

Coordinated School Health Policy

A mission of Norris School District 160 is to provide curriculum, instruction, and experiences in a health-promoting school environment to instill habits of lifelong learning and health. Therefore, the Board adopts the following Coordinated School Health Policy.

1. Goals to Promote Coordinated School Health

The District has established the following student health goals that are designed to promote student health in a manner that the District determines to be appropriate:

- a. Nutrition Education. To implement a curriculum that meets or exceeds the health and nutrition education objectives established by the Nebraska Department of Education.
- b. Physical Activity. To implement a curriculum that meets or exceeds the health and physical education objectives established by the Nebraska Department of Education.
- c. School Improvement. To integrate and incorporate Coordinated School Health [CSH] into the district and building-level School Improvement planning and programming.
- d. Other School Activities. To offer other suitable opportunities for students to engage in health-promoting activities consistent with the State of Nebraska's Policy for Coordinated School Health.

The Superintendent shall oversee and appoint the District & School CSH Councils to identify such further goals as are determined appropriate to meet the stated mission.

2. Nutrition Guidelines

Nutrition guidelines have been selected by the District for all foods available in each school building during the school day with the objective of promoting student health and reducing childhood obesity. The guidelines are as follows: (1) school breakfast and lunch programs will be offered which meet or exceed the requirements of federal and state law and regulatory authorities and (2) no foods in competition with the school lunch or breakfast program shall be sold or otherwise made available to students anywhere on school premises during the period of one-half hour prior to the serving period for breakfast and lunch and lasting until one-half hour after the serving of breakfast and lunch. The Superintendent or designee shall establish such further nutrition guidelines as are determined appropriate to meet the stated mission.

3. Assurance for Reimbursable School Meals

The District gives the assurance that the District's guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture pursuant to subsections (a) and (b) of section 10 of the Child Nutrition Act (42 U.S.C. 1779) and sections 9(f)(1) and 17(a) of the Richard B. Russell National School Lunch Act (42 U.S.C. 1758(f)(1), 1766(a)), as those regulations and guidance apply to the District.

4. Plan for Measuring Implementation and Designation of Responsible Persons

The Superintendent shall oversee the CSH Council and designate leadership (District CSH coordinator) with operational responsibility for ensuring that the school meets the CSH Policy. The Superintendent or designee shall measure implementation of the Coordinated School Health policy in accordance with the State of Nebraska Policy for Coordinated School Health.

5. Development of Policy

The District assures that development of the Wellness Policy involved parents, students, representatives of the District's nutrition services department, the school board, school administrators, and the public.

Legal Reference: The Child Nutrition and WIC Reauthorization Act of 2012, 42 USC 1751; Regulations and Procedures for Accreditation of Schools, NDE Rule 10; NDE Coordinated School Health Policy Adopted March 2, 2010; National School Lunch Program, 42 U.S.C §§1751-1760, 1770; 7 CFR § 210

Adopted: April 13, 2006 and May 11, 2006 Reauthorization: July 11, 2013 and August 8, 2013