## **DAILY INFANT MEAL RECORDS**

4 through 7 months

			i un ough / monus							
Site:										
See the Crediting Foods in the	•									
				1						

INFANT NAMES  Names: Last, First & D.O.B Code		BREAKFAST		AM SNACK	LUNCH			PM SNACK	SUPPER		
		Formula or Breast Milk 4 – 8 oz	Infant Cereal 0 - 3 T (optional)	Formula or Breast Milk 4 - 6 oz	Formula or Breast Milk 4 - 8 oz	Veg./ Fruit 0 - 3 T (optional)	Infant Cereal 0 - 3 T (optional)	Formula or Breast Milk 4 - 6 oz	Formula or Breast Milk 4 - 8 oz	Veg./ Fruit 0 - 3 T (optional)	Infant Cereal 0 - 3 T (optional)