

NDE Nutrition Services Programs that Benefit Students Attending 21st CCLC Afterschool and Summer Programs



Afterschool Snack Program (National School Lunch Program)

<https://www.education.ne.gov/NS/NSLP/afterschool.html>

Need a way to keep your students energized at the end of the school day? The Afterschool Snack Program (ASP) is a federally assisted snack program operating in public & nonprofit private schools and residential child care institutions. In order to participate, a district must run the National School Lunch Program, and sponsor or operate an afterschool program. This program must provide children with regularly scheduled educational or enrichment activities in a structured and supervised environment. Reimbursement for snacks is determined by the number of students qualifying for free/reduced price meals.

Afterschool snacks must contain at least two different components of the following four:

- a serving of milk
- a serving of meat or meat alternate
- a serving of vegetables or fruits or full strength vegetable or fruit juice
- a serving of whole grain or enriched bread or cereal.

For snack menu ideas, visit

https://www.education.ne.gov/ns/NSLP/Snacks/Ideas_for_Menu_Planning.pdf.

For detailed information regarding the Afterschool Snack Program, contact Mary Ann Brennan at 402-471-2488 or by email maryann.brennan@nebraska.gov.

At-Risk Afterschool Meals Program (Child and Adult Care Food Program)

<https://www.education.ne.gov/NS/CACFP/Caring/areasnacks.html>

After school and while parents are still at work, children need a safe place to be with their friends, with structured activities, adult supervision, and good nutrition. Afterschool programs that participate in Child and Adult Care Food Program (CACFP) can provide this safe alternative for children and teens. The At-risk Afterschool Meals program offers reimbursable meals and snacks to children age 18 or under. All afterschool meals and snacks are served in group settings, at no cost to the child or to the child's parents or guardians. At-risk Meals can be provided for children after school or on the weekends, holidays, or school vacations during the regular school year and include regularly scheduled education or enrichment activities. In order to be eligible, the site must be located in the attendance area of a public school where at least 50% of students attending the school are eligible for free or reduced price meals.

For detailed information regarding the At-Risk Afterschool Meals program, contact Lisa Smith at 402-471-2488 or by email lisa.smith@nebraska.gov.

Summer Food Service Program

<https://www.education.ne.gov/NS/SFSP/index.html>

Children need good food all year long, even when they're not in school. The Summer Food Service Program (SFSP) provides healthy meals to children age 18 and younger, free of charge. With summer

meals, children get the nutrition they need to learn, play and grow during vacation when they do not eat at school. Summer meals act as a magnet to draw children to activities, and activities draw children to meals at places like:

- 21st Century Community Learning Centers summer programs
- schools
- park and recreation centers
- vacation bible schools
- libraries
- community pools

The SFSP serves meals with milk, meat, fruits, vegetables and bread. Meals have all the good things that children need to grow up strong and healthy. All meals and snacks meet USDA's nutrition standards. Children might get breakfast, lunch supper or snack, depending on what your site serves. Most food service sites can provide up to two meals - either a breakfast and lunch or breakfast and supper - or one meal and a snack. Approved locations must be located within the boundaries of a school district in which 50% or more of the students qualify for free or reduced price meals.

For detailed information regarding the Summer Food Service Program, contact Kayte Partch at 402-471-2945 or by email kayte.partch@nebraska.gov.

It is recommended that Nebraska 21st CCLC project directors work with school leadership (e.g., building principals, food service directors) to plan and implement any USDE nutrition programs.

For additional information regarding available NDE Nutrition Services programs, visit <https://www.education.ne.gov/NS/index.html>