

DAILY INFANT MEAL RECORDS:
Multiple Infants – Breakfast, AM Snack, Lunch, PM Snack
**All food components are required when infant is developmentally ready.*

Month/Day/Year: _____

Site: _____

		BREAKFAST			AM SNACK			LUNCH			PM SNACK		
Common Abbreviations: B.M. = Breast milk F = Formula Rice = "Rice" Cereal Oat = "Oatmeal" Cereal Mixed = "Mixed" Cereal Infants fed on-site by breastfeeding mothers = B.M. by mom	Meal Benefit Category	4-6 Fl. Oz (0-5 months)	0 – ½ oz eq	0 – 2 Tbsp.	4-6 Fl. Oz (0-5 months)	0-1/2 oz eq	0-2 Tbsp.	4-6 Fl. Oz (0-5 months)	0 – ½ oz eq	0 – 2 Tbsp.	4-6 Fl. Oz (0-5 months)	0-1/2 oz eq	0-2 Tbsp.
		6-8 Fl. Oz (6-11 months)	Infant Cereal and/or 0-4 Tbsp Meat/meat alternate ²	Vegetable, or Fruit or a combination of both	2-4 Fl. Oz (6-11 months)	Infant Cereal Or Bread or 0 – ¼ oz eq Crackers or Ready-to-eat Breakfast Cereal	Vegetable, or Fruit or a combination of both	6-8 Fl. Oz (6-11 months)	Infant Cereal and/or 0-4 Tbsp Meat/meat alternate ²	Vegetable, or Fruit or a combination of both	2-4 Fl. Oz (6-11 months)	Breast Milk ¹ or Formula	Infant Cereal or Bread or 0 – ¼ oz eq Crackers or Ready-to-eat Breakfast Cereal
Last Name, First Name & Date of Birth													

¹ - Breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered at a later time if the infant will consume more. ² - Meats include beef, pork, fish poultry, whole egg (0-4 Tbsp.). Meat alternates include cooked dry beans or dry peas (0-4 Tbsp.), cheese (0-2 ounces), cottage cheese (0-4 ounces), or Yogurt (0-4 ounces or ½ cup).

This form must be used in combination with a point-of-service meal count sheet, i.e., the blue and white Record of Meals and Supplement Served form.

**DAILY INFANT MEAL RECORDS:
Multiple Infants – Breakfast, Lunch, PM Snack**

**All food components are required when infant is developmentally ready.*

Month/Day/Year: _____

Site: _____

		BREAKFAST			LUNCH			PM SNACK			
Common Abbreviations: B.M. = Breast milk F = Formula Rice = "Rice" Cereal Oat = "Oatmeal" Cereal Mixed = "Mixed" Cereal Infants fed on-site by breastfeeding mothers = B.M. by mom	Meal Benefit Category	4-6 Fl. Oz (0-5 months)	0 – ½ oz eq	0 – 2 Tbsp.	4-6 Fl. Oz (0-5 months)	0 – ½ oz eq	0 – 2 Tbsp.	4-6 Fl. Oz (0-5 months)	0-1/2 oz eq	0 – 2 Tbsp.	
		6-8 Fl. Oz (6-11 months)	Infant Cereal &/or	Vegetable, or Fruit or a	combination of both	6-8 Fl. Oz (6-11 months)	Infant Cereal &/or	Vegetable, or Fruit or a	combination of both	2-4 Fl. Oz (6-11 months)	Infant Cereal or Bread or 0 – ¼ oz eq Crackers or Ready-to-eat Breakfast Cereal
Last Name, First Name & Date of Birth		Breast Milk ¹ or Formula	0-4 Tbsp Meat/ meat alternate ²		Breast Milk ¹ or Formula	0-4 Tbsp Meat/ meat alternate ²		Breast Milk ¹ or Formula			

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WEEKLY MEAL RECORD

Individual Infant – Breakfast, Lunch and PM Snack

**All food components are required when infant is developmentally ready*

Child's Name: _____

Date of Birth: _____

Site: _____

Meal Benefit Category: _____

Common Abbreviations:
 B.M. = Breast milk
 F = Formula
 Rice = "Rice" Cereal
 Oat = "Oatmeal" Cereal
 Mixed = "Mixed" Cereal
 Infants fed on-site by breastfeeding mothers = B.M. by mom

Month, Day, Year	BREAKFAST			LUNCH			PM SNACK		
	4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk ¹ or Formula	0 – ½ oz eq. Infant Cereal &/or 0-4 Tbsp Meat/meat alternate ²	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk ¹ or Formula	0 – ½ oz eq. Infant Cereal &/or 0-4 Tbsp Meat/meat alternate ²	0– 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 2-4 Fl. Oz (6-11 months) Breast Milk ¹ or Formula	0-1/2 oz eq Infant Cereal/ or Bread or 0 – ¼ oz eq Crackers or Ready-to-eat Breakfast Cereal	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both
Monday									
Tuesday									
Wednesday									
Thursday									
Friday									

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² – Meats include beef, pork, fish poultry, whole egg (0-4 Tbsp.). Meat alternates include cooked dry beans or dry peas (0-4 Tbsp.), cheese (0-2 ounces), cottage cheese (0-4 ounces), or Yogurt (0-4 ounces or ½ cup).

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Child's Name: _____
 Site: _____

Date Of Birth: _____
 Meal Benefit Category: _____

Month, Day, Year	BREAKFAST			AM SNACK			LUNCH			PM SNACK		
	4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk ¹ or Formula	0 – ½ oz eq Infant Cereal &/or 0-4 Tbsp Meat/meat alternate ²	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 2-4 Fl. Oz (6-11 months) Breast Milk ¹ or Formula	0-1/2 oz eq Infant Cereal or Bread or 0 – ¼ oz eq Crackers or Ready-to- eat Breakfast Cereal	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 6-8 Fl. Oz (6-11 months) Breast Milk ¹ or Formula	0 - ½ oz eq Infant Cereal &/or 0-4 Tbsp Meat/meat alternate ²	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both	4-6 Fl. Oz (0-5 months) 2-4 Fl. Oz (6-11 months) Breast Milk ¹ or Formula	0-1/2 oz eq Infant Cereal or Bread or 0 – ¼ oz eq Crackers or Ready-to- eat Breakfast Cereal	0 – 2 Tbsp. Vegetable, or Fruit or a combination of both
	Monday											
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