### Bullying Prevention

#### What is Bullying?

Unwanted Aggressive Behavior

- Intentional: Intended to hurt someone physically, verbally, emotionally, or electronically
- Imbalance of Power: Socially, physically, or emotionally
- Repeated over Time

#### Are your preventative measures in place?

1. **School Policy with Procedures is Mandated**
   - Have you reviewed your policy? Is it clearly communicated to students, staff, and families? Do you intervene immediately when bullying is reported?

2. **Training is provided to all staff members.**
   - NDE School Safety can provide training, resources and strategies. *Contact us....*

3. **Implement an Evidence-based Curriculum (Examples below)**
   - Changing Curriculum through Stories by Marc Levitt
   - CAPSLE
   - Expect Respect (gr. 7-12)
   - Fourth R: Skills for Youth Relationships
   - Lesson One (K-6)
   - Peace Builders
   - Resolving Conflict Creatively Program
   - Second Step
   - Safe School Ambassadors
   - Social Skills Group Intervention (gr. 3-5)
   - Steps to Respect (gr. K-6)

4. **Model empathy, kindness, and respect.**

#### A child that can stand up to bullying can stand up to anything.

**How do we make our children resilient?**

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