

12TH ANNUAL NEBRASKA BRAIN INJURY CONFERENCE

MARCH 22 & 23, 2018



YOUNES CONFERENCE CENTER | KEARNEY, NEBRASKA

SAVE!

Early bird registration postmarked
or online by FEBRUARY 16, 2018
Registration deadline: MARCH 16, 2018



PRESENTED BY:

**Brain Injury
Alliance**
NEBRASKA

2018 SPONSORS



"Paper, print and postage expenses for this conference are supported, in part by grant number 90TBSG0013-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy."

7:30 – 9:00 a.m.

Registration Coffee in Exhibit Room Diamond 6, 7, 8

9:00 a.m.

Welcome and housekeeping

Diamond 9 & 10

Keynote: What is Brain Injury Medicine? / Samuel M. Bierner, MD, MRM; Professor and Chair, Department of Physical Medicine & Rehabilitation, University of Nebraska Medical Center

OBJECTIVES: Describe the new subspecialty of brain injury medicine, how it relates to the field of Physical Medicine, Rehabilitation and Neurology.

10:10 a.m.

Break with food in Exhibit Area

10:25 a.m.

Plenary Session: Interactive Metronome - Why is the Timing so Important?

Tammy Storer, M.S. CCC-SLP, Speech-Language Pathology Coordinator, Immanuel Rehabilitation Institute

OBJECTIVES: Discuss research related to Interactive Metronome and provide the goals of Interactive Metronome. Describe how Interactive Metronome is a valuable therapy tool for treatment of a brain injury, as well as other diagnoses.

Diamond 9 & 10

11:25 a.m.

Stretch Break (No Snacks Provided)

11:35 a.m.

Plenary Session: Neuropsychological Benefits of Incorporating Yoga into

Rehabilitation Services for TBI / Kiley Madhavan, Ph.D., Clinical Psychologist, QLI and Chanell Jaramillo, Ph.D., HHP, CCP, E-RYT

OBJECTIVES: Identify the cognitive and psychological benefits of incorporating yoga into brain injury rehabilitation services. Explain yoga philosophy in regard to health and recovery through the eight limbs of Raja Yoga.

Diamond 9 & 10

12:35 p.m.

BIA-NE Awards Luncheon

Diamond 4 & 5

Peggy Reisher, Executive Director, MSW, Brain Injury Alliance of Nebraska

2:00 p.m.

Breakout Sessions: Choose one

Diamond 2

Change the Toilet Paper / Scott Moyer, Ph.D., Caregiver

Caregivers/BI Survivors/

OBJECTIVES: Provide tips, methods and advice to caregivers working with those with traumatic brain injury or any developmental disability. Demonstrate how to use humor to make caregivers' work more tolerable and sustainable.

Diamond 9 & 10
Professionals

Suicide A Public Health Crisis / Mark Jones, Ph.D., Director, Employee Assistance, Union Pacific Railroad

OBJECTIVES: Explain the impact of suicide on individuals, families and communities. Illustrate how to build strong community groups as a strategy for suicide prevention.

3:00 p.m.

Break with food in Exhibit Area

3:20 p.m.

Breakout Sessions: Choose one

Diamond 2

Vision is more than 20/20: Visual Deficits and Treatment Following Acquired Brain Injury / Karen Wilson O.D. and Marie Bolin O.D., Heartland Eye Consultants

Caregivers/BI Survivors

OBJECTIVES: Describe visual deficits following neurological injury/insult and their impact on visual function. Discuss treatments strategies and compensatory therapies to aid patient's recovery.

Diamond 9 & 10
Professionals

Biometric Assessment of Concussion and Traumatic Brain Injury / John W. McClaren, D.C., DACNB, FABBIR, Board Certified Chiropractic Neurologist

OBJECTIVES: List the Biomarkers that can be utilized to assess traumatic brain injury and how the benchmarks in Biomarkers correlate with care. Examine how the chiropractic neurologist fits into the picture for care with individuals with traumatic brain injury.

4:20 p.m.

