



Nebraska Department of Education Preschool Special Education Guidance Document



Purpose and Introduction

The purpose of this document is to provide guidance and technical assistance for local school districts and educational service units (ESUs) to implement quality and effective services for preschoolers with disabilities and their families.

Procedures described in this manual meet requirements for implementation of the Individuals with Disabilities Education Act, Part B/619 (IDEA, 2004) and are based on the Nebraska Administration code (NAC) 51, throughout this document referred to as Rule 51 (Nebraska Department of Education [NDE], 2017a). In Nebraska, services to young children with disabilities and their families are referred to as early childhood special education (ECSE). These special education programs and related services are designed to serve children ages 3- 5 with verified disabilities under Rule 51-003.15. Per rule 51, the local education agency is referred to as a "school district" (NDE, 2017a).

Photos are for illustrative purposes only. Any person depicted in the photo is a model.



Early Childhood Special Education

What began as The Education for All Handicapped Children Act, P.L. 94-142 (1975), is now the Individuals with Disabilities Education and Improvement Act (IDEA, 2004). When the amendments to the IDEA were passed in 1986 (P.L. 99-457), Section 619 was added to include children from ages 3-5 (GovTrack, 2020).

Section 619 of IDEA guarantees a free, appropriate public education (FAPE) for children with delays or disabilities from ages 3-5. Under the IDEA, FAPE is defined as an educational program that is individualized and meets a preschool child's unique needs, provides access to the general early childhood curriculum and meets states' early learning standards from which the child receives educational benefit (U.S. Department of Education, Office for Civil Rights, 2010). School districts are required to locate, identify, and evaluate young children with suspected disabilities or developmental delays. These delays may occur in the areas of self-help/adaptive behavior, cognitive development, communication, physical development, and/or social-emotional development.

School districts are further required to provide services in the least restrictive environment (LRE). Individual needs are addressed within the context of developmentally appropriate activities, which include early learning experiences in language, pre-reading and writing skills, play, and other social emotional areas.

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Referral Process

Children suspected of having disabilities who are not receiving special education services and support from the school district may be referred by parents, child care providers, preschool teachers, medical professionals or other individuals.

When a referral is received for a child, the school district:

- 1. Seeks input from parents and referral source about current concerns and reasons for referral;
- 2. Reviews current educational and medical records and early childhood data from evidence- based interventions and progress monitoring implemented prior to referral and provided by referring party, if available;
- **3**. Determines whether or not an evaluation needs to be completed;

- 4. If completing an evaluation is not determined as necessary, the school district provides prior written notice to the parents that no evaluation is needed, along with reasons as to why.
- 5. When appropriate and with written parental permission shares this information with the referral source;
- **6.** If it is determined an evaluation needs to be completed, the school district:
 - Obtains the parental written consent to conduct a comprehensive evaluation; and
 - Conducts a timely and comprehensive evaluation within 60 days of receipt of written consent (NDE, 2017a).

Comprehensive Evaluation and Assessment

Evaluation is the process used to determine the child's initial and ongoing eligibility for special education services. Its purpose is two-pronged—to determine eligibility and need for special education and related services.

Child Assessment is an ongoing process used to inform individualized education plan (IEP) development, monitor progress, and measure developmental outcomes for children ages 3-5 on IEP's. (State Performance Plan/Annual Performance Report indicator 7)."

A child's parents shall be considered active contributors of reliable information regarding the child's development, performance, and need during the entire evaluation and assessment process.

Therefore, the evaluation and assessment team shall include the parents as essential participants in these processes.

Both evaluation and assessment are processes used to identify the child's unique strengths and needs, including the potential need for assistive technology, within the context of daily routines and activities. This is done in order to develop a dynamic, individualized, and inclusive special education service delivery for each child within the program.



School districts rely on IDEA (IDEA, 2004) and Rule 51 (NDE, 2017a) to evaluate the following areas of development:

- Adaptive development (e.g., dressing, eating, toileting)
- Cognitive development (e.g., thinking and learning)
- Communication (e.g., hearing, speaking, language skills)
- Motor development
 (e.g., physical development, large and small muscle development)
- Social-emotional development (e.g., relating with adults and other children)

Eligibility Determination

School districts, approved cooperatives, or ESUs shall provide special education services only to children with verified disabilities. According to the verification guidelines for children with disabilities, the purposes of verification criteria should be to (1) determine criteria for eligibility, (2) identify strengths and weaknesses of children, (3) protect children from misidentification, and (4) serve as a roadmap for intervention.

