

Resources for Behavioral Health/Social Emotional Health



Resource (Each with Clickable link)	More Information/Description	Teacher Resource	Student Resource
Crises Text Line	Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.	YES	YES
Nebraska Family Helpline	Call 888-866-8660, A service of the Nebraska department of Health & Human Services provided by Boystown	YES	YES
National Suicide website	Call 1-800-273-8255, For Spanish call 1-888-628-9454, Chat option for deaf or hard of hearing 1-800-799-4889	YES	YES
National Child Traumatic Stress Network	Access to services for traumatized children, their families and communities throughout the United States	YES	NO
Child Trends Article	Resources for supporting children’s emotional wellbeing can be found within the article	YES	NO
Harvard School of Education	Confronting the Coronavirus Outbreak: An ongoing series about how schools and families can respond to change and disruption, build resilience, and help young people learn and thrive at home	YES	NO