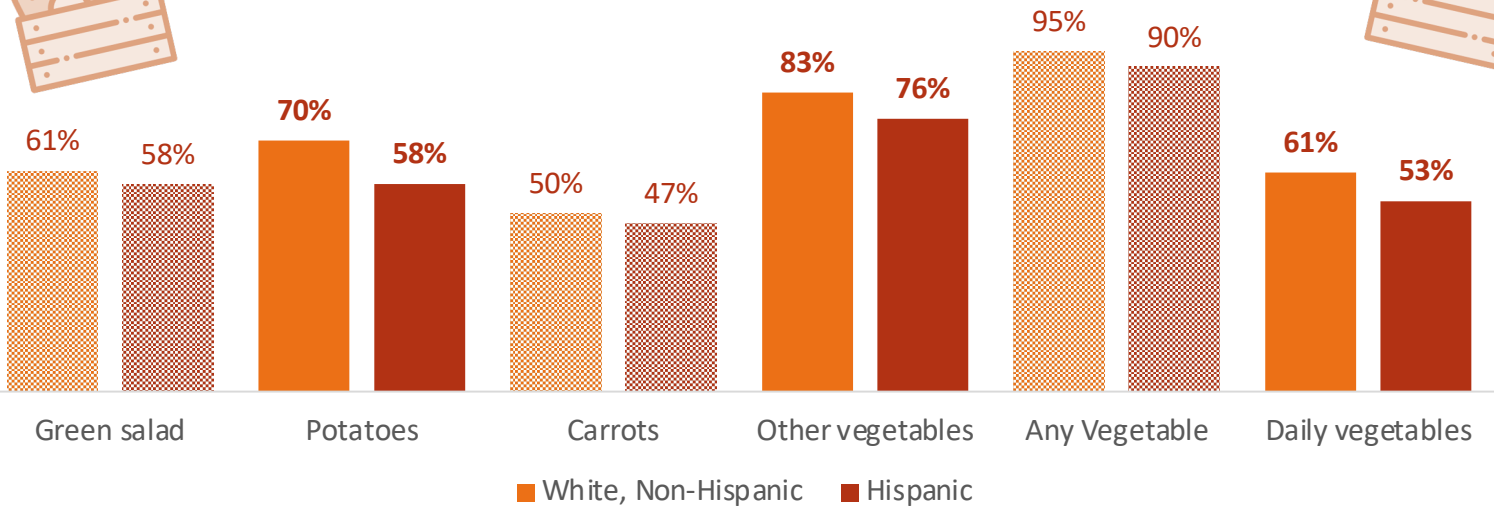


Nutrition

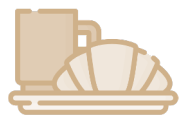


Youth in Nebraska

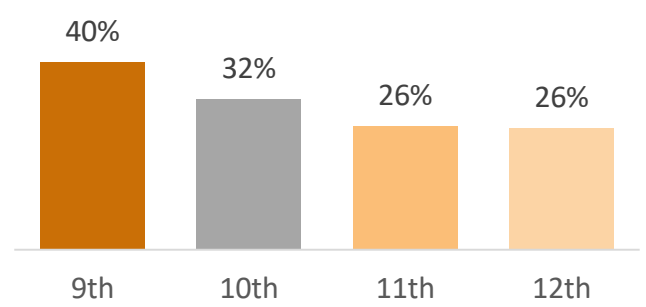
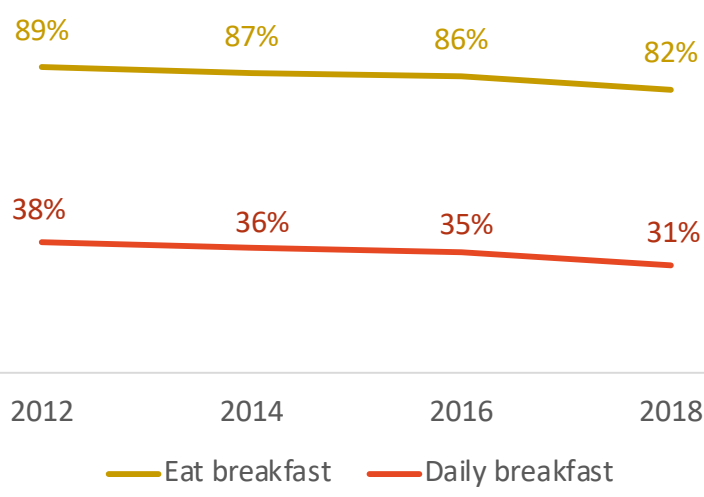
White, non-Hispanic high school students were **more likely** than Hispanic students to eat potatoes, other vegetables, and vegetables daily



