

Chronic Conditions & Habits

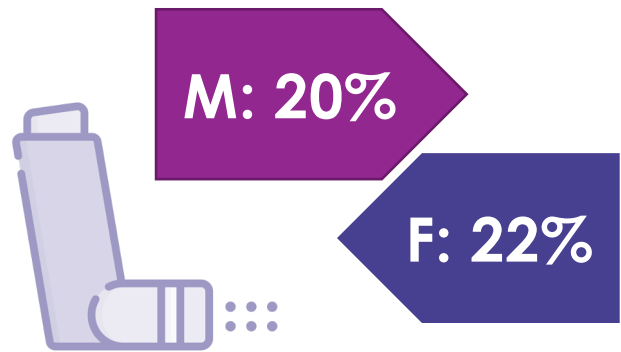
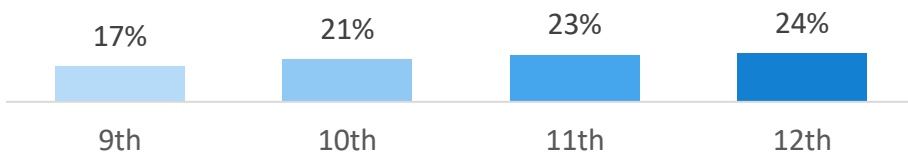
Youth in Nebraska



One out of four Nebraska high school seniors had asthma

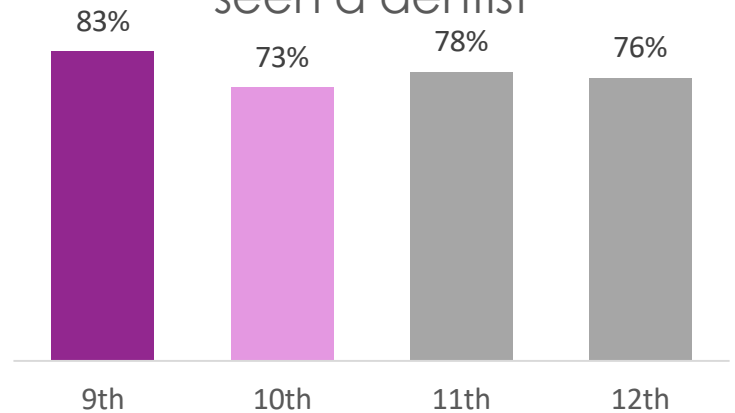
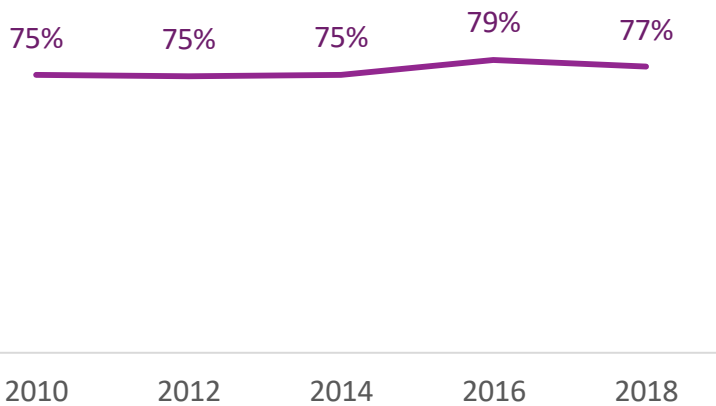
While higher than other grades, the differences were not significant

Male and female students were similarly likely to have asthma



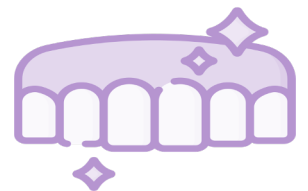
The number of students who saw a dentist **increased** from 2010 to 2018

9th grade students were **more likely** than 10th grade students to have seen a dentist

