

## Nebraska Health Education Standards – Draft #1

Public and accredited non-public schools in Nebraska are required to include health education within their instructional programs for elementary, middle, and high schools. The instructional programs are to have written guides, frameworks, or standards. Unlike reading, writing, mathematics, science, and social studies, public school districts and accredited non-public school systems *are not* required by law to adopt the state Nebraska Health Education Standards but are required to have standards in place for health education. The decision to utilize the Nebraska Health Education Standards, in whole or part, are determined by each local school district or school system.

The following national resources informed Draft #1 of the Nebraska Health Education Standards:

- Collaborative for Academic, Social, and Emotional Learning (CASEL)
- Health Education Curriculum Analysis Tool (HECAT) Healthy Behavior Outcomes
- National Health Education Standards (NHES)
- American School Counseling Association - Mindsets and Behaviors for Student Success
- National Sex Education Standards: Core Content and Skills, K-12

The following Nebraska-specific resources informed Draft #1 of the Nebraska Health Education Standards:

- Nebraska Career Readiness Standards
- Nebraska English Language Arts Standards
- Nebraska Family & Consumer Science & Human Science Standards
- Nebraska K-12 Technology Scope & Sequence
- Nebraska Physical Education Standards
- Nebraska Science Standards
- Nebraska Social Studies Standards
- Nebraska's Birth to Five Learning and Development Standards

The following Nebraska-specific data sources informed Draft #1 of the Nebraska Health Education Standards:

- Nebraska Health Education Offering Survey
- Nebraska Risk and Protective Factors Survey (NRPFFS)
- Nebraska School Health Profiles
- Youth Tobacco Survey
- Youth Risk Behavior Survey (YRBS)

Additionally, Health Education standards from other states were consulted, including the health education standards from:

- California
- Indiana
- Michigan
- North Carolina
- North Dakota
- Oklahoma
- Utah
- Washington
- Wyoming

The following Nebraska statutes and policies informed Draft #1 of the Nebraska Health Education Standards:

- Provisions for Bullying Prevention (Nebraska Revised Statute 79-2, 137)
- Provisions of the Lindsay Ann Burke Act (Nebraska Revised Statutes 79-2,138 to 79-2,142)
- Provisions for Fire Prevention Instruction (Nebraska Revised Statute 79-706)
- Provisions for Health Education (Nebraska Revised Statutes 79-712 to 79-714)
- Provisions for Multicultural Education (Nebraska Revised Statutes 79-719 to 79-723)
- Provisions for Character Education (Nebraska Revised Statutes 79-725 to 79-727)
  
- State Board of Education Position Statement: Nondiscrimination and Equitable Educational Opportunities in Schools (S1)
- State Board of Education Position Statement: Prevention of Dating Violence (S9)
- State Board of Education Position Statement: Coordinated School Health (S10)
- State Board of Education Equity Lens

The following educators contributed to the development of Draft #1 of the Nebraska Health Education Standards. **NOTE: The level of participation by each individual varies.**

Allison	Aldrich	Health & Physical Education (Grand Island/ Hastings)
David	Ashby	Health & Physical Education (Omaha)
Matt	Avey	Health & Physical Education - Curriculum Director (Lincoln)
Elizabeth	Bohrer	Health & Family and Consumer Science Education (Ralston)
Dawn	Brammer	Health & Physical Education Methods & Pedagogy (Chadron)
Steve	Bristol	Administrator (Ogallala)
Kathy	Burney	Health & Physical Education & Department Head (Elkhorn)
Julie	Cunningham	Health & Physical Education (Stanton)
Samantha	Hammond	Health & Physical Education (Lexington)
Brian	Hermelbracht	Health & Physical Education (East Butler)
Melissa	Jackson	Health & University Health Methods (Omaha, Kearney, Fremont)
Michelle	Johnson	Health & Physical Education (Alliance)
Josh	Lanik	Health & Physical Education (Thayer Central)
Kayla	Makovicka	Health & Physical Education & Adaptive PE (York)
Cathy	Mohlman	Health & Physical Education & Adaptive PE (Lincoln)
Wyatt	Morse	Health & Physical Education (Fremont)
Sharon	Rhodes	Health & Family and Consumer Science Education (Omaha)
Kimberly	Scarborough	Health & Family and Consumer Science Education (Neligh/Oakdale)
Carol	Tucker	Retired State School Nurse Consultant (Ashland)
James	Thompson	Health & Physical Education (Lincoln)
Mary	Yilk	Retired Administrator (Hastings)
Pamela	Young	Health & Physical Education (Omaha)

Comments and feedback for the writing team can be provided via email: [nde.standardsinput@nebraska.gov](mailto:nde.standardsinput@nebraska.gov).

The following subject matter experts were asked to provide feedback on the content included in the Draft #1 of the Nebraska Health Education Standards. **NOTE: Not all individuals provided feedback on the draft standards.**

First Name	Last Name	Role
Jeanne	Bietz, M.A.	Nebraska Department of Health & Human Services - Injury Prevention Program
Kathy	Burklund, MS, Ed.	Nebraska Department of Health & Human Services - Tobacco Free Nebraska
Jessie	Coffey, MS, RDN, LMNT	Nebraska Department of Education - Office of Coordinated Student Support Services
Jacqueline	D'Angelo, Ph.D.	University of Nebraska - Lincoln - Academy for Child and Family Wellbeing
Theresa	Deterding	Health Education - North Platte Public Schools
Danae	Dinkel, Ph.D.	University of Nebraska at Omaha - School of Health and Kinesiology
Liam	Heerten-Rodriguez, Ph.D., MSW, CSE	University of Nebraska at Omaha - School of Social Work
Julane	Hill	Nebraska Department of Education - Office of Teaching, Learning & Assessment (Retired)
Matthew	Hutt, Ph.D.	Clinical Psychologist
Chris	Junker	Nebraska Department of Education - Office of Coordinated Student Support Services
Jason	Kerkman	Nebraska Department of Health & Human Services - Injury Prevention Program
Kim	McClintick, MSN, RN	Children's Hospital - School Health Nurse Program
Kody	Moffatt, MD, FAAP, FACSM	Children's Hospital - Sports Medicine
Jolene	Palmer, Ph.D.	Nebraska Department of Education - Office of Coordinated Student Support Services
Bob	Rauner, M.D., MPH	Partnership for a Healthy Lincoln
Travis	Rhoden, MAM	Nebraska Department of Education - Office of Network Services
Zainab	Rida, RDN, Ph.D.	Nebraska Department of Education - Office of Coordinated Student Support Services
Andrea	Riley, RN, BSN, BA	Nebraska Department of Health & Human Services - Public Health
Natalie	Ronshaugen, M.D.	Children's Hospital - Sports Medicine
Lisa	Schulze, M.Ed, CSE	Women's Fund of Omaha
Judi	Scott, DO	Women's Methodist
Abbi	Swatsworth	Out Nebraska
Debra	Tomek, M.D.	Medical Profession/Public Health and/or Wellness
Alexandra	Trout, Ph.D.	University of Nebraska - Lincoln - Academy for Child and Family Wellbeing
Carol	Tucker, BSN, RN, NCSN	Nebraska Department of Health & Human Services - School Nurse Consultant (Retired)
Kerry	Waple, MEd, ATC, CSCS	Children's Hospital - Sports Medicine
Shana	Walsh, Ph.D.	Peru State College - Physical Education & Health Education
Brooke	Wolfe	South Heartland District Health Department - Chronic Disease Prevention

Comments and feedback for the advisory team can be provided via email: [nde.standardsinput@nebraska.gov](mailto:nde.standardsinput@nebraska.gov).