



# Bullying Prevention



**1 in 5** high school students reported being bullied at school in the last year.

## What is Bullying?

**Unwanted Aggressive Behavior**

**Intentional**

Intended to hurt someone physically, verbally, emotionally, or electronically

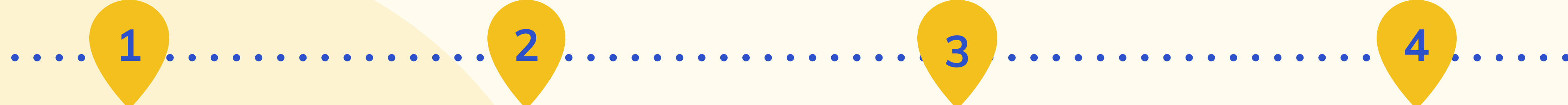
**Imbalance of Power**

Socially, physically, or emotionally

**Repeated over Time**



## Are your preventative measures in place?



**School Policy with Procedures is Mandated**  
Have you reviewed your policy? Is it clearly communicated to students, staff, and families? Do you intervene immediately when bullying is reported?

**Training is provided to all staff members.**  
NDE School Safety can provide training, resources and strategies.  
*Contact us....*

- Implement an Evidence-based Curriculum**  
(Examples below)
- Changing Curriculum through Stories by Marc Levitt
  - CAPSLE
  - Expect Respect (gr. 7-12)
  - Fourth R: Skills for Youth Relationships
  - Lesson One (K-6)
  - Peace Builders
  - Resolving Conflict Creatively Program
  - Second Step
  - Safe School Ambassadors
  - Social Skills Group Intervention (gr. 3-5)
  - Steps to Respect (gr. K-6)

**Model empathy, kindness, and respect.**



**A child that can stand up to bullying can stand up to anything.**  
*How do we make our children resilient?*