBL competencies among adults and students to improve school climate, culture and learning.</p>	<ul style="list-style-type: none"> ● NeMTSS offers a series of SEBL professional learning workshops. <ul style="list-style-type: none"> ○ Workshop 1: Exploration and Planning ○ Workshop 2: Adult SEBL ○ Workshop 3: Student Core SEBL ○ Refine the SEBL Core: A Facilitated Work Day ○ Workshop 4: Student Tiered SEBL Continuous ● Visit the NeMTSS CYFS SEBL Support website <ul style="list-style-type: none"> ○ Workshop series overview video, description, and continuum ○ SEBL Implementation Support Specialist contact information
<p>Support Social and Emotional Learning and Development</p> <p>(Center on Great Teachers and Leaders)</p>	<p>Professional learning resources co-created with districts and states across the country to support embedding SEL into daily instruction and building positive conditions for learning that foster well-being and resilience in both students and educators.</p>	<ul style="list-style-type: none"> ● SEL Online Learning Module: Creating a Well-Rounded Educational Experience: a 4-hour SEL introductory course SEL for educators. ● Self-Assessing Social and Emotional Instruction and Competencies: A Tool for Teacher: reflection tool for educators on their own social and emotional competencies and classroom practices. ● Webinar Series: Teaching and Leading with Trauma-Informed Care: three part webinar series focused on the developing the use of evidence-based trauma-informed practices. The webinars highlight strategies specific to fostering resilience and well-being for educators, for educators as they work with their students, and for school leaders
<p>SEL Toolkits</p> <p>(Transforming Education)</p>	<p>A collection of professional learning toolkits promoting evidence-based SEL and SEL-aligned strategies.</p>	<ul style="list-style-type: none"> ● SEL for Educators Toolkit: 6 mini modules that promote interactive classroom SEL practices. Toolkit can be used for: individual learning, reflection, and practice; Professional Learning Communities (PLCs), staff meetings, professional development, and training sessions. The five practices are: Examine Identity; Explore emotions; Cultivate Compassionate

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		<p>Curiosity; Orient Toward Optimism; and Establish Balance and Boundaries.</p> <ul style="list-style-type: none"> • Trauma Informed SEL Toolkit: a 120-minute educator professional development session that provides research-based strategies for create a healthy classroom environment for students who have experienced adversities and trauma. Key trauma-informed SEL practices include: Creating Predictable Routines; Build Strong and Supportive Relationships; Empower Students' Agency; Support the Development of Self Regulation Skills; Provide Opportunities to Explore Community and Individual Identities. • Mindfulness, Self-Efficacy, Self-Management, Social Awareness, and Growth Mindset: 90 minute professional development toolkits. Toolkits include: a introduction to the topic and why it is important (presentation); video(s) of student, family, and educator perspectives; a range of strategies for integration into their teaching practice for all grade levels; a facilitators guide including an abbreviated guide for 45-minute professional learning session)
<p>Mental Health Technology Transfer Center (MHTTC) Network</p>	<p>The SAMHSA-funded MHTTC Network provides technical assistance and training, creates and disseminates resources, and supports workforce development for the mental health field. MHTTC's School Mental Health Initiative, focuses on the implementation of mental health services in schools and school systems including supporting classroom educator practices.</p>	<ul style="list-style-type: none"> • Adult Resilience Curriculum (ARC) for Educators Mental Health Technology Transfer Center (MHTTC) Network (mhttcnetwork.org): 10 part, self-paced professional learning modules for adults to promote student mental health. • Classroom WISE: 3-part training package that assists K-12 classroom educators in supporting the mental health of students. • Mental Health Promotion For All (Tier 1) University of Maryland School of Medicine (schoolmentalhealth.org): guidance to help school mental health systems advance the quality of their services and supports. This guide contains background information on mental health promotion services, best practices, possible action steps, examples from the field, and resources including school climate, equitable discipline practices, SEL, and adult wellbeing.

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<p>Inspire Teaching and Learning</p> <p>(National University)</p>	<p>Free, online 30-60 minute SEL professional learning on demand courses for Pre-K-12 educators.</p>	<p>Developing SEL Capacity Professional Learning Pathway includes (free login required):</p> <ul style="list-style-type: none">• Foundations of Social and Emotional Learning unit• Classroom Design and Instruction Unit• Inspired Leadership Unit
		