If it is determined through an appropriate evaluation that a child has one of the disabilities outlined in Rule 51 (see below), but only needs related services and not specially designed instruction, the child is not considered a child with a disability. However, if the related service provision is required to provide specially designed instruction for the child to access the general curriculum, an IEP should be developed. Under these conditions, the child would be considered a child with a disability (NDE, 2017b).

The list below contains the categories in which children, ages 3-5, can be considered eligible to receive services:

- Autism
- Deaf-blindness
- Developmentally delayed (birth through the school year in which the child turns 8)
- Emotional disturbance
- Hearing impairment
- Intellectual disability
- Multiple impairments
- Orthopedic impairments
- Other health impairment
- Speech-language impairment
- Traumatic brain injury
- · Visual impairment, including blindness



Individualized Education Plan (IEP)

Once the evaluation is complete, the multi-disciplinary team meets with the family to review and discuss results of the evaluation and determine eligibility based on Rule 51 criteria (NDE, 2017b). If the child qualifies for special education, then an individualized education plan (IEP) is written. While an IEP is required by IDEA (IDEA, 2004), it is more than a written legal document. It is a plan that lays out the child's program for special education instruction, supports, and services needed to be successful in school. Each IEP is designed to meet a child's unique needs. A meeting to develop an IEP for a child must be held within thirty (30) calendar days of a determination that the child needs special education and related services.

During the IEP meeting, the team, which includes the parents as equal partners, discusses the child's unique strengths and needs. The team decides the functional goals and objectives necessary for the child to progress and participate within the general education curriculum. Once the goals and objectives are developed, the team makes a decision about placement. When discussing placement, the first consideration must be about meeting the needs and implementing the functional goals and objectives within the LRE. IDEA states that children who receive special education should learn in the LRE (IDEA, 2004). Two important principles of this part of the law are: (1) preschool children with disabilities should be with other preschoolers in general education to the "maximum extent that is appropriate," and (2) special classes, separate schools, or removal from the general education class should only happen when the child's disability under IDEA is so significant that supplementary aids and services can't provide him or her with an appropriate education.

When making a decision about LRE, the team should consider where the child would be if he or she didn't have a disability, including but not limited to community-based preschools or Head Start classes, and the placement should be contextualized around the family's priorities for the child's education. Once placement is decided upon, the team determines what special education and related services are needed to ensure success of the implementation of the goals and objectives within the chosen placement.

The following considerations are what NDE deems necessary to support the system of services and supports intended to reflect key components for an IEP for children ages 3 to 5 years.

Key Considerations for Teams During the IEP Process for Preschool Children Ages 3-5:

- Children learn through everyday interactions and experiences within appropriate routines, play, and activities in inclusive and diverse settings.
- 2. All families have the capacity to promote their children's learning and development. They are the primary decision makers for the child.
- 3. Early childhood special educators and related service providers offer support and quality services with families, teachers, and caregivers to promote positive child and family outcomes.
- **4.** The IEP process reflects the child's individual strengths and needs. Priorities and preferences of the family are realized.
- **5**. IEP goals are based on multiple sources of information, including family concerns, authentic assessment, and the existing early childhood curriculum.
- Early learning experiences are developmentally appropriate and based on Division for Early Childhood's recommended practices (DEC, 2014; ECTA, 2012)
- 7. The child's assistive technology, if deemed appropriate, is meaningfully integrated into the IEP goals and services.

Following the IEP team meeting, special education services, related services, and/or accommodations and modifications must be made available to the child in accordance with the child's IEP.