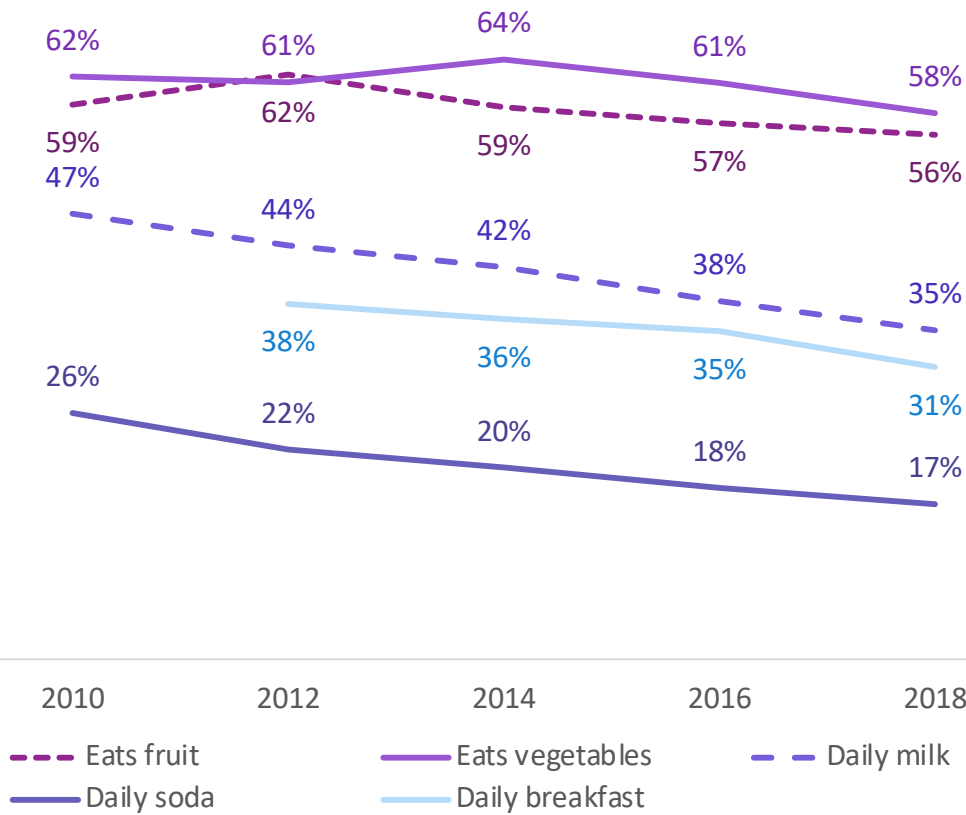


Non-Hispanic white students were **more likely** than Hispanic students to have seen a dentist

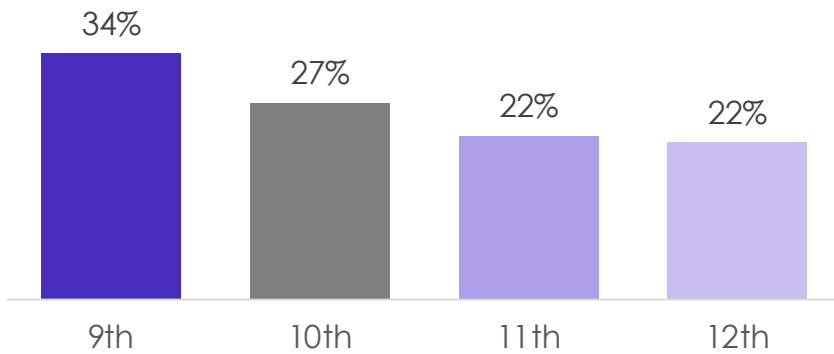
82% vs. **65%**



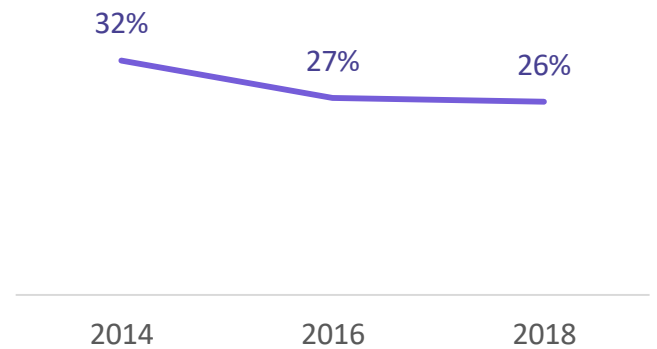
Daily consumption has **declined** for more healthy foods, like fruits and vegetables, but also for less healthy items, like soda



8 or more hours of sleep is **more common** among the **first** year of high school than the **last two years**



Sleeping 8+ hours **declined** over time



Males were more likely to get 8+ hours of sleep a night than **females**

31% vs. 22%