Stretch Break (No Snacks Provided)

Thursday, MARCH 22

4:30 – 5:30 pm

After Brain Injury: Surviving in the Community / Survivors of brain injury panel discussion with Moderator: John Ferrone, President, Ferrone Associates

OBJECTIVES: Illustrate the increased stress that caregivers and survivors may suffer after losing institutional assistance following a brain injury and demonstrate how to bridge the gap between medical care/rehabilitation and a community-based continuity of care.

5:30 p.m.

Conclusion (For CEUs turn in Day 1 evaluations and receive certificate at Registration Desk)

6:30 p.m.

UnMasking Brain Injury: Art therapy for survivors brain injury survivors (See back page.)

Friday, MARCH 23

7:00 – 8:00 a.m.

Registration Coffee in Exhibit Room Diamond 6, 7, 8

8:00 a.m.

Breakout Sessions: Choose one

Diamond 2

Caregivers/BI
Survivors

Be Loud Be Proud - Self Advocacy in a Divisive Era / Kathy Hoell, MPA, Executive Director of NE Statewide Independent Living Council; Dea Henke, BIA-NE Volunteer

OBJECTIVES: Provide an understanding of the process of advocacy. Identify opportunities to be advocates, giving a voice to patients, survivors, caregivers and health-care providers to the public.

Diamond 9 & 10

Professionals

From Provider to Patient: Broadening Perspectives on What 'Person-Centered Care' Really Means / Dave Anders, MS, CCC-SLP, CBIST, Director of Therapy Services, On With Life, Ankeny, IA

OBJECTIVES: Differentiate between core rehabilitation and engagement-based competencies in rehabilitation providers. Demonstrate a basic understanding of the roles of endorphins, dopamine, serotonin and oxytocin in facilitating engagement in life after brain injury and identify at least three characteristics of an engaged brain injury rehabilitation provider.

9:00 a.m.

Stretch Break (No Snacks Provided)

9:05 a.m.

Breakout Sessions: Choose one

Diamond 2

Caregivers/BI
Survivors

Mental Health First Aid - Be the Difference / Brenda Petersen MD/PhD, CEO / Cervele Consulting Services, Inc.

OBJECTIVES: Demonstrate how to apply a Mental Health First Aid action plan in a variety of situations, including when someone is experiencing panic attacks, suicidal thoughts or behaviors, acute psychosis (hallucinations or delusions) or reaction to a traumatic event.

Diamond 9 & 10

Professionals

Internet Safety for Those with Brain Injury / Chris Jarko, Strategy Analyst, US Strategic Command, Offutt AFB

OBJECTIVES: Identify risks to survivors of brain injury posed by social engineering. Describe fundamental information security best practices.

10:10–10:45 a.m.

Break with food in Exhibit Area (Check out of hotels)

10:45 a.m.

Diamond 9 & 10

General Session: Brain Injury and Agitation / Ahsan Naseem, MD, Bryan Heartland Psychiatry, Bryan Health; Cheney Psychiatric Associates

OBJECTIVES: Identify the causes of agitation after a TBI and review assessment strategies in agitated patient. Discuss treatment options to address agitation.

11:45 a.m.

Stretch Break (No Snacks Provided)

12:00 p.m.

Diamond 9 & 10

General Session: Relationships and Intimacy after a Brain Injury / Brooke Murtaugh, Brain Injury Program Manager, Madonna Rehabilitation Hospital; Joshua Winkelmann, brain injury survivor

OBJECTIVES: Identify the barriers and pitfalls to developing relationships after brain injury. Describe strategies to assist in building successful relationships with others and define health boundaries.

1:00 p.m.

Conclusion (For CEUs turn in Day 2 evaluations and receive certificate at Registration Desk)

Welcome to the 12th Annual Brain Injury Conference

Early bird registration forms must be postmarked by (and online registration sent by) **FEBRUARY 16, 2018**. For more information, contact Cindy at cindy@biane.org or 402-304-8103.



TO REGISTER: use the form (page 5) or register online: <http://biane.org/events-programs/conference> before **MARCH 16, 2018**. (Mail-in forms are available on the Registration webpage as well.)

Contact Hours Are Available to Many Health Professionals:

Contact hours meet Nursing Standards, but may also be acceptable for Social Workers, Occupational Therapists, Physical Therapists, Mental Health Practitioners, Educators and Vocational Rehabilitation Counselors. See BIA-NE website for additional information regarding contact hours, go to www.biane.org/events-programs/conference - "Professionals."

