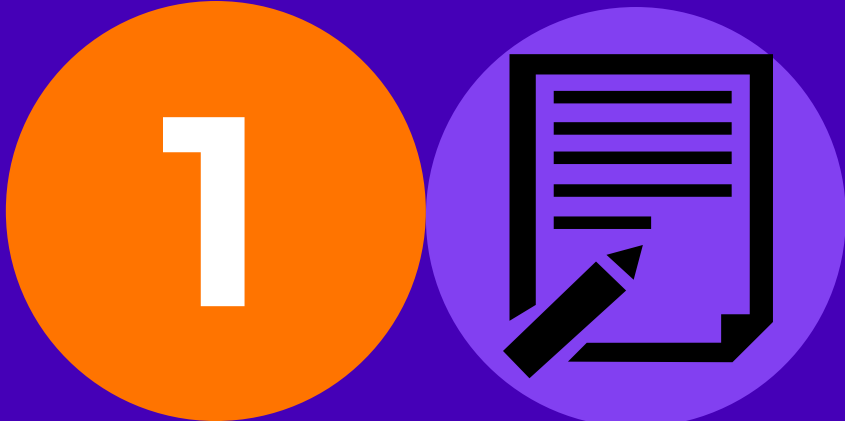




"Suicide is a layered, complex issue. It's not simple, and we all need to work together."

Jonathan Frecceri

With the alarming increase in suicides, we want to assist schools in building best practices and supports.



Suicide Prevention Policy and Procedures

Encourage schools to write and adopt a suicide policy and create procedures for prevention, intervention, and postvention. Policy examples are available through NDE School Safety.



Implement a Suicide Prevention Evidence-based Curriculum

A curriculum should include lessons for elementary, middle, and high school students and components for training staff and informing parents. NDE is researching Suicide Prevention curriculums that are evidence-based. Some curriculum will be made available to schools.



Screening

- We take all suicidal behavior and comments seriously. Screening youth at risk for suicidality can be an effective way of detecting and managing suicide risk.
- Two evidence-based screeners have been identified as highly effective. They are: SBQ-R (utilized in Nebraska by schools, law enforcement, EMS, and Hospitals) and Columbia SSRS (gold star for school psychologists). Training on these two screeners will be provided at no cost to Nebraska schools. Initial training will be with the SBQ-R because of the NDE School Safety priority to collaborate and build relationships with agencies.



How can we learn more about training and resources NDE can provide to support our school?

<https://www.education.ne.gov/safety/suicide-prevention/>

"One of the most important things you can do on this earth is to let people know they are not alone."

Shannon L. Alder