**Sample Article for School Newsletter and Website**

**We’re getting healthier!**

It’s a fact – healthier students are better learners. That’s why our school is launching a school-wide wellness initiative to make (name of school) a healthier environment for everyone. We’re part of a movement across Washington and the nation to make our schools healthier places to learn and work.

Our Wellness Policy Team, chaired by (name), is in charge of implementing our school’s wellness policy. The wellness policy addresses school meal programs, nutrition education, physical activity and foods available during the school day. We are providing more nutritious yet tasty food options so that students can choose healthier foods for their meals and snacks. We are also increasing opportunities for physical activity.

Members of the Wellness Policy Team include: (names and titles). The committee meets monthly and anyone with an interest in student health is invited to attend. The next meeting will be held (date/time) at (location). For more information, call (name) (phone).

Watch the school newsletter and website for regular updates from the Wellness Policy Team. Creating a healthier school environment is a team effort, we invite you to join us.