6 contact hours provided for Thursday, March 22, 2018

4 contact hours provided for Friday, March 23, 2018

Continuing Education Contact Hours awarded by Iowa Western Community College, Iowa Board of Nursing, Provider #6

Exhibits & Sponsorships:

At the Nebraska Brain Injury Conference, exhibitors can reach a wide variety of professionals who work in the brain injury field and families who are living with brain injury. If you are interested in exhibiting or sponsoring the conference, contact Cindy at cindy@biane.org or 402-304-8103. www.biane.org/events-programs/conference "Exhibitors or Sponsors tab"

Scholarships are Available for those with Brain Injuries:

We offer special Brain Injury Survivor scholarships. Scholarships are for persons with brain injury who could not otherwise afford to attend the conference. These are conference registrations limited to persons with brain injury and are claimed quickly, so act fast. First, contact Cindy at cindy@biane.org or 402-304-8103. Scholarships do not cover lodging.

Unmasking Brain Injury

Unmasking Brain Injury is an activity to give survivors a voice and the means to educate others on what it's like to live with a brain injury by designing masks that communicate their unique perspectives, personalities and outlooks. Thursday, March 23, 7 to 8 p.m. in room Diamond 9 & 10.

Conference Location/Lodging:

The conference is held at the Younes Conference Center at 416 Talmadge Road, Kearney, NE. It is located directly behind the Holiday Inn at the first intersection north of I-80. Information on lodging and map at www.biane.org/events-programs/conference.

Lodging is Not Covered With a Registration:

Please see "Lodging" information at <http://biane.org/events-programs/conference>. Special room rates are available (until March 16, 2018) at the Hampton Inn 308.234.3400 or LaQuinta 308.237.4400. For special rates (99.95 + tax), please say you are with the Nebraska Brain Injury Conference.

Speaker Handouts Available Online BEFORE the Conference:

Printed handouts are not provided at the conference. The speaker presentations provided to us will be displayed **March 17 through March 31**. Go to <http://biane.org/events-programs/conference> "Conference Speaker Presentations" to print handouts.

12th Annual Nebraska Brain Injury Conference Registration Form

March 22-23, 2018 | Younes Conference Center, Kearney

- 1. Audience:** Persons with brain injury, family members, caregivers, nurses, social workers, psychologists, occupational therapists, physical therapists, mental health practitioners, speech language professionals, educators and vocational rehabilitation counselors and other allied healthcare providers.
- 2. Register online:** using a credit card at <http://biane.org/events-programs/conference> - REGISTRATION. To register by mail (complete this form separately for each person attending, unless all are at same address), make checks payable to Brain Injury Alliance of Nebraska and mail with check to: BIA-NE, 2301 NW 50th Street, Lincoln, NE 68524.

Conference Registration

<u>I am:</u>	<u>(Circle) Paying: Early bird Fee</u>	<u>Regular Registration Fee</u>
General/Professional	\$200 before 2/16/18	\$225 after 2/17/17
Individual with brain injury or family member	\$ 75 before 2/16/18	\$ 95 after 2/17/17

*** Registration fees include all sessions, lunch Thursday, 3/22/18 and all breaks*

I will attend:

Thursday, March 22, 2018 Friday, March 23, 2018 **(Fee is the same for 1 or 2-day attendance.)**

***This is important for food counts*

All persons must register using separate forms unless at the same address, phone number, etc.

Copy this page for each additional person being registered

Name _____

Profession and/or Organization (if applicable) _____

Address _____

City/State/Zip _____

Phone _____ Email _____

Dietary and other special accommodations needed (Please describe): _____

Payment must accompany registration

For organization direct bill contact Cindy Evert Christ (see below)

Need assistance to attend the conference? See scholarship information on page 4 of the brochure. You will need to act fast to receive a registration scholarship. Contact Cindy at cindy@biane.org or 402-304-8103.

10 Continuing Education Contact Hours will be awarded by Iowa Western Community College, Iowa Board of Nursing Provider #6. **Professionals must attend full day and turn in evaluations to receive CEUs.**