

# School Mental Health & School Climate Handout

## January 18, 2022

### NeMTSS Social, Emotional and Behavioral Learning Specialists



Supporting student mental and emotional well-being



Creating a safe and supportive school climate



Developing social skills and appropriate behavior



Supporting adolescent development



Building a culture of inclusion and acceptance of difference



Addressing the needs of the whole child

## General School Climate

[School Climate Data Interpretation Resources \(NCSSLE\)](#)

[School Climate & SEL Brief](#)

[Ways to Improve School Climate](#)

[National School Climate Center- Why it's important](#)

[Quick Guide on Making School Climate Improvements](#)

[School Climate Improvement Toolkit](#)

[Guidance for Measuring/Using School Climate Data](#)

[NDE School Climate Resources - Surveys](#)

[Assessing Perceptions: Victoria Bernhardt](#)

## Engagement

[Welcoming Inclusion Activities](#)

[Would you Rather K-12 Slide Deck](#)

[Mood Meter Tool with directions](#)

[CASEL Signature SEL Playbook](#)

[Inclusive Classroom Self-Assessment for Educators](#)

[Iceberg Identity Activity](#)

[MAEC Equity Audit 2021](#)

[Positive Student-Teacher Relationship Quick Guide](#)

[Dominique Smith - Relationships](#)

[Microaggressions](#)

[Representation Reflection](#)

## General School Mental Health

[Classroom Wise Modules](#)

[National Center for School Mental Health](#)

[NDE School Mental Health](#)

[Mental Health Risk / Protective Factors](#)

[Understanding & Supporting Youth Mental Health](#)

[Family Tip Sheet: Advocating for School Mental Health](#)

## Safety

[NDE School Safety Resources](#)

[Heather Robbins' School Safety 10 Minute Tidbits](#)

[11 Ways Schools Can Help Students Feel Safe in](#)

[Challenging Times](#)

[Representation Reflection Activity Questions](#)

## Environment

[Adult Resilience Curriculum for Educators](#)

[Applying a SJ Lens to Expectations](#)