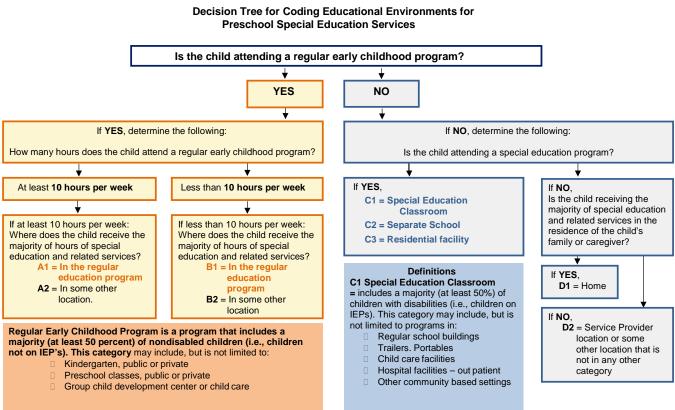
LRE in Early Childhood

As described above in relation to a preschool child's placement decisions, LRE in early childhood means special education services and supports for young children should be provided in the "least restrictive environment," which means, to the maximum extent appropriate, the young child receives special education services in regular early childhood settings with other children of the same age who do not have disabilities. More specifically, this means to the maximum extent appropriate, children with disabilities, including children in public or private institutions or other care facilities, are educated with children who are not disabled. Special classes, separate schooling, or other removal of children with disabilities from the regular educational environment occur only when the nature or severity of the disability is such that education in regular classes with the use of supplementary aids and services cannot be achieved satisfactorily (34 CFR 300.114 through 34 CFR 300.120).

In Nebraska, young children with disabilities may receive their ECSE services in a variety of environments, and the full continuum of services must be made available. The child's IEP team will discuss the individual child's needs and determine the type of services, supports, and setting(s) that are appropriate to address those needs.

When determining a child's LRE, the first factor to consider is whether or not the child is attending a regular early childhood program. A "regular early childhood program" is defined to be a classroom that includes at least 50 percent nondisabled children. Such a classroom includes but is not limited to Head Start, preschool classes offered by the public system, or community preschools and child development centers or child care.

NDE recognizes the fact that locating available and appropriate regular early childhood programs can be challenging. It is also understood that some school districts have more regular early childhood program options within the community than others. Early childhood LRE decisions must be based on the individual needs of the child. The decision about placement in preschool is guided by the IEP team, including parents, and should not be made based upon school district staff availability. The decision tree below is a helpful tool to assist districts in determining how to code both services and settings data to reflect US Department of Education, Office of Special Education (OSEP) data requirements. School districts are required to annually collect and report early childhood special education services and settings data to NDE to be reflected in the state annual performance report submission to OSEP.



This document is available at http://www.nectac.org/-pdfs/sec619/settingsdecisiontree.pdf Nancy Skorheim, ND Section 619 Coordinator, Martha Diefendorf & Debbie Cate, NECTAC, June 2010, amended Oct 2010

1. Where does the child spend the majority of the week now?

Guiding Questions:

- Is the child currently attending an early childhood program as defined by OSEP, and if so, what is the number of hours per week?
- Will the child will be transitioning between two separate early childhood programs within a day?
- What are the current transportation arrangements when the child goes to this setting?
- What are the needs of the family related to length of time the child attends the program?
- Would the family like the child to stay in the same place all day?

2. If the child is in a regular early childhood program, what are the successes/advantages of the current setting?

Guiding Questions:

- How is the child able to access the environment, and how does he/she engage with peers, adults, and activities/routines?
- What type of relationships does the child already have with teachers and peers? What types of relationships does the family have with teachers and other families?

3. How is the current setting working?

Guiding Questions:

- Are there any limitations to the child's ability to access the environment and/or to engage with others (e.g., materials/activities, communication barriers, access to friends)?
- How are the adults in the current setting meeting the child's needs?
- What supports can be put in place to make the child even more successful in this setting?

4. If the child is already attending a regular early childhood program, how will the IEP be implemented in that setting?

Guiding Questions:

- How will specially designed instruction and related services- including assistive technology, if deemed appropriate- be provided?
- How can opportunities to support effective teaming between general and special educators be facilitated?
- How will the IEP team determine the number of hours of general education needed (at least 10 hours or less than 10 hours per OSEP guidance)?
- What are the number of hours that are being offered by the district to all children?

5. How does the IEP team determine whether the regular early childhood program is the appropriate early childhood LRE?

Guiding Questions:

- What modifications and accommodations—including assistive technology, if deemed appropriate—as have been provided in the regular early childhood program? How successful have these modification and accommodations been?
- Are team decisions being made based on the child's needs versus a provider's convenience?
- What placements are available given when a child turns 3?
- If services will be provided outside the regular early childhood program, what will be the plan for moving toward an LRE?
- Based on the child's needs, including his/her age, are at least 10 hours per week appropriate, and if fewer hours are appropriate, what are the considerations for making the transition to 10 hours?

