Psychological First Aid for Schools PFA-5

Ensuring students are safe, supported, and ready to learn.

Initiate contacts or respond to contacts by students and staff in a non-intrusive, compassionate, and helpful manner Safety **Threat** Planning Assessment & Training Enhance immediate and ongoing safety, and provide physical and emotional comfort SRP & SRM S Crisis Training **Contact and** Response SRP Engagement SRM

Ink with available services needed at the time and in the future

> Linkage with Collaborative Services

Information on Coping

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PFA 8 CORE ACTIONS

Provide information about stress reactions and coping to reduce distress and promote adaptive functioning Safety and Comfort

Calm and orient emotionally overwhelmed or disoriented students and staff Stabilization

> Identify immediate needs and concerns, gather direct and indirect data

Gathering

Establish brief or ongoing contacts with sources of support, including family, friends, teachers or other school and/or community resources Connection with Social Supports

Practical Assistance Offer practical help to students and staff in addressing immediate needs and concerns

NDE SAFETY AND SECURITY