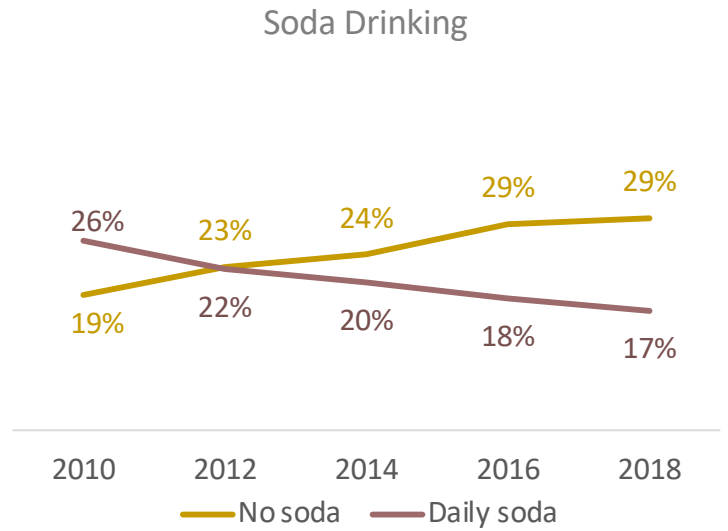
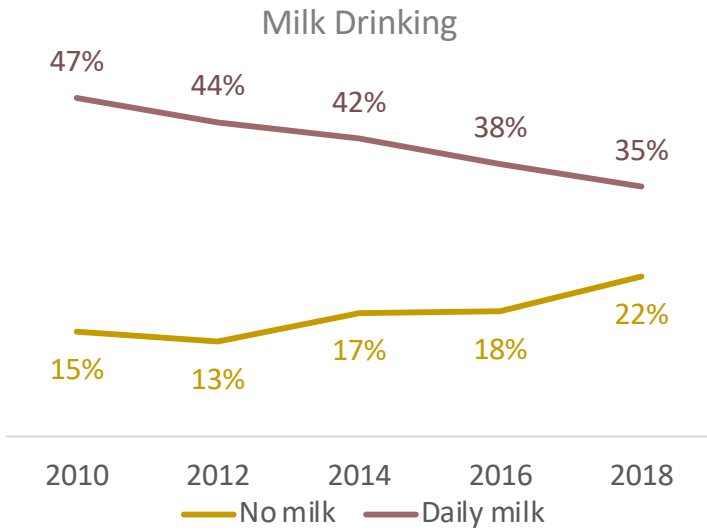
While the majority of students said they **ate breakfast**, only about one-third ate **breakfast daily**. Both **declined** from 2012 to 2018



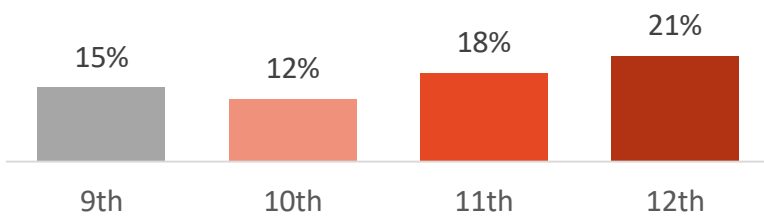
Compared to juniors and seniors, 9th grade students were significantly **more likely** to eat breakfast daily



Drinking of milk and soda have both **declined** over the last decade, with a greater number of students avoiding them altogether



Students' daily soda intake **increased** between 10th and 12th grade



37% of white, non-Hispanic students drank milk daily, compared to **25%** of Hispanic students

Males were more likely to drink milk and soda than **females**

