

NDE Guide to Social and Emotional Learning Resources for Educators and Leaders

RESOURCE and (DEVELOPER)	DESCRIPTION	HIGHLIGHTS
EDUCATOR WELLBEING AND SELF CARE		
	<ul style="list-style-type: none"> • Self-Care Strategies for Educators During the Coronavirus Crisis: Supporting Personal Social and Emotional Well-Being (Center to Improve Social and Emotional Learning and School Safety at WestEd) • Educator Resilience and Trauma-Informed Self-Care (American Institutes for Research) 	