Function-Based Thinking
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Think of a challenging behavior (one you don't like) from one of your students.			
FBAs are designed to answer challenging behaviors are occurring.			
Why can't we do FBAs for all students with challenging behaviors?			
The 3 steps of Function-Based Thinking are:			
1			
2			
3			
In the first step of FBT, the information we gather should answer 2 questions:			
1			
2			
The "What is happening?" question is answered when we have selected and operationally			
defined a target behavior (or behavior of concern).			
Our selected target behavior should be and			
A formula for our operational definition:			
= + +			

Write an operational definition for the student's behavior you listed on page 1.		
Rate your current confidence (scale of 1-10) in appropriately selecting and operationally		
defining your students' target behavior		
The "Why is it happening?" question relies on us being able to see the behavior in the context		
of the environment. This requires an understanding of		
As new behaviors are learned, some "work" and survive () while		
others fail to work and do not survive ().		
The underlying assumption of FBT and FBA: Behaviors are not;		
they exist and continue because they		
Label the boxes below.		
Behavior Works		
to		

Possible functions:		
	= The target behavior is reinforced and mair	ntained by access to the
attention of others. This ca	n be specific to one	or,
or can include the attention		
	= The target behavior is reinforced and mair	
	= The target behavior is reinforced and mair	ntained by the removal
	= The target behavior is reinforced and main	
Label the boxes below.		

"B" is for \_\_\_\_\_\_. This is the \_\_\_\_\_\_ that we have operationally defined.

"A" is for	This is what happens (cues, s	situations, events) im-
mediately before the behavior	and is sometimes referred to as the	
"C" is for	This is what	the behavior.
Setting events are	antecedents tha	t affect the probability of
behavior by affecting the	of a reinforcer.	
Some examples of potential set	tting events:	
	ı	
	re reinforcing.	
might m	ake escape/avoidance of instruction m	ore reinforcing.
Motivating operations have to	do with and	
These also affect the value of a	reinforcer.	
Α	or "Hypothesis Statement	t" describes a predictable
	et behavior in the context of its enviror	
	its, consequences, and – when relevant	
	·	
Thinking of the challenging stur	dent behavior you operationally define	d ahove write a Summary
Statement.	dent behavior you operationally define	d above, write a summary

Based on the Summary Statement above, what is the hypothesized function of the behavior?			
Rate your current confidence (scale of students demonstrating challenging be	1-10) in developing Summary Statements for your ehaviors.		
We should use our understanding of fu	unction to inform the intervention plans that we develop.		
How? The "pay out" of the	should match the "pay out" of the		
behavior. If v	we know the function of the student's problem behavior,		
we know what	the student.		
Questions I have			