Psychological First Aid for Schools

PFA-S

Ensuring students are safe, supported, and ready to learn.

Contact and Engagement
- Initiate contacts or respond to contacts by students and staff in a non-intrusive, compassionate, and helpful manner.

Safety and Comfort
- Enhance immediate and ongoing safety, and provide physical and emotional comfort.

Stabilization
- Calm and orient emotionally overwhelmed or disoriented students and staff.

Information Gathering
- Identify immediate needs and concerns, gather direct and indirect data.

Practical Assistance
- Offer practical help to students and staff in addressing immediate needs and concerns.

Connection with Social Supports
- Establish brief or ongoing contacts with sources of support, including family, friends, teachers or other school and/or community resources.

Information on Coping
- Provide information about stress reactions and coping to reduce distress and promote adaptive functioning.

Linkage with Collaborative Services
- Link with available services needed at the time and in the future.

Prevention and Preparedness
- Safety Planning & Training
- Threat Assessment
- Crisis Response
- SRP & SRM Training
- SRP

Response and Recovery

ND DE SAFETY AND SECURITY