Inclusive Environments

Children with disabilities and their families often face challenges when trying to find inclusive early childhood settings. An inclusive environment is one that provides all children, including those with disabilities, with access to the general education curriculum. In early childhood, the curriculum is compatible with the characteristics and learning needs and interests of young children, and it is provided within the context of activities appropriate for young children. Significant work has been done at the federal and state levels to help families and their preschool child with disabilities navigate these challenges. The NDE website includes a pertinent joint policy statement from the Departments of Education and Health and Human Services (2015): https://cdn.education.ne.gov/wp-content/uploads/2018/08/Federal-Policy- Statement-on-Inclusion-of-Children-with-Disabilities-in-Early-Childhood-Programs-2015.pdf. The main principles of this document are outlined below.

Inclusive environments are services or settings that:

- are designed primarily for children without disabilities or special needs
- are part of the array of services available to all children in the community
- would be selected by the family if their child did not have a disability
- are suited to the child developmentally and chronologically
- are based on an appropriate early childhood curriculum using ageappropriate activities

- are individually planned to meet the unique needs of child and family, as identified in partnerships with family
- are staffed by supportive, qualified educators and caregivers
- offer supports, services, and consultation from qualified early childhood special educators and ancillary personnel to ensure successful inclusion
- may be provided in collaboration with non-public school community programs

Inclusive environments are not services or settings:

- that are chosen for administrative convenience
- that are chosen for personnel convenience
- that are chosen for budgetary reasons
- where only children with disabilities or other special needs are served
- that are chosen without informed family input and approval
- that place unreasonable demands on families
- without appropriate adaptations and supports
- where caregivers are not supportive and qualified

Early Childhood Outcomes: The Nebraska Results Matter Initiative

Results Matter in Nebraska is a child and family outcomes measurement system designed to collect data to inform and implement program improvement and supports for all young children served by school districts and their community partners. These partners may include Head Start and other community early childhood programs. Each school district and/or ESU is required to participate in the NDE Results Matter child outcomes system for all children, from birth to kindergarten entrance age, who are served in any early childhood program. School districts must annually collect and report to NDE Child outcome data for each child age 3-5 with a disability in order to meet IDEA requirements.

States collect report and use data on three child outcomes:

- Children gaining positive social-emotional skills (including social relationships);
- 2. Children acquiring and using knowledge and skills (including early language, communication, and literacy); and
- **3.** Children using appropriate behaviors to meet their needs.

The state of Nebraska uses the Teaching Strategies GOLD assessment to collect data on outcomes for all children from birth-5. For more information about the Teaching Strategies GOLD system and assessment requirements, check out NDE's document at the following link:

Results Matter Technical Assistance

Document.



Preschool Suspension and Expulsion

IDEA requires annual reporting of suspension and expulsion data for children, ages 3-5, with disabilities. Given this requirement, it is essential that early childhood special education providers and school districts understand what suspension and expulsion may look like within an early childhood program or setting in order to accurately collect and report this data. Suspension in a preschool setting can look different ways. Some of which include:

- In School/Program Suspension: The child is temporarily removed from classroom and/or class peers. The child is sent to some other part of the school/program (e.g., other classroom, director's office) for part of the day or multiple days in response to problem behavior. This includes when the child is removed from the classroom to spend extended time with administrator, counselor, behavior therapist or other adult.
- Short Term Out-of-School/Program Suspension: The child is sent home for some part of the school/program day in response to problem behavior.
- Out-of-School/Program Suspension: The child is not allowed to return to school/program for one or more days in response to problem behavior. It is considered soft expulsion when asking the family repeatedly to pick up their child because of behavior issues, requiring them to leave or miss work frequently.
- For children with disabilities ages 3-5 served under IDEA (with an IEP or IFSP): Out-of school/program suspension is an instance in which a child is temporarily removed from his/her regular school/program to another setting (e.g., home, behavior center) for at least half a day in response to problem behavior. Out-of school/program suspensions include both removals in which no individualized family service plan (IFSP) or individualized education program (IEP) services are provided because the removal is 10 days or less as well as removals in which the child continues to receive services according to his/her IFSP or IEP.

Furthermore, expulsion is defined as permanent dismissal of the child from the program in response to problem behavior. This does not include transition to another program, service or classroom (e.g., special education, transitional classroom, or therapeutic preschool program) deemed more appropriate for the child if done in collaboration with the family and the receiving classroom, program or service (National Pyramid Model Innovations, 2020). For more information on suspension and expulsion within the Nebraska Education System, click on the following link to access the "Preschool to Prison Pipeline" guidance document: https://www.education.ne.gov/nemtss/early-childhood-special-education-services/

Practices of suspension and expulsion have been shown to adversely influence a number of outcomes related to development, health, and education (Administration for Children & Families, 2017). Additionally, suspensions and expulsions occur at significantly higher rates in preschool than in grades K-12 and are greatly disproportionate to young boys of color. To address this important issue, the U.S. Department of Education, together with the U.S. Department of Health and Human Services, has developed a Federal Policy Letter regarding suspension and expulsion in early childhood settings: https://cdn.education.ne.gov/wpcontent/uploads/2018/08/Federal-Policy-Statement-on- Expulsion-and-Suspension-Policies-In-Early- Childhood-Settings-2016.pdf.

As new research becomes available and a renewed focus on suspensions and expulsions in the preschool setting has become a federal Office of Special Education (OSEP) initiative, The Nebraska Department of Education, Offices of Early Childhood and Special Education are partnering with other agencies and organizations to bring the Pyramid Model to early childhood programs throughout the state. This project promotes the social and emotional skills of all children, prevents the challenging behavior of at-risk children, and

provides individualized, intensive interventions for children with significant challenging behavior. The goal is to demonstrate how programs, young children, and families all thrive in an environment where no suspensions and expulsions occur. For more information on the Pyramid Model, click on the following link:

http://nemtss.unl.edu/pyramid-model/

Transition

Transition can occur at multiple points during the child's time in early childhood special education. Examples of transition include: (1) Child's transition into early childhood special education services and early childhood community-based settings (child care or preschool or Head Start); (2) child's transition into Kindergarten/school-age classroom. A document from The Division for Early Childhood Recommended Practices emphasizes two important transition practices employed across early childhood programming and settings:

- Practitioners in sending and receiving programs exchange information before, during, and after transition about practices most likely to support the child's successful adjustment and positive outcomes.
- 2. Practitioners use a variety of planned and timely strategies with the child and family before, during, and after the transition to support successful adjustment and positive outcomes for both the child and family (DEC, 2014).

Transition from Preschool to Kindergarten

Children's transition from preschool to kindergarten is successful when collaborative relationships exist between the preschool and kindergarten programs. Collaborative planning, clear communication, and a variety of transition activities support child and family preparation for and adjustment to the new setting.

Examples of activities include:

- Forming a team that includes preschool and kindergarten staff, school administrators, families, and other key members to plan, coordinate, and evaluate transition activities that occur before and after the kindergarten year begins.
- Designating one team member to coordinate the development of a transition plan that informs transition from preschool programs, preschool special education programs, or other preschool programs into kindergarten.
- Sharing key records with family member permission to coordinate parents' and teachers' participation in an IEP transition meeting.
- Working collaboratively with families to design special education services and supports for the child in the future kindergarten setting.
- Coordinating and meet with the kindergarten teacher once classroom assignments are finalized.
- Sharing information between kindergarten and preschool program staff about their respective program policies and procedures, so that families receive clear and accurate information about the requirements for kindergarten enrollment.
- Discussing assistive technology that the child is currently using that will be transitioning from preschool to kindergarten and identify training needs for family, child, and staff related to the use of the assistive technology in the new environment. (QIAT, 2000).

- Identifying any new assistive technology needs the child may have within kindergarten along with a plan for providing the assistive technology, training the family, child, and staff to effectively use the assistive technology, and a plan to implement the use of the assistive technology within the context of the IEP. (QIAT, 2000).
- Providing opportunities for families to learn about kindergarten expectations and procedures, visit the new classroom, and meet kindergarten and administrative staff. Remind families of open houses, informational meetings, and other kindergarten activities.
- Supporting families to identify their goals for their child's participation in kindergarten. Encourage parents to share their knowledge about their child's abilities, strengths, interests, and challenges, as well as the different kinds of supports their child will need to succeed in kindergarten.
- Talking with or read books to children about what they will experience in kindergarten, including kindergarten activities, routines, opportunities, and expectations. Provide opportunities for each child to visit the kindergarten classroom he or she will attend, meet teachers and other children, and observe classroom activities.
- Once the school year begins, help parents learn how they can be involved in their children's kindergarten classroom. Communicate with family members about how the plans for supporting the child are working and how the child is adjusting in the kindergarten setting (Early Childhood Technical Assistance Center, 